

# टाईम विटनेस

०१२२ व०१९ १५ वि० २०१७ ए०; %: १५४

D; kfd ge mBk; ks vki dh vkokt!

भ्रष्टाचार  
व  
कर्मीशानखोरी  
से कैसे  
निपटेंगे  
सीएम ?



**xq Okjñ d , . M fMVfØVo , tsh**

dh vksj I s I Hkh

i n\$kokfl ; ksdks

**cSk[ kh**

dh  
gkfnb 'klikdkeuk, a



1- ?kjywfuxjkuh

2- futh vR; kpkj dh tkp

3- cPpkadu I j{kk o mudk mRi hMtu

4 foog I Ec{kr tkp djokuk

5- ifr@iRuh eaeerhkn dh tkp djokuk

6- fQaj fi JV fujh{k.k

7- gLry{k o gLrk{kj tkp

8- foonkLi n iy{k tkp ean{k

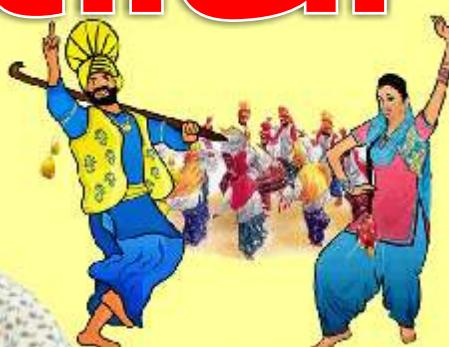
nt jh efty] ; dks c{d ds Åij] utnhd fctyh ?kj] catkjkojkj ngjknwA

Oku u0- 0135&2532999] 9675331055] 9568728805

E-mail:- guruforensic2015detective@gmail.com

I elr i n\$kokfl ; ksdks

**बेसारखी**



dh

I qhrk i dk'k

, Mokdy , oal ektI oh

gkfnb  
'klikdkeuk, a



I elr i n\$kokfl ; ksdks

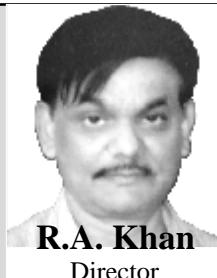
**बेसारखी**

dh  
gkfnb 'klikdkeuk, a



# PRAYAG IAS Academy

Uttarakhand's Leading Institute for  
IAS/PCS, PCS (J)  
Prayag IAS College Maan Singh Waala,  
Dehradun, Ph. No. 0135-2744550



R.A. Khan  
Director

vkj, uvkbz l [ ; % UTTIN/2015/68784

## Vkbe foVus

ekfl d if=dk o"kl 2 vd % 09

15 viy 2017

I g I j{kd	MW l at; xka/h
fo'ksh l ykgdkj	I q'hj dij]
dkuuh l ykgdkj	fot; [k. MW
I a knd	euelgu d.Moky
mi I a knd	(, Moksh)
I g I a knd	vi Ojst+ [k]
x<oky i Hkkjh	nhid 'kq
dékÅ i Hkkjh	, e, l efyd
C; jks phi 0	v'kld jkor
i Noknu i Hkkjh	'k[kj i ius
I gkuij i Hkkjh	l at; fdekh
gfj}kj i Hkkjh	l at; dekj
O; oLFkki d	'knc efyd
, ul hvkj i Hkkjh	'kqutj vyh
I oknokrk	Hkq unz plgku
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	f'k[ k fc"V

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fi Vl ] 9 i xfr fogkj] /eij] ngjknw l sefper  
djkdj] 'kelz dkvkuh cge.oky] fujatuij]  
ngjknw] mRrjk[k. M l s i zlk'krA  
I a knd vi Ojst [k]  
ifdk l s l cfr fdI h Hk ohn&fookn dh fLFkr  
eaU; k; {sk ftyk& ngjknw gh ekU; gkxkA

3 gksh  
mMkrh  
gdhdr



6 vlf[ kj  
D; kgf  
mi f[kr  
vkt Hkh  
nfyr  
l ekt



9 mRrjk[k. M dhu nh; ksj  
, d utj

i atdr dk; kly; VkbE foVus  
'kelz dkvkuh cge.oky] fujatuij] ngjknw] mRrjk[k. M  
el 7409293012] 7078188479  
b&ey% timewitness2015@gmail.com,  
afrojkhan78600@gmail.com

uk% t: jh ughafd ysk ds fy[ks ysk l s l Ei knd  
I ger gk , oa l Hkh in ifjorzh; gso l Hkh l nL;  
vo sfud gk

I Eikndh; ----- 

# i kfdLrku dh fu; r i j l oky

i kfdLrku dh , d Qksth vnkvr us tkl w h ds vkj ki ea dyHkk. k tk/ko dkseks dh I tk l qkbgSftl dsckn , d rQku l k [ kmk gksx; kftl dh dYi uk i kfdLrku usughadu gksxhA , oai kfdLrku dsfu; r i j Hkh cMk l oky [ kmk gksx; kgs fd i kfdLrku U; k; dksnj fdukj dj fcukfdl h l cir dsbl rj gds sl tk l uuk l drkgfxj ¶rkj h dh i fj fLFk; kai j vxj xkj dj srksvc rd mI LFkku dk Hkh [ kyk' kk ughafd; k x; k tgkal stk/ko dksfxj ¶rkj fd; k x; k FkkA dgk tk j gk gSfd rkfycku usmudk vi gj . k dj mUgsvkbz l vkbZdkscp fn; k FkkA , s hgh dbZcrspkzeaq Hkkj r tc bl dk l cir ekxrkgS rksi kfdLrku tk/ko dh pnfieuVkdh , d fj dkMx fn [ kkrk gS ftl esde l sde i pkl txgkai j , fMV fd; k x; k gfi Nys l ky tk/ko dh fxj ¶rkj h dsckn l sgh Hkkj r l j dkj 6 ckj i kfdLrku dsfons k eakly; dksfy [ kdj crk pdk gSfd og l suk dsfj Vk; Mzvf/kdkj h gsvkj j kM smudk dkZduD' ku ughag\$ mUgaNkMfn; k tk, A ; gkard fd i kfdLrku dsç/kkueah uokt 'kj hQ dsl ykgdkj l j rkt vtht us[ kp ; g Lohdkj fd; kgfd i kfdLrku dsi kl tk/ko dkHkkj rh; tkl w l kfcr dj usdsfy, dkZBk l cir ughag\$ oghHkkj r&i kd c/okj sds ckn l svcrd Hkkj r usftrushk i kfdLrku h tkl w i dM , d dksHkh eks dh I tk ughanhA dyHkk. k tk/ko dk ekeys; si rk pyrk gSfd i kfdLrku eaykdr dh fdruh gSf ; r gk i kfdLrku vi uk vfM+ y j o\$ k NkMdj l kpk gksx fd fcuk fdl hBk l cir ds, d Hkkj rh; ukxfj d dkseks dh l tksusds ckn og nksuks kksdsfj 'rsbrus[ kj kc dj nsk fd ogkal sl cakks efeBk l ykukrksnij l kpk Hkh dkQhef dy gkst k, xka

# होश उडाती हकीकत

cPPksgksjgsgau'ksdsvknh

v' lkcl j kor  
 el&cki dksyxrkgf mudk cPPIk  
 vPNsLdy ekt j gk gsrksvPNh&vPNh  
 phtsg h [ lkcl ; g csYdli ?krd g  
 mUgs[ kpn Hkhvi uscPPkai j utj j [ kuh  
 gkxh vlg chip&chip ekt&ip&i <frky Hkh  
 dj rs j guk gkxh xq tuka vlg  
 vFHkHkodksfujrj I okn Hkh t: j h  
 g i j b/kj el&cki dh yki j okgh vlg  
 xq tuksdfl Qzvi usfgr I k/kusdh  
 i ofRr cPpk dks vj ktd vlg u' km  
 cukj ghg[cPPkstks, c dj j gsgfokgks k  
 mMsusokysg[vFHkHkodksdksrksvkt Hkh  
 ; sughekye mudk cPpk bj \$ k , DI ¼  
 OgkbVuj ½ cke] vlg; kMDI ] fFkUuj ]  
 i vly [ lkcl h] dh notk] I yQk vlfn  
 ts hptksdk i z lk u' kdfy, dj j gk  
 gMg cN rksj h rj gbl dhyr ebu  
 phtks dkh vlnh gks I drk gk I hks dks  
 vuq kj vf/kdrj Ldy dscPpsbu  
 u' khyh phtksdk I ou dj j gsgf vlg  
 budh yr i M+tkusl svi uh I gr vlg  
 thou l s[ kyokM+dj j gsgf

I # crkrs gS dkh mRrjk[ k. M dkh  
 jkt/kuhdsed[ ; txg i j ; kfu nws dks  
 gj rhl jspkhd i j vki ; su' kk dj rs  
 ns[ k i ; k] gkylfd ¼ OgkbVuj ½  
 fFkUuj vlfn u' khyh phtksdkfcOhi j  
 j kcl yxk nh gk yfdu brusHkj I sgh  
 dke ugh pyus okyM bu dks dbz  
 Dylfud dkh vkmheau' ksdk dkh kckj



dj rsgf fml Ecj 2015 ea>ky Nki  
 MKDVj dkh npklu ea Nki k ekj dj  
 i fyl usi frfci/kr nok vlg batD'ku  
 cjen fd; sFkngj knu , tpdks ku gc  
 ds: i eaijsnks evi uhyvx i gpk  
 j [ krk gk 1 tuojh 2017 dks  
 vkbzDLV , tpdks ku gc us Hkh  
 u' kk[ k] h dksyxrkj c<frstkJ gsbu  
 ekeys rFkk u' kk[ k] h dks pyrs  
 , tpdks ku gc dkh fcxM+j gh j gh Nfo

dh ckr dgh n] j h vlg u' ks dks  
 dkj kckj i j yxke yxus pkfg, A  
 vkbzDLV }kj k vlg; ksthrl fd, tkus  
 okys vki dkh ckr I okn dkh; De dks  
 rjg fl Vh dkh tkuh ekhu I ekt I oh  
 , MokdV I fukr i zdk' k] f' k{ksfon  
 Mko fou; Fki fy; ky tks ; fuofl Mh  
 vklD VDI kl I s' k{kk i klr dj ppds  
 us I Fkkuls ea c<frsu' ks dksf[ kykQ  
 yxke dkh usdhsckr dgh

vxj vki I e; i j vi uh xyfr; ksdksLohdkj ughad j rsgfksvki , d vlg xyrh dj cBrsqf vki vi uh xyfr; ksl srHkh  
 I h[ k l drsgfct vki vi uh xyfr; ksdksLohdkj dj rsgf

# HkžVkpkj o deh' ku [kksh I sdSsui V&sl h, e\



v'kkd jkor  
x<oky i Hkkjh

, d vkj vQI j urk ekykeky gksjgsgf tkp dks i dlf'kr djus ds fy, fcI kra  
rks nq jh vkj cfu; knh I fo/kkvka vkj fcNkus'kq dj nh FkhA i Fkd jkT; fuelz k  
jksh&jkst h rd dks ekrkt i gkM+ohku ds i hNs l kp ; g Fkh fd [kkyh gksjgh no  
gksjgk gA jksth&jksh dk dkbZ tjh; k gs Hkfe dh I &df r I jf{kr jgsxh] \_fk; kadh  
ughA vkj nq jh rjQ fodkl ds uke ij I rku dgylus okys ; gka ds ey fuokl h  
vk; k i \$ k vQI j o urk ih x; } cl jgs pfj= fuelz k, o drt; fu"bk eanfu; k dks  
x; s l qks i gkMA i oZ l jdkj ds nkjku 63 mnkj.k i Lrj djkA  
HkzV vQI j [kp vi us vki dks cpkus ea gekjh vlfFkZd I qkjxh] igkus dlyhj  
tysFKA jkT; ds vyx&vyx foHkkxks ds m | kx ykS/ dj vk; oks vkj u; s : i es  
63 vQI j rFkk deplkj; ka dh vkdfr fodkl r gkA [krh fd l ku , o i 'kijkyu  
I EiRrh dh tkp ds ekeys fofty us dsu; srjhafudky A Lrjh; f'k{k i klr  
ftl rsth I s 'kq dj nhA ogha I wka ds dj ; pk oxZ vlfRefuHkj cuoks vkj vi uk  
vud kj , \$ sdbZHkzVkpkj vQI jksus bl bfrgk j pksrFkk ns k o eyd dk usRo

cāk. Mdh l kj h' kfä; kai gysl sgkj hgä; oksgehgftksvi uhvki[ kkai j gkFkj [ kysgfvkj fQj j krsqfd fdrukvU/kdkj gä

djks vks jkt ulfr ea LoPN Nfo ds eu; ka dks i osk fnyk; kA fdllrqguk D; kA ogh <kA dsrhu ikrA ; fn ; gh gksuk Fkk rks mRrj i nsk eajguk D; k cjk FkkA bl dsl kFk ; fn dN vfrfjDr tMk garsks HkVkpkj vks deh'ku [kjk h dk bfrgkI tMKA i gkM+ds xjhc , o fi NMoxZ ds yksks us l kpk Fkk i Fkd i orh; jkT; cuus l s tks ykHk mUgs mRrj i nsk eajgdj ugh fey jgk Fkk og ykHk mUgs i orh; jkT; fuelkI gksus ij fey tk; xhA yfdu Qk; nk mBkrs gq i gkM+ka dks ukvks dk ykyp nqj xjhc l s nks eBBh tehu Hkh ys yhA nl jh rjQ i gkM+dsyksks us l kpk Fkk jkT; cuus l s gekjh viuh i gpkv cuvkh viuh l drh , o l kfgR; d i gpkv cuvkh i gkM dEKAuh x<ekyh Hk"kk dks ekU; rk feyskI vks tks jkT; ds f}rh; Hk"kk cuvkh fo l ky; ka ea x<ekyh&dEKAuh l kfgR; i <k; k tk; kA fdllrq, l h l kp u tkusdgk vks D; ks xk; c gks x; hA jkT; cus16 l ky ijsksx; sgA

jkT; dh uho ft u vo/kjk .kvk dh enyHk : i ugh ys l dhA Hkys gh 16 l ky o"l dks l e; T; knk u gks yfdu , d fn'kk o }jkj r; djusdsfy , ; g l e; Hkh de ugh gA jkT; dh vko/kjk .kvk dks ydJ tks eki nM r; fd; s x; s Fks og l jdkj : i ugh ys ik; A LFkk; h jkt/kkuh i y; ku] cjkst xk] fodkl ] f'k[k LokLFk] tS s enyHk fcUnyka dks nfiVxr j [krs gq jkT; dk xBu fd; k x; k FkkA fl ; k l h txr ea LFkkfir gksus ds fy , fl QZ d q hZgffk; kusdksysoj tkj vkt ekb'k tkjh jgk yfdu ; gka i j fodkl ds fy, fdI hHk fl ; k l h ny usbekunkjh l s igy ugh dh gA ft l dk ifj. kke vkt l keusgA ftu l ugjks l i uks dks ydJ bl jkT; dh yEch yMkbz yM xbZ oks bu 16 l kyka earkj&rkj gks yxsgSubZfel ky vks , d vkn'kjk; dks nkos rks noHk dh l dks l jksdkj vks 'kefygkI rd l c fujksgu gks

## ज्वलंत प्रश्न-राज्य में भ्रष्टाचार

jkT; dksodkl dh i ejk pukr; kaeHkVkpkj , d nf. Mr jk[ k dh rj g g vlfkFkI fodkl dh ftI jkg i j ; g jkT; py jgk gA ml ea HkVkpkj ?k [ kjk h&deh'ku [ kjk h vfrfj Dr Bdkh jh i Hkkoh jh&ulfr usvdjk . k gh turk dksodkl dsvkxsvoj kskd [ kMk dj fn; k gA mRrkj k[ k. M easc rd ukdj 'kkgir=dsjn; esj gkM+dsi fr l dskdh l e> ughgkxh rFkk jkturk vksds eu efLrd ejkT; dsi fr ekuork yxko ugh gkxkA rc rd HkVkpkj dsbl egknkuo dksfeVkusdh dYi ukHkhugh dh tkI drhA

# I eL; k i yk; u dh

mRrkj k[ k. M ejkst xk] dsmfpr vol j i ktr ughgkxusdsdkj . k xkeh. k {ks=ksdh vcknh dh nl okaHkx fnYh i ns k ea yrk gA l olfurh dskn vf/kdks k i gkM+eskuh {ks=ksaC tkrsgA dkj . k xkeh. k {ks=ksaC thou thusdsekyd l fo/kk; s mi yC/k ugh gA fnYh dh tul a ; k dk yxHkx 20 yk[ k mRrkj k[ k. Mh cukrsgA bl dsvyok y[ kuA] dkuij] ej B] p. Mh<+rFkk efcbzehk mRrkj k[ k. Mh i z krl a ; kegA, du; si dks gkM+ i Ro Hkfe dksNkM+dj eskuh {ks=ksaC j gsgA vks fcgkjh usi kyhetnj] cakyh o fcgkjh etnj ; gkavkj gsgA ktufr LokFkZdsfy, mUgsj k' ku dksfuel fd; stkj gsgAernkrk l iphemudk uken tfd; l tkj gkA l hekUr {ks=ksaC j {kk dh nf"V l s; gk i fO; k [ krj ukd gksI drh gA turk rFkk l j dkj nksaC rzd j gusdhvko'; drkA

tk jgsgA gkykr i gysl sHk cnRkj gks x; s gA dHk tks y[kuA fnYh ds /Dds [kkrksFkA vkt mudk ; gkavij us jkT; ea gh nfrjks ds pDdj yxkr&yxkrs ne fudy jgk gA esy&iitk&buke dh yxg [kyh deh'ku vks ?k us ys yh gA yW&[kI kS&cnj ckV vks HkVkpkj us l kjk gnsi k jk nh gA ; g dkj . k jgk dh Hkktik dks 2017 fo/kuuHk puko ea , frgkfl d l Qyrk gkfl y djas ea dke; kc jgA vks Hkktik us 57 l hVs thrh vks dkad ek= 11 l hVs thrh i kbz i ns k dh turk dkad 'kkl u dky l s nqk gks pph FkkA ml dk ej; dkj . k Fkk HkVkpkj i ns k ea dks Hk dh fcuk l fo/kk ds gkrt gk ugh FkkA i ns k dh turk us dkad dks , d k l cd fl [kk; k dh dkad us dHk dh l kpk gh ugh gkxk mudh bruh cjh n'kk gkxkA jkT; ds90ae; ea=h f=oHn fl g jkor cuA , d jkor x; s nd jsjkor vk; A f=oHn jkor th l s i ns k dh turk dks cgr mEhn gA dS s : ds jkst xk] rFkk cgr l kjk phtsgA tks 16 l kyks ea ugh gks i k; k og 'kk; n vc gkA

ge pkgrksvi usvkrfo' okl vks egur dscy i j vi ukHkX; [ kpfy[ kI drsgsvi vks j gedksvi ukHkX; fy[ kuk ughavkrk rksifj fLFkfr; kagek jkHkX; fy[ knsk]

# आखिर क्यों हैं उपेक्षित आज भी दलित समाज



vlf[kj , s k  
 D; kac cukus  
 okysusdkbzHkn  
 Hkko u NkMk rks  
 ; g Bdnkj Hkyk  
 D; kaekuo  
 I ekt ds  
 foHkktu i srlys  
 g

vkt Hkh I ekt dsdN /keZdsBdnkjks  
 vksnfyr I ekt [kj dksmi \${kr o Bxk I k  
 egl I djrk gA nfyr geusbl fy, dgk  
 dh ; g uke Hkh bl I ekt ds yksxks dks bu  
 Bdnkjks us gh fn; k gA D; k dgs D; k&D; k  
 vkJ ukeks dk f[krkc blgs fn; k x; k gA  
 vuI for tkfr] gfj tu dbz, s ukeks dk  
 f[krkc blgsfey x; k g\$nj jh vkJ ; fn ge  
 gfj tu 'kCn dsvFkZ dksgh I e>srks; g 'kCn  
 rksxkJ djsosokyk gA D; kfd gfj tu 'kCn dks  
 foHkktu dj bl ds vFkZ dks I e>srksbl dk  
 okLrfod vFkZ Hkxoku dh fxUrh eavkusokys  
 ; k ; rdgadH Hkxoku dsyksx vkJ tksI ekt  
 Hkxoku dsyksxseavkrsg\$blgsrksI cI scMk  
 ntl feyuk pkfg, ij fQj Hkh ge ckr djs  
 bu tkfr /keZdh rks vknah dk deZgh ml s  
 uhp ; k egki q "k cukrk gA , sdbZmnkqj. k  
 g\$fd bl mi \${kr I ekt ds yksxks usn\$ k Hkj  
 eauke jksku fd; k gA ckck I kgc dsvykok

dbz, s spajsg\$ftudk ykgk bu tkfr /keZ  
 dsBdnkjksushk ekuk gA vkt Hkh mPp i nks  
 ij bl I ekt dsyksx cBsgA vkJ ; g tkfr  
 /keZ dsBdnkjks muds vksx th gtjh t: j  
 djrs gA i jUrq i HB i hNs buds fy, vHkn  
 Hkk"kk o tkfr I pd 'kCnks dk i z kx fd; k  
 tkrk gA

vlf[kj , s k D; kac cukus okys us dkzbz  
 Hkko u NkMk rks ; g Bdnkj Hkyk D; ka  
 ekuo I ekt dsfoHkktu earysg\$ vxj tkfr  
 fd gh ge ckr djs rks bZoj us vknah vkJ  
 vkJr ; g nks tkfr gh cukbZg\$ bl eahkh ek=  
 fyak dk gh QdZgA tcfd dk; Z{kerk fnehx  
 gj bu nksksdksgh fn; sg\$ vkJ vxj ge ns[ks  
 nd jh vkJ rks, d v/kh v/kjh tkfr vkJ g\$  
 vkJ vki I e>rs gh gkxks dh euI; tkfr ea  
 v/kh v/kjh tkfr Hkyk dksI h gA bu v/kh  
 v/kjh tkfr I sgh i Nsdi Hkyk budk nnZD; k  
 g\$ vkJ budsifr I Hkh dksI gkutkhr gksh g\$

tcrd vki vi uhI eL; kvk, o dfBuKb; kdkhotgnI j dkdkung, rcrd vki vi uhI eL; kvk, o dfBuKb; kdkfeVkgd drI

rks ge ckr djs rks nfyr I ekt vlf[kj D; k<sup>o</sup>l e>rk g<sup>g</sup> [k<sup>n</sup> dksmi {kr , d fuEe i fjokj dh ge ckr djarksvkil I e<sup>a</sup>; g yksx [k<sup>n</sup> dksmi {kr o mnkfl u rjg dh crks djsrsutj v<sup>k</sup>,<sup>a</sup>blgs ; g ugh irk dh I jdkj gesl Hkh rjg dsvlk/fdkj fn; g<sup>g</sup> budh I quokbzgj txg g<sup>g</sup>budsfy, vyx I s v<sup>k</sup>; k<sup>x</sup> xfBr fd; k g<sup>g</sup> vkt tkfr I pd 'kcnls dk i<sup>z</sup> k<sup>x</sup> djsus ij rjgUr m<sup>l</sup> 0; fDr ij epnekr ntzgk<sup>r</sup> g<sup>g</sup> v<sup>k</sup> tkfr I pd 'kcn i<sup>z</sup> k<sup>x</sup> djsokysij n.M dk i fo/kku Hkh I jdkj }jkj fd; k x; k g<sup>g</sup>

vkt I e; oks ugh dh mi{skr t<sup>s</sup> h dk<sup>b</sup>z ckr gks o 'krz dh bl I ekt dks tkx; d gksus dh vxj ge mRrjk[k.M jkT; dsg<sup>h</sup> vklMksij utj MkysrksjkT; Hkj esnfyr I ekt dgs tkus okys yksx T; knk g<sup>g</sup>, d n<sup>h</sup>kk; budk ; g Hkh g<sup>g</sup>fd ; g I ekt iwlz%HkVdk g<sup>g</sup>nk o fNlUu HkkUu g<sup>g</sup> vi us vf/kdkjks dks tkuus o bul s yMs<sup>h</sup> dh cgr de yksxks ea {kerk g<sup>g</sup> mRrjk[k.M dh v<sup>k</sup>j ge utj Mkys rks vkt Hkh ipM Hkn Hkkko ; gka ns<sup>h</sup>ks dks feykskA vxj dk<sup>b</sup>z bl I ekt dk 0; fDr ikuh Hkj usdgh tkrk g<sup>g</sup> rks; k rksbl d<sup>s</sup> crz Qd fn; stkrsgs; k rksuy dksvPNh rjg /k<sup>s</sup> k tkrk g<sup>g</sup> 'kk; n ; g tkfr /kez dsBdnkjsml I e; ; g Hkh tkrsqsf

budk crz cukuso tkfr I sVEV<sup>k</sup> d<sup>g</sup>gkj dk gh cuk; k g<sup>g</sup> tksfd fuEuk Jskh e<sup>a</sup>vrks g<sup>g</sup> bu Bdnkjs dks ; g Hkh tkuus dh t: jr g<sup>g</sup>fd budh cgqcfV; k ftu xguks I sl tsgkrsg<sup>g</sup> o ft I n<sup>g</sup>gu d<sup>s</sup>xguksij I Hkh ?kjkrh o cjk<sup>r</sup> dh utjsjgrh g<sup>g</sup> bu xguks I sl t dj n<sup>g</sup>gu cgn I l<sup>h</sup>nj yxrh g<sup>g</sup>

bu I ekt ds Bdnkjs dks ; g Hkh ns<sup>h</sup>uk o I kpk<sup>r</sup> pkfg, dh og xgus Hkh vu<sup>u</sup> fpr dgs tkuus okys tkfr f'kyi dkj usgh cuk, sg<sup>g</sup> ; gk rd dh ft I Nr ds uhpsj grsg<sup>g</sup>ml i<sup>j</sup> Hkh vu<sup>u</sup> fpr tkfr ds 0; fDr dk gkFk yxk g<sup>g</sup> txg&txg bl I ekt d<sup>s</sup>yksxksdh rjg&rjg dh Hkfedk jgrh g<sup>g</sup> fQj Hkh, d k Hkn Hkkko gespkfg, dh ge b<sup>d</sup>l k<sup>u</sup>ks ds bl I ekt ea b<sup>d</sup>l ku cudj jg<sup>g</sup> dchj th dsok. kh clavu<sup>u</sup> kj ^tgk<sup>r</sup>dk<sup>r</sup> vksI b<sup>d</sup>l rksogk dgk dke djs ryokfj\* bl ok. kh I sgh gesl cd y<sup>u</sup>sdh t: jr g<sup>g</sup>fd fd I h Hkh 0; fDr dksNlk/k ; k cm<sup>h</sup> ugh I e>uk pkfg, irk ugha dks fd I I e;] fd I rjg v<sup>k</sup> gekjsdke vk tk, A vkt gest: jr g<sup>g</sup>fd I ekt o ns<sup>h</sup> dsmRFkk d<sup>s</sup>fy, i gysrksHknHkkko gVuk gksxk vxj ; g Hkn Hkkko Lih n<sup>h</sup>; ; n<sup>g</sup>h ekuork dks [k<sup>l</sup>kyk djrk jgk rk<sup>r</sup> rks; g I ekt dsiru dsg<sup>h</sup> I d<sup>s</sup>r g<sup>g</sup>st: jr g<sup>g</sup> g<sup>g</sup> gkFk I s gkFk feykdj pyus dha

tkfr&/kez dh jktuhfr drbz I gh ugh] I o<sup>z</sup>kez I eku o I cdk mRFkk tu t<sup>s</sup> h ckrs ge i<sup>j</sup> gksu pkfg, ge I Hkh gfj tu g<sup>g</sup> ; kuh Hkxoku dshkDr rksfd I h fo'ksk tkfr i<sup>j</sup> HknHkkko D; ka, d h fVl i M<sup>h</sup> I gh ugh o<sup>j</sup> s Hkh fgUhw /kez x<sup>h</sup> Fk ds vu<sup>u</sup> kj tc Hkxoku f'ko us; sl kjh I f'V jp Mkyh rks ml<sup>g</sup>ks Hkxoku fo". kwI s dgk fd e<sup>u</sup>s ; g I f'V jp Mkyh vc bl e<sup>a</sup>dkb<sup>z</sup>, d k rksqks tksgekjk uke y<sup>j</sup> rksHkxoku fo". k<sup>u</sup>us, d vklfr dk fuelz k fd; k o f'ko ds vlx<sup>s</sup> i<sup>z</sup>ru<sup>u</sup> g<sup>g</sup> A og vklfr ns<sup>h</sup>ekgn ckys fo". kwth ; g vklfr rksqgn dq i g<sup>g</sup>ij [k<sup>l</sup> dk<sup>b</sup>z ckr ugh ; g vki dsgkFkksds}jkj cukb<sup>z</sup>; g vklfr Hkh 0; FkZu tk, x<sup>h</sup>A

rc ml vkkdfr n<sup>h</sup>; ¼ jk{kI ½ dk uke feyk Hkxoku f'ko d<sup>s</sup>fun<sup>h</sup>ku<sup>u</sup> kj fo". kwth }jkj ekuo uke fn; k x; k rks d<sup>s</sup>gus dk vFlz Li "V g<sup>g</sup> fd bl ukrs rks I o<sup>z</sup>kez I o<sup>l</sup> ekt gfj tu g<sup>g</sup> A Hkyk dksu I k, d k 0; fDr gksxk tksbl ckr dksudk nsfd e<sup>a</sup> b<sup>z</sup>oj tle ughA gfj tu gfj 'kcn Hkxoku fo". kw dj gh i; k<sup>z</sup> okph gS<sup>h</sup>rksD; wvkt Hkh gfj ds yksxks dks g<sup>g</sup> ds i k l Vemhj½ ds i<sup>z</sup>dk esjk<sup>r</sup> yxkb<sup>z</sup> tkfr g<sup>g</sup> tk<sup>u</sup>l kj {k= dk gh tkrk mnkgj.k vki dsl e<sup>a</sup>{k g<sup>g</sup>, d s db<sup>z</sup>jkT; g<sup>g</sup> tgkabl mi{kr I ekt dks i<sup>z</sup>tk vp<sup>u</sup> d<sup>s</sup>hus I s Hkh ofpr jg tkuk i<fk g<sup>g</sup>

## टाईम विट्नेस का शिक्षा की ओर बढ़ता कदम



ejk uke 'kks c vgen g<sup>g</sup>e<sup>h</sup> I gl i<sup>j</sup> dk jgus okyk g<sup>g</sup> ejh cpi u I s ; g [okfg'k Fkh fd e<sup>h</sup>, d bat<sup>h</sup>fu; j cu I d<sup>h</sup> i<sup>j</sup> vlfkfd flfkfr I gh u gksusdskj .k ; s I c e<sup>a</sup>sfy, vkl ku ugh FkA ge i<sup>h</sup> Hkkb&cg<sup>h</sup> g<sup>g</sup> v<sup>k</sup> i<sup>h</sup> etnij djrs g<sup>g</sup> v<sup>k</sup> I cdh i<kb<sup>z</sup>dk [kp<sup>z</sup>, o ?kj dk [kp<sup>z</sup> pyuk e<sup>a</sup>kfdy gksjgk FkA bu I c e<sup>a</sup>ejh fy, vi uh i<kb<sup>z</sup>tkjh j [kuk e<sup>a</sup>kfdy gks x; k FkA bl fy, ejh i<kb<sup>z</sup>chp esgh Nt<sup>h</sup> xbZFkA nl ohadscn i<sup>h</sup> sdsvHkkko es e<sup>u</sup>s Ld<sup>h</sup> NkM+fn; k FkA dke djsusyxk rkfd i<sup>h</sup> k v<sup>k</sup> ?kj dh enn gksI d<sup>h</sup> vc dke djrs g<sup>g</sup> se<sup>a</sup>sfy, vlx<sup>s</sup> i<kb<sup>z</sup>tkjh j [kuk e<sup>a</sup>kfdy gksx; k FkA

e<sup>u</sup>s vlx<sup>s</sup> dh i<kb<sup>z</sup>tkjh j [kus dh mEehn gh NkM+nh] fQj e<sup>a</sup>s, d nk<sup>h</sup> rs

tfj, e<sup>a</sup>s ^t<sup>h</sup> ta vlfkoy t<sup>h</sup>dk irk pyk bul se<sup>a</sup>sirk pyk fd xlkj e<sup>a</sup>V us

Ld<sup>h</sup>e fudky j [k<sup>h</sup> g<sup>g</sup> ft I l smu cPPksds fy, enn fey I drh g<sup>g</sup>ftudh vlfkfd flfkfr I gh ugh g<sup>g</sup> og Hkh vi uh i<kb<sup>z</sup> tkjh j [k l drsg<sup>g</sup> ml<sup>g</sup>ksuges, d dkyst d<sup>s</sup>ckjseacrk; k v<sup>k</sup> ejk , Mfe'ku HkkjRke dk<sup>b</sup>yst es othQk fnyok dj djok; kA v<sup>k</sup> vc e<sup>a</sup>fpYMu ekMu Ld<sup>h</sup> jkphi jk es b. Vj es vks u Ld<sup>h</sup> ds ek/; e vi uh i<kb<sup>z</sup>aj jgk g<sup>g</sup>e<sup>h</sup> ta vlfkoy th dk cgr&cgr vkhkjh g<sup>g</sup> ft ulgks e<sup>a</sup>s Vwrs I i us dks i jk d<sup>s</sup>usenn dh v<sup>k</sup> j kfk gh Vkb<sup>z</sup> foVud e<sup>a</sup>thu usHkh cgr enn dha Vkb<sup>z</sup> foVud if=dk }jkj bl enn dks, d Nk= rd I hfer u j [krsgg bl h elg I s Nk= tkx: drk f'koj v<sup>k</sup> i k= Nk=dk dks I Eku d<sup>s</sup>us t<sup>s</sup> sdk; Øe d<sup>s</sup>us tkjgh g<sup>g</sup>

bl n<sup>h</sup>; kevl HkodN Hkhugh geokd cdj I drg<sup>h</sup>tkge I kp<sup>z</sup> I drg<sup>h</sup>v<sup>k</sup> geokd c I kp<sup>z</sup> I drg<sup>h</sup>tkvkt rd geusughd kp<sup>z</sup>

# nkbzrksdk dkbZ gl ku u j [kk tk, s tfe dsikl uednku u j [kk tk, s

ngjknwA Vkbè foVud eXthu ds cñj rys uxj fuxe çxkxg eaqq dly fgln eqkk; jsvkj dfo I Eeyu ea'kk; jkausnj jkr rd Jkskvadkscklsj [kkA vi usdylekèl s dHkh ekgksy dks xkkhj fd; k rks dHkh xq xpkdj okgokgh cVkjhA I kefkd cjk; k al syd j nsk dh I eL; kvkai j Hkh 'kcnkal scgkj fd; kA

'kk; j uokt nocnh uscjk dgksvkJ cjk u ekujl efvkneh gñ [kpk ugha\* vkJ ^ nkbzrksdk dkbZ, gl ku u j [kk tk, s tfe ds ikl uednku u j [kk tk, s l s [kic rkfy; ka cVkjhA gkf'ke fQj kstcknh us ftudsgFkkal sfrjäck usl Hkkyl tk, ], d surkvka dksl d n l sfudkyk tk, \* ^ [kñ vi usvki dksccih dj jgk gneä ^ snsk fQj l srps; kn dj jgk gneä\* l s [kic jax tek; kA

vQty exykJh us'ge bl rjg xe dksfNik, j [krsg] ts s dñ gvk gh ugharjsckn- çLrj dj [kic okgokgh cVkjhA tkon vkl h us^ srwugh tks l nk cntcku cskyk gß rjh tckal srjk [kkunku cskyk gß rjh tcku i spplzgSxj ej dksds] ejh tcku l sfglnfrku cskyk gß l s ekgksy dks ns kHkfDr ds jax ej ax fn; kA buds vykok pnu fl g usxj] Yrku fl g l Yrku] vçj [kjcnk] unhe cjuh pru fl g [kMek] ft; k ugVkjh us Hkh dyke vkJ dforvkväl s [kic l ekackalka

dk; Øe dk 'kñkjk ed; vfrffk es j , oafok; d foukn pekyhdk; Øe ve; {k l ekt l oh MKW, l Qk#[k usfd; kA bl nkjku l ekt l oh , MokdV l phrk çdk'k] enj l k ckMZ ds mi k; {k vtj-, [kku] l ykdpzbMLVht, l kft , 'ku dsps jeñi yrhQ pkxkj tufyLV ; fu; u vklQ mUkj[k.M ds çnsk egke=kh fxjh'k i r] ç; kI vkbZ, l , dMeh dsMk; j DVj l qkhy dñeij fl g] dksguj ToSylZ ds 'kñk bdky gq l elgEn



I ekt l oh l phrk i dkl'k dks l Eefur djrs es j o fo/kk; d foukn pekyh] MKW Qk: [k , oa'kk; j uokt nocnh

'kkutj] , e, l efydl Vkbè foVud dsl iknd vQjst [kku] enj l k ckMZ ds mi k; {k xytkj vgen] iæg l wñ dk; Øe ds mi k; {k ekjEen l yeku ofj "B i=dkj t ; nhî fl g] ekuno] l ekt l oh ekjEen 'kgtn] vñny ogkc] jko vñny jgeku] i Mr HxuukFk] 'kknkc vkye] cl i k usk gkth l yhe] l ekt l oh pk; pæ ufkukh] MKDVj , e vkJ efydl fnid 'kk] v'kkd jkor] ekjEen dlf'kQ] nkfu'k efydl dyhe [kku] vkn l s MkaJkrk nj jkr rd aflo I Eeyu dkk vkn mBkrsjgA



dfo; k dks l Eefur djrs iDjkT; ea=h eks l yeku] xytkj vgen o vlye [kkuA



es j foukn pekyh dks l Eefur djrs l ekt l oh MKW Qk: [k] eks 'kkutj] , e, l efydl



dk; Øe ea vius 'kk; jh l s l ekackalks 'kk; jA

tc dkbZdk eugadj j gsgksrks?kMh dñrj Q ns[ kksvkJ tc dkbZdk ej j gsgksrks?kMh dñrj Q er ns[ kks

# mRrjk[ k. M dñ unh; kñi j , d utj



I f/kj dij

i j si nñ ke mRrjk[ k. M gkbZdkvZ usgj rj g ds[ kuu i j i frclU/kyxk fn; kgñft I I svke turk dsl kfk , o I j dkj h egdeks ds dk; kñ i j Hkh vI j ns[ kusdksfey j gk gñ ogha4-5 yk[ k Jfedk&etnj ks ds fy, Hkh j kñh&j ksth dk I adV mRi Uu gksx; k gñ bu I c ckrks dk eñ ; dkj . k mRrjk[ k. M I j dkj ka }kj k dkvZ ea vi ukI ghrj g l si {ku j [ kukgñ ufn; kñdh vHkh dhfLFkfr ns[ ksrks ufn; k [ kuu I syck&yc Hkj h i Mñgñ [ kkl dj i gkMñcij I krh ufn; kavñj ekñ e foHkkx dsvuñ kj bl I ky o"kkT; knk gksudh I EHkkouk crkbZ xbZgñvr%vxj cj I kr T; knk gksrh gñrksufn; kavi ukj kLrk cny I drh

gñft I I scMñi sekusi j mi tkÅ Hkfie cckñ gks tkusdk MJ gñ oghaufn; kñ ds vxy&cxy j gus okys g tkj k ykxks dh tku&eky dk [ krjk Hkh mRi Uu gks tk; sñka tksckn eaeftunk I j dkj dsfy, gh i j \$ kkuhgksxh I j dkj dks pkfg, dh tkj nkj rfj ds I sdkvZea vi uk i {k j [ kñ ufn; kñea oKkfud rfj ds I s , d yscy cuk dj [ kuu dj k; k tk; \$ , o i ; k. k deBñ cukbZ tk; s tks; s ns[ ks dh [ kuu] oKkfud rfj ds I s gñft I I stgkal j dkj dksj ktLo dh vkenuh gksxh] ogha voñk xñ I j dkj h dkeks ea Hkh j kgr feysh ft I I s dkQh gn rd cñ kst xkj h gVxh, o i nñ kdkfodkI gksxka

tc dkbldk e ughad j j gsgksrks?kMñ dh rj Q nñ [ kksvñj tc dkbldk ej j gsgksrks?kMñ dh rj Q er nñ [ kñ

# પલાયન સ્વકે



v'kkd jkor

i yk; u dk tsetz i gkMise 1950 ds n'kd I s'kq I sgv yk Fkkj og jkT; cuusds ckn vkt rd yxkrkj tkjh gA fl ; kl rnkjka }jkj i yk; u dsckjs eavtikh Bkd ; kstuk vey eauh ykbZg ft l ds dkJ.k vkt i yk; u I sFLFkfr xEikhj cu pdkh gA bl jkT; dsxBu dsckn 'kgjh dj.j k I sHkh yksx xk NkM+jgs gA ; g Hkh i yk; u dk e[; enpk gA mRrjk[k.M jkT; dsxkoks i n'sk ekuk tkrk gA ; g fd 80 i fr'kr vcknh xk eafuokl djrh gA vktknh ds 70 o"kl dsckn Hkh xkoks ea vkt rd fodkl ugh gks ds dkJ.k ; gI I si yk; u gvk gA 'kgjka suke ek= dh njh i jgusokysxkjh.k Hkh xk NkM+jgs gA i yk; u I s 'kgjka es tgh reke I eL; k, ac<rh tk jgh gA ogh I jdkjka

dh xkjh.k fodkl ; kstukvka ij Hkh I okfy; k fu'kku yxrsjgs gA i yk; u ds i hNs'kgjh dj.k Hkh ftEenkj gA jkT; cukus dh vo'kjj.kk ds i hNs xkoks dk fodkl rst djuk Fk yfdu vtikh rd , k /kjry i j n'kus es ugh vk; kA jkT; eankuks i kfVz ka Hkki k rFk dkxk dh I jdkj sHkh jgh gA yfdu nkoks gh I jdkjka usog fodkl ugh fd; k ft l dh i n'sk dh turk dksvkl Fk jf QjT; dksy/ usdh fQdZFkA

nd jh vki xkoks eafodkl dsuke ij [kMats xiy] I h h ekxZgh cusgA yxrk gS1 jdkj s bu gh fcUmyka dks gh fodkl ekurh gA xkoks eaf'k{kk ds mfpr I k/kukadk vHkkko gA i kbejh fo | ky; kadh fLFkfr n; uh; gA bl ds vykok xkoks eafpfdrI k t g I fo/kkvka dh deh yksxks dks 'kgjks es vkus ds fy, etcij dj jgh gA vDI j xkjh.k {ks=kaeans[kuks dks vk jgk gSfd vknheh vU; I eL; kvka I s I e>k&k dj I drk gA yfdu cPPkka dh i <kbZl sog I e>k&k ugh djuk pkgrkA bl h ds pyrsvkfFkA : i I sI Ei u gksu ij xkD I syks i yk; u dksetcij gks tkrsgA xkoks ds ; gk ds eki .Mka ij [kjs ugh mrj jgs gA /kjryh; : i I s fodkl u gku dsdkj.k gh i yk; u c<k gA

c<k gA xkoks eafodkl dsuke ij [kMats xiy] I h h ekxZgh cusgA yxrk gS1 jdkj s bu gh fcUmyka dks gh fodkl ekurh gA xkoks eaf'k{kk ds mfpr I k/kukadk vHkkko gA i kbejh fo | ky; kadh fLFkfr n; uh; gA bl ds vykok xkoks eafpfdrI k t g I fo/kkvka dh deh yksxks dks 'kgjks es vkus ds fy, etcij dj jgh gA vDI j xkjh.k {ks=kaeans[kuks dks vk jgk gSfd vknheh vU; I eL; kvka I s I e>k&k dj I drk gA yfdu cPPkka dh i <kbZl sog I e>k&k ugh djuk pkgrkA bl h ds pyrsvkfFkA : i I sI Ei u gksu ij xkD I syks i yk; u dksetcij gks tkrsgA xkoks ds ; gk ds eki .Mka ij [kjs ugh mrj jgs gA /kjryh; : i I s fodkl u gku dsdkj.k gh i yk; u c<k gA

# fi rk dh i xMh+



int dij

fi rk dh i xMh

I d kj dh I cl s  
dherh pht gkrh  
gsmI dhutj ea  
bUghackrkadschp  
dc vpkud cVh  
cMh gkstkrh gS  
dc ml ds vi us  
gh ?kj e ijk, i u  
dk , gl kl c<us  
yxrk gS i rk gh  
ughapyrkA

oksgekj stud gS gekjs l d kjh gkrusdsmrus  
gh ftEenkj ftruh dh gekjh eka gkafir k fl Qz  
I ckdu ugha , d oSkkfud çek.k Hkh gS gekjs  
vflrRo dk igys i gy ge muds cur ghrks  
I h[krs gS ftinxh dk gj t: jh i kB  
gS uk&elcjkuk] [kyuk] i <uk] l e>uk] l  
I kyuk] I kyuk] nk; js eejguk] l; kj djuk]  
dae djuk vlg] l e>lkf s djukA mudh vlg] l s  
nju; k ns[kr&ns[krs dbZckj  
[kp dh vlg] l sns[kuk Hky  
tkrs gS firk-cgr cMh  
vkgnk gS fj'rka es-vkl ku  
ughagSfir k gkrkA esisi <ek gS  
muds pgjs dscur&fcxMrs  
Hkkokseftnxh dk gj dMek  
I p-dHkh dgk ughamul si j  
'kjØ; k ges'kk vnk fd; k  
Hkhrj gh Hkhrj---D; kfd fir k  
l s T; knk dN dgus dk  
fu; e ugha Fkk gekjs cpi u  
es-gj ckr eka l s dgus dh  
fgnk; r xkg&c&xkgsfeyrh jgrh Fkk] i j fir k  
dsfy, eu eşe vlg] l Eku ges'kk vi usl okPp  
Lrj i j jgrk FkkA muds pgjs dh ydhj ka dh  
rknkn uk c< bl fy, dHkh dN ekak ugha  
mul syfdu mUgkusu vi uh pknj l sT; knk i ko  
i l kj us fn; k ges'kk gS cVh dks, d , l s gh  
fir k dh rks [okfg'k gkrh gS tksfcuk dgs l p  
l dS fcuk ekas ns l dS tksfcuk trk, l e>  
l ds vlg] bu l Hkh ckrkadsnysdN ekas Hkh  
uka , d s fir k dk LFku , d cVh dh utj ea  
bZojN; gkrk gS fir k dh i xMh l d kj dh  
I cl sdherh pht gkrh gsmI dh utj eabllgha  
ckrkadschp dc vpkud cVh cMh gks tkrh  
gS dc ml ds vi us gh ?kj e ijk, i u dk  
, gl kl c<usyxrk gS i rk gh ughapyrkA  
; sfdl h dsfy, u; k ugha l Hkh dks irk gsfld  
, d u , d fnu cVh dk uke fdll h vlg] ds  
jlk'kudkMzij Ni uk gS- fdll h vlg] dh pkSv dh  
ykt j [kuh gsfal h vlg] dsuke dk chMk mBuk  
gSrkD; k vc cVh dh ftinxh eafir k dh Hkredk  
cny tkuh pkfg, A D; k okdbZcVh dh vkusokyh  
ftinxh dh reke [kj'k; k dh dher fir k dh



i xMh gS fir k dh i xMh ; kfu mudk  
I Eekufit dh [kkfrj , d cVh cpi u l s gh  
I kydj pyus dks opuc) gkrk gS vi uh  
reke [okfg'kka dks fl Qz bl fy, jkñ nrh gS  
D; kfd I oky fir k ds vkgnsdk gkrk gS nju; k  
dh fdll h Hkh cVh dks vi us fir k ds I Eeku dh  
dher ij okdbZ [kj'k ughapkfg, A

I fn; ka l s gkrk jgk gS cVh ds tle l s gh

fir k dh ftEenkj; ka dk  
fQDI fMi, ftV pkyw gks  
tkrk gS ftEenkjh c<us l s  
igys i gys ml s fdll h ds  
[kkrs ea VhQj djus dk  
Hkkj h ncko gkrk gS bl ds  
fy, fir k vi uh l kjh dekbz  
l kjk l Eeku l kjh vknfe; r  
nkø ij yxk nrk gS D; kfd  
yMedokyka dks cVh ds tle  
ds l e; vLi rk y ds [kpZ l s  
ydg i <k&fy [kk xokj  
cuusrd dk l kjk [kpZ tks

fudkyuk gkrk gSfQj cVh fdruh gh dkfcy]  
I ddkj h l npj vlg] gj rjg l s; k; gh D; kauk  
gks, d fir k dks; kpd epek eavkuk gh i Mek gS  
; gh ckr , d cVh dks l cl sT; knk v [kjrh gS  
cV; kanju; k dh gj [kj'k dh gdnkj gS  
yfdu bl dh dher nsusdksrS kj ughavkt ds  
nkj eadkbZHkh cVh fdll h , l sba ku dk l d kj  
ughal tkuk pkgsxh ft l dsdkj .k ml dsfir k  
ds l Eeku dks gYdh vkg Hkh vkbZ gka vc oks  
l e; vlx; k gSfd , d cVh dk fir k Hkh 'kku  
l sfl j Åpk dj dspy D; kfd oksnkrk gSvlg  
ekas okys l s nsus okys dk LFku ges'kk cMk  
gkrk gS-rks vi uh i xMh vlg] cVh nkuka dh  
dher l ef>, D; kfd vkgLrk&vkgLrk gh  
l gh ij oä djoV ys jgk gS gok dk # [k  
cny jgk gS cV; ka døy nkf; Ro ugha , d  
vdrl l a fuk Hkh gSbllgaf l Qz mu gkFkk eagh  
l kSftuij vki dks [kp l sT; knk Hkj k dks  
vlg] gka /; ku jgs vki fir k gS fir k ; kpd  
ugha ; kpd dh epek eamUga gkuk pkfg, tks  
vki dh l cl svuelsy -fr dks ges'kk ges'kk ds  
fy, vi usl kfk ystuk pkgrsgA

brtkj er dks ftruk ne l kprsgksftnxhml l sdgkT; knk nrh l sfudy j gh gS

# पब्लिक स्कूलों में धड़ल्ले से चल

## रही प्राइवेट लेखकों की पुस्तकें

fl rkj xatA futh Ldnyka dS ççäkdkä  
}jkj [kyvke fu; e dkwi dksBxk fn [kkrs  
gq euekuh dj fo|ky; ea f'k{k xg.k  
dj jgs Nk=ka dS vflHkkodkä dk 'kkk.k  
fd; k tk jgk gA fudVorh xte cM; k  
fLFkr , d futh Ldny dS ççäkdkä }jkj  
fo|ky; ea f'k{k jgk Nk=ka I s çfro"kz  
, uwy Qhl dsuke I sçosk 'k/d ol nyk  
tk jgk gA ççäkdkä }jkj cd I syj o  
jMev diMk 0; kikh I s iKB xkB dj  
Nk=kao mudsvflHkkodkädksmuLgh npukuka  
I s iKB; I kexh rFkk Ldny dh M  
[kjhnusdksetc] fd; k tk jgk gA I cl s  
fnypLi ckr ; g gS fd, ul hvkjVh dS  
rgr Nk=ka dks i<kbz tkus okyh iKB;  
I kexh dks njfdulj dj egaksnkela ij  
fdrkca[kjhndj Nk=kadksf'k{k nh tk jgk  
gA bu reke [kkfe; ka dk [kyk k ml  
I e; gyk tc miflyk/fdkjh ujsk pn  
nkkly dS usRo eaç'kkl u dh Vhe us  
uxj dS dbz futh Ldny ea Nki ekj  
dkj bkbz dhA bl nkuku ç'kkl u }jkj dh  
xbz dkj bkbz I s futh Ldny ççäkdkä ea  
gMEdEi ep x; kA

mi fylf/fdkjh Jh nkuku usdgk fd  
fdl h ijr ea cPpk o vflHkkodkä dk  
'kkk.k o mRi hMu cnkz r ughaf; k tk, xk  
A, I Mh, e usjk pae nkuku dS usRo ea  
ç'kkl u dh Vhe I oLçfle uxj dscbkz kl  
ekxz fLFkr , d Ldny i gph tgka Vhe us  
Ldny ççäkdkä }jkj cPpk dks i<kbz tk jgk  
iKB; I kexh dh ckjh dh I s tkp dhA bl  
nkuku, I Mh, e Jh nkuku usnks Ldnyh  
cPpk dks csk exkdj fdrkca dh tkp  
djrsgq i; k fd ççäkdkä }jkj, ul hvkjVh  
dS rgr nh tkus okyh fdrkca dS vud k j  
i<kbz u djkrsgq eueuh dh fdrkca l s  
cPpk dksf'k{k nh tk jgk gA fujh{k.k dS  
nkuku, I Mh, e usfo|ky; ççäkdkä I s x  
o"kz rFkk orzku o"kz eacPpk I s yh tkus  
okyh iQhl dh I phexkrsgq Qhl esdh  
xbz of) dh foLrkj I s tkudkjh yhA  
mlgkusu dgk fd cd I syj I s Ldny ççäkdkä

dh feyh Hkxr dS pyrs Ldny ah iKB;  
I kexh ek=, d gh npuku i j mi yC/k gks  
dh f'kdk; r mlgkusu yxkrkj fey jgh gA  
, I h fLFkr esLdny ççäkdkä o cd I syj dS  
f[kykQ dMf dkj bkbz vey ea ykbz  
tk, xhA fo|ky; ea fujh{k.k dS ckn  
ç'kkl u dh Vhe xte fd'kui j fLFkr , d  
vU; Ldny i gph tgka mlgkusu ç'kukpk; Z  
I s foLrkj I s tkudkjh gkfI y dj  
vko'; d fn'kk funf k dS A fujh{k.k dS  
nkuku mlgkusu ç'kukpk; Z I s xr o"kz dh  
vi f'kbl o"kzçosk 'k/d rFkk f'k{k 'k/d  
ea dh xbz of) rFkk fo|ky; }jkj Nk=  
Nk=kvka dks nh tk jgk I s tkudkjh  
foLrkj I s tkudkjh yhA bl dS i'pk  
ç'kkl u dh Vhe usxte cM; k fLFkr , d  
Ldny eavkpd Nki k ekj

b1 nkuku fo|ky; ea reke [kkfe; ka  
ik, tkusij, I Mh, e usukjkt xh 0; Dr  
djrsgq dMf dkj bkbz dh prkouh nhA  
tkp dS nkuku, I Mh, e us ik; k fd  
fo|ky; ea Nk= }jkj çosk yus dS  
nkuku, d ckj tek fd, tkusokysçosk  
'k/d dks fo|ky; ç'kkl u }jkj ijh{k  
dS mi jkUr Nk= dS d{kk cnyus ij gj  
o"kzçosk 'k/d ol nyk tk jgk gSftl  
ij, I Mh, e us ç'kukpk; Z dh tedj  
Dykl yxkbz rhu Ldnykadsfujh{k.k dS  
nkuku ççäkdkä }jkj, d gh cd I syj dk  
uke fy, tkusij, I Mh, e uscd I syj  
o Ldny ççäkdkä dS chp I sVx o iKB  
xbz dh vka dks trkrs gq dgk fd  
fut Ldnyka dS ççäkdkä dS i Fk I Fk  
cd I syj dks Hkh ukfVI tkjh dj  
Li "Vhdj.k ekak tk, xk A fujh{k.k dS  
nkuku, pih, I ealysDykl eacPpsdk  
nkf'kyk djk, tkus ij 5500 #i; s dk  
çosk 'k/d yus dS tkudkjh ij  
, I Mh, e dsgk dS M+x, A mlgkusu Ldny  
ççäkdkä I sfu; ekud kj iQhl ol nyus dS  
funf k nrsqg vflHkkodkädk mRi hMu u  
dhus dS ul hgr nhA bl ekds ij  
okf.kT; dj vf/kdkjh 'k/d jke vk; k

I hvkj I h çHkkjh eks mLeku] I hvkj I h  
çHkkjh [kedaju 'kek] vfuy fl g I fgr  
reke vf/kdkjh x. k ekstn fksA  
f'k{k ek= dS i fcyd Ldnyka ea  
, uuL hbzVkjVh dh iKB; Øe ykxwjdjus  
dS vkn's k dh fl rkj xat dS Ldnyka ea  
/kftt; kamMkbz tk jgh gA ; g [kyk k  
f'k{k foHkkx dh foHkkulu Vhekadsuxj dS  
fo|ky; ka ea ekj x, Nki es gyk gA  
ftl ea ik; k x; k fd Ldnyka ea  
, ul hbzVkjVh dh dkQh de iLrd  
yxkbz xbz gA T; knkrj fdrkca futh  
çdk'kdkä dh gA ftl I s vflHkkodkä i j  
foUkh; Hkkj iM+jgk gA tkp ea; g Hkh  
irk pyk fd vflHkkodkädk sdkQh vf/kd  
'k/d ol nyk tk jgk gA vU; [kpk dS  
uke i j Hkh tedj tS dkVh tk jgh gA

ftykf/fdkjh dS funf k i j Vhekak  
xBu fd; k x; kA Vhe usfuth Ldny ea  
Nki k ekj kA tkp ea irk pyk fd d{kk  
, d I s vkb rd, ul hbzVkjVh dS  
vfrfjDr T; knkrj vU; çdk'kdkä dh  
iLrd yxkbz xbz gA ukso nl ea 60  
çfr'kr vU; çdk'kdkä dh iLrd gA  
, d gh fo'k; ea, ul hbzVkjVh dS  
vfrfjDr vU; çdk'kdkä dh iLrd Hkh  
yxkbz xbz gA fo|kFkz ka I s 'kYd Hkh  
rhu I s ikp gtl #i; s çfrekg fy; k  
tk jgk gA bl dsvfrfjDr Hkh vU; enka  
ea tedj ol nyh gks jgh gA xhuom  
Ldny dh tkp ea ik; k x; k fd ogka  
, ul hbzVkjVh dh gh iLrd T; knkrj  
yxkbz xbz gA tks mi yC/k ugha gS muds  
Lfku ij vU; çdk'kdkä dh iLrd  
yxkbz xbz gA, I, e i fcyd Ldny ea  
ik; k x; k fd d{kk 12 ea fglUnh dS  
vfrfjDr I Hkh fo'k; k adh iLrdacktjk  
I s futh çdk'kdkä dh yxkbz xbz gA  
nl ohaea I Hkh iLrd futh gA Ng I s  
vkb rd xf.kr o fglUnh dh fdrkca ggh  
, ul hbzVkjVh dh gA , d I s ikp rd  
doy fglUnh dh iLrdagh, ul hbzVkjVh  
dh gA

thou efxj uk Hkh vPNk gSvk&kr dk i rk pyrk gSc < fsgf t c gkFk mBkusdksrksvi ukadk i rk pyrk gA

# I Mel ij Hkh[ k ekaxrk cpi u

ngjknwA nw dh I Melkaij jkstukuk vki dks ; n rks dbz Hkh[kkjh fn[k tk, gks yfdu ; g tkudj rkTtq gks dh mues I s, d frgkzbz dh mez 18 I ky I skh de gA nsk ds nli jsfgL1 k al sxjhch I scpus dh dkf'k k eacPpsngjknw tS s'kjg es vkrsgsvkj ; gkaHkh[k ekaxusyx tkrs gA bueal sdN ?kj I shkxdj vkrsgsvkj dN ifjokj ds I kfk jgdj Hkh[k ekars gA T; knkrj cky ftk[kkjh 0; Lr p[skgk cktkj[ /kkfed LFky[ jyos LV'ku j[ Vgj[ tS h txgkaj gkrsgA , h 0; Lr txgkaj Hkh[k ekaxusl smtgT; knk I sT; knk i s sfeyusdh mEehn gkrh gA dbz xjhc ifjokj ekursgs fd mudsi kl cPpkdksHkh[k ekaxusyxkus dsvykok vkj dkbzpkj k ughagA

ifyl vkj I kelftd dk; d[rlk/kadk ekuuk gS fd gj I ky gtkj[ cPpk dks vxok dj fy; k tkrk gS vkj mlga Hkh[k ekaxus i j etcij fd; k tkrk gS rkfd oks detkj fn[ks vkj mlga I gkutkj[ fey I dA cky vf/dkj dk; d[rlk/kadk dguk gS fd Hkh[k ekfi Q; k cPpk dks fodyk[ cuk ns s gS D; kfd fodyk[ cPpk dks



T; knk Hkh[k feyrh gA I kelftd dk; d[rlk/kadserkfcu bueal sdbzCPos u'khyh nokvka ds vkn cu tkrs gS vkj ; k[ksk.k dskf'kdkj gkrsgA bu cPpk dks I j[ks vkj budh gkyr es I qkj ds fy, d[rlj jdkj usdkbzdknu ughacuk; k gA 55 I ky ijkus, d dknu dserkfcu

fnYyh I fgr Hkkj r ds dbz 'kgjka ea Hkh[k ekaxuk xj[ dknuh gSvkJ ifyl , s0; fDr dksfxj[ rkj dj I drh gStksHkh[k ekark ik; k tk, A yfdu ; s I kjh ckra dknuh fdrkc rd gh I hfer jgs xbz gA 'kkl u&i z kkl u bl x[khj I el; k ds i fr fcYdy mnkl hu utj vkrk gA

## /kkfed LFky[ dsckgj ughaek[ drsHkh[ k

#eijA 'kkl u us /kkfed LFky[ ds ckjgj cBosokysfHkh[kkjf; k a s; k [kkusds I keku nsus i j i kcnh yxk nh gA I jdkj fHkh[kkof'k dksijh rjg cn djuk pkgrh gS fygk[ bl I cak eal Hkh ftykf/kdkfj; k dks 'kkl u us vkn[ tkjh dj fn; k gA A/kefl g uxj ftyseavHkh rd 'kkl u ds bl egroiwz vkn[ i j ve y ugha gyk gA /kkfed LFky[ dsckgj fHkh[kkjh fu; fer : i I scB jgsgsvkj yxk mlgaHkh[k Hkh ns jgsgs yfdu ifyl vkj c'kkl u eadke djsokysHkh b[lg[dkh[k nsj gsgsA

m[ukjk[km ea fHkh[kk nsuk vkj yu k vijk/k cuk fn; k x; k gA ; fn vki , s k djk[ksrkvki dksvi jk/kh ekuk tk, xk vkj vkhthou djkokl dh I tk rd gks drh gA m[ukjk[km 'kkl u uscPpkdksHkh[k nsus vkj /kkfed LFky[ ds ckjgj fHkh[kkof'k i j

ijh rjg I scfrck yxk fn; k gA bl dk mYy[ku djusokyadksvkhthou djkokl dh I tk Hkkruh i M+I drh gA ykckadh /kkfed Hkkoukvka dks B[ u i gpos bl ds fy, 'kkl u usdkg fd ; fn dkbznuu nsuk gh pkgrk gS rks og buds fy, Hkh[kj ; k budsfuokl LFku i j Hkkstu djk I drk gA 'kkl u us I Hkh ftykf/kdkfj; k dksbl vkn[ dk I [rh I s vuqkyu djkus ds fun[ k fn, x, gA gkbzlk/Zusfi Nysl ky gh cn[ks ds I Hkh i tk LFky[ ds vkt i kl fHkh[kkof'k i j cfrcdk yxk fn; k Fkk yfdu gkbzlk/Z ds vkn[ i j vkt rd ve y ugha gykA cn[ks ea Hkk[ i k dh I jdkj cuus i j 'kkl u us I [rh cjr[us ds fy, I Hkh ftykf/kdkfj; k dksvkn[ tkjh dj fn; k gA ftykf/kdkfj; k I s gkbzlk/Z ds vkn[ dk ikyu djkus dsfun[ k fn, gA i = ea Li "V

dgk x; k gS fd /kkfedLFky[ i j fd I h dksHkh fHkh[kkof'k dh vuqfr ugha gkxhA Nk[scPpk dks fHkh[kk nsuk x[khj vijk dh Jskh ea vkh, xkA bruk gh ugh[ ; fn dkbzbu cPpk dks tcnLrh fHkh[kkVu djokrk gS rks ml s vkhthou djkokl dh I tk nh tk, xkA ; gka rd fd cPpk dks }jkj p[skgk vFkok vU; fdI h LFku i j I eku cpuk[ t[rk i kly[ k djuk vFkok I Mel i j [km djk alspedkus dsfy, Hkh i s k nsuk xj[ dknuh gkxhA ; fn , s k djrk dkbzCPos i dM+X; k j rksml ds fy, ml ds vFkok dks Hkh ftEeskj Bgjk; k tk, xkA

m[ukjk[km 'kkl u us dgk gS fd vxj dkbz0; fDr fHkh[kkjf; k dks [kkuk f[kyuk pkgrk gS; k nku nsuk pkgrk gS rksml ds ckjgj ; k p[skgk dskf'k; og buds?kj i j tkadj, s k dj I drk gA

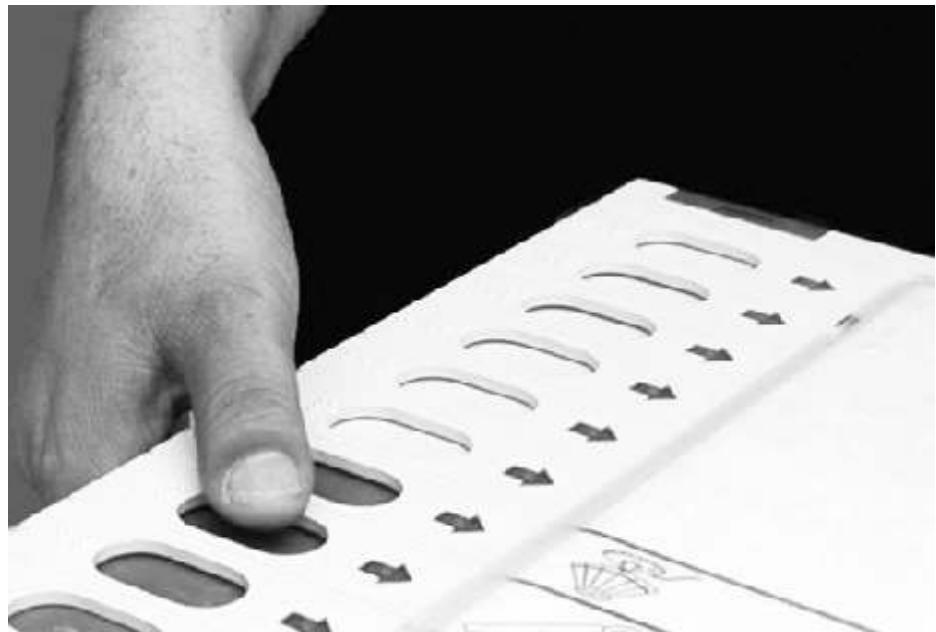
v/; ki d vkj ft[nxh[ecl bruk gh QdZgsv/; ki d I cd fl [kkdj bfErgku ysk gft[nxh bfErgku yd[ I cd fl [kkrh

# bƏh, e i j l oky fdruk okftc!



I qkhy dəkj fl g  
funskd  
okbz l fjl pzl QkñhUMs ku  
vñD i ftyd , MfefuLVs ku

Hkkti k dso; ko)  
urk ykyd". k  
vMok. kh vñs  
I çe. ; e Lokeh us  
2009 yksd l Hkk pçuko  
dsckn bzbh, e ds  
tfj ; spçuko ea/kkalyh  
dk vkj ki yxk; k Fkk  
vñs , s k i gyk ekfdk  
Fkk tc bzbh, e foonka  
ea vkbZFkhA



ftl bzbh, e dksdj y ds , d fo/kkul Hkk  
{ks I s 1982 ea vñs o"l 2004 ds 14oña  
yksd l Hkk l sijsnsk eaykdra dk l cl scMk  
rdudhdh gffk; kj cuk; k x; k vkt og  
foonka ds ?kj s ea gA xkñryc gS fd i kp  
jkT; ka ds pçuko ds urhts l sHkkjrh; turk  
i vñh dks cskpj k hVafeyh gA mûkj i ns k  
vñs mûkj k [k. M earks Hkkti k 80 Qhl nh I s  
T; knk LFkkuka ij thr gkf l y dh gS tcf d  
l i k cl i k rFkk dkad l er l Hkk dksdjkjh  
f'kdLr feyh gA urhts dksnskrsgg cl i k  
dh ej[k; k ek; korkh us bzbh, e i j gh l oky  
[Msdj fn; sgA mudk vkjki gS fd bzbh, e  
dkseust fd; k x; k gA bl vkjki eafdrhu  
l Ppkbz gS vHkk bl dk [kjykl k l Etko ughagS  
ij , s sc; ku dsckn Hkkjrh dh fl ; kl r ea  
ppkztkj i DM+yh gA ifji {; vñs nf"Vdks k  
; g Hkk gS fd Hkkti k dh fojksh ek; korkh ds  
l j ea l j feyk jgsgavñs ; g jk; Hkk vke gS  
fd bzbh, e ds l kfk dkbz vugkuh gkuk gJr  
dh ckn ughagA /; kur0; gksfd mûkj i ns k  
ea ek; korkh dh cjh gkj vñs mûkj k [k. M I s  
l Qk; k gksx; k gA , s seamudk >Yykuk ; k  
vjki yxkuk l Etko gks l drk gS ij ckr

døy ek; korkh rd gh ugha gS bzbh, e dks  
ydsj el ys 2009 l sgh mBrsjgsgA Hkkti k  
ds o; ko) urk ykyd". k vMok. kh vñs  
I çe. ; e Lokeh us 2009 yksd l Hkk pçuko ds  
ckn bzbh, e ds tfj ; s pçuko ea /kkalyh dk  
vijki yxk; k Fkk vñs , s k i gyk ekfdk Fkk  
tc bzbh, e foonka ea vkbZFkhA ; gh I çe. ; e  
Lokeh xçtjkr fo/kkul Hkk pçuko ds ydsj  
bzbh, e i j l oky mBk pçips gA vñs mudk  
ekuuuk Fkk dkad l us; fn bl ea NNMNM+u dh  
gkrti rkst Hkkti k orzku dh ryuk ea 35 l hV  
vf/kd thrrhA bzbh, e ds foonka ea vkr s gh  
I qhe dkvZ ea ; kfpdk Hkk nkf[ky dh x; h  
FkhA 'kh"l vnklyr uspçuko vk; kx dksfunsk  
tkjh fd; k Fkk fd ernkrkvka dk bl ij  
Hkjkd k cuk; sj [kusdsfy, dne mBk; A  
bzbh, e i j mBs l oky dschp ea; g i tu  
Hkk okftc gS fd bzbh, e ds D; k&D; k [krjsgks  
l drsgA bzbh, e e'khua gS dli tk l drh gS  
; g ckr Hkk dgh tk jgh gA bzbh, e e'khua dgs  
tfj ; sokv/jkadh ij h tkudkjh Hkk fudkyh tk  
l drh gA bl ds vykok pçukoh urhtka ea  
Qjcn yd; k tk l drk gA xkñryc gS fd  
bl sgS dju ds ydsj cbz ckj /kedh Hkk

-ftnxhefj Ld yusl sdHkk er Mjks; k rks thr feyxh vñs gkj Hkk x, rks l h[ k feyxh

veſj dk vks  
 tki ku tſ snſ k  
 bl dk i ſ kx dj us  
 l svkt Hkh drj krs  
 ḡ uhnj ySM us  
 i kj nf' kirk dsvHkk  
 eabl sc̄l fd; k ḡ  
 ḡ v̄k; j ySM usrk̄  
 dj kM̄ [kpzdj us  
 dsckn vks rhu  
 l ky dsfj l p̄ds  
 ckotm l j {kk vks  
 i kj nf' kirk dksns̄ krs  
 ḡ b̄bh, e dks  
 i fr̄c̄/kr dj fn; ka  
 težuh usrk̄  
 b&ok̄v̄k dksrk̄  
 v̄l oſkkfud rd  
 dj k̄ nsfn; k ḡ  
 bl dh Hkh otg  
 i kj nf' kirk gh ḡ  
 bVyh usHkh bl s  
 [kkfj t fd; k ḡ  
 [kkl ; g Hkh ḡfd  
 b̄ySM vks Ok̄ us  
 rksbl dk mi; kx gh  
 ughafd; ka

nsusdh ckr dgh xb̄ḡ, d k fonſkkaeHkh ḡyik  
 ḡ I j {kk ds fy, b̄bh, e dks byd'ku  
 l kM̄ Vos j ds l kfk Hkh NMNM+ okyh ckr  
 vkl ku ekuk tk jgh ḡ; g Hkh l e> ysk l gh  
 ḡok̄ fd nfu; k dsfodfl r nsklausbbh, e dks  
 ykdr̄= dk cgrjhu ḡffk; k̄ ugha ekuk ḡ  
 vefjdl vks tkiku tſ s nsk bl dk i ſ kx  
 djus l s vkt Hkh drj krs ḡ uhnj ySM us  
 i kj nf' kirk dsvHkk eabl sc̄l fd; k ḡ ḡ  
 v̄k; j ySM usrk̄ dsckn [kpzdj usdckn vks  
 rhu l ky ds fjl p̄l ds ckotm l j {kk vks  
 i kj nf' kirk dksns̄ krs ḡ b̄bh, e dks i fr̄c̄/kr  
 dj fn; ka težuh us rks b&ok̄v̄k dks rks  
 v̄l oſkkfud rd djk̄ nsfn; k ḡ bl dh Hkh  
 otg i kj nf' kirk gh ḡ bVyh usHkh bl s [kkfj t  
 fd; k ḡ [kkl ; g Hkh ḡfd b̄ySM vks Ok̄  
 usrk̄ ds k̄ mi; kx gh ughafd; ka vefjdl ds  
 feſ'kxu fo' ofo l ky; ds i Q̄ j vks Nk=kadk  
 'kkk ; g b'kkj djrk ḡfd b̄bh, e l ng l sijs  
 ughaḡ, s seanks l oky mBrsḡ, d ; g fd  
 Hkkj r eabbh, e dks vi ukus l s i gysD; k l Hkh  
 i dkj dsl j {kk mi k; kai j fopkj fd; k x; k FkkA  
 n̄l jk ; g fd ; fn ; g bruk l jf{kr ḡ rks  
 nfu; k dsvehj ns klausbl l seig D; kaeM̄ ḡ  
 nks V̄l ; g Hkh ḡfd ekstmk fl ; k l r ea; fn  
 b̄bh, e pp̄l ea v̄k gh x; h ḡ rks bl dk  
 i k̄ VekV̄l djuseafdl h dksvlf [kj xjst D; ka  
 ḡok̄ tkfjgj ḡ rduhd ḡ, d l hek rd  
 fuHkkj rk gksl drh ḡsi j xj l hfer rksughaḡv̄k  
 tk l drk̄ n̄l dk n̄l vks i kuh dk i kuh gks  
 tk; rksbbh, e i j Mxexkrk fo'okl gh c<sk  
 tks vks dh jktutfr vks ykdr̄= nkukadks  
 eukQseayst; skA  
 , d k ughaḡfd b̄bh, e d̄oy Q̄ kn dh tM+  
 ḡ ns[kk tk; rks b̄bh, e ds pyrs p̄uko dh  
 i f̄; k vkl ku ḡbz ḡ xl̄ryc ḡfd b̄bh, e  
 Hkkj r byDVMud fyfeVM cxyq vks  
 byDVMud dkj k̄j sku vks bf.M; k fyfeVM  
 ḡhjckn }jk̄ fofufet 6 ckyV dh , Ydykbu  
 ccyjh i j pyrh ḡ bl dk mi; kx ogka Hkh  
 l Ekk ḡ tgkafctyh dk duD'ku u Hkh ḡA  
 bl ds gksus l s yk̄ [kk&dkM̄ dh l q̄; k ea  
 eri=kadk Ni kbz l seDr fey tkrh ḡftl ds  
 pyrsdkxt] enz k̄ i f(jogu) Hk. Mkj. k̄ forj .k  
 ; gkard fd cM̄ ykxr dh Hkh cpr gksh ḡ  
 l kfk gh erx.kuk Hkh rsth l s gksh ḡ tgka  
 erx.kuk djuse30 l s 40 ?k. Vsyxrsrgkao gka  
 b̄bh, e ds ek; e l s erx.kuk ek= nk&rhu  
 ?k. Vs eagh l Ekk ḡ reke Qk; nkadckotm  
 bl ckr dksutj v̄nkt ughafd; k tk l drk  
 fd ; g rduhd gj fygkt+l s nq Lr ḡ, d k  
 Hkh ugha ḡfd v̄k jki , drj Qk ḡ ykyd".k  
 vMok. kh l sydj l ce. ; e Lokeh rd bl i j  
 l ng trk p̄pls ḡ QdZ; g ḡfd ml l e;  
 mudk ny p̄uko gljk Fkk vkt ek; kohb bl h  
 epke i j ḡakuk gkjasokyausgh b̄bh, e i j  
 l oky [kM̄fd; sḡfij bl sḡYds eauhafy; k  
 tk l drk̄ ek; kohb us i zkkueah eksh vks  
 Hkk t i v/; {k vfer 'kkg dks p̄uk̄h nh ḡfd  
 ; fn mueafgter ḡsrks p̄uko jnn dj fQj l s  
 p̄uko djk; A ; g Hkh dgk ḡfd p̄uko cys/ i ſ j i j djok; A bruk gh ugha ek; kohb us  
 p̄uko v̄k; kx dks Hkh i = fy [kk ḡfd b̄bh, e i j  
 ykdr̄=dk Hkj d k ughaḡ ns k dh 'k̄kvnkyr us  
 , d sgh funšk fuokb̄ v̄k; kx dks i gysHkh fn; k  
 Fkk i j Bl̄ dk; bkḡ fd l i skus rd ḡp̄crk  
 i kuk ef'dy ḡ  
 lk̄p̄ jkT; ka ea gq fo/kkul Hkk p̄uko ea  
 gk̄ & thr dh p̄pk̄ ds ckn vc b̄bh, e i j  
 i f̄ppk̄fNM+x; h ḡ ftl rtz i j Hkk t i k us  
 muk̄ i nsk vks muk̄j [k. M eaok̄/ka dskj kckj  
 eavlooy jgh ḡsvk̄ ftl rjg foi {k /kjk'kkh  
 ḡ ḡml sn̄fksrḡ mudk v̄k jki yxkuk dkbz  
 ḡr dh ckr ughaḡ i j ; g ek= xMeM̄ ds  
 pyrs gh thr ḡp̄l ḡ, d k l kpuk̄ l gh ugha  
 ḡok̄A ek; kohb ds l j ea dbz fojk̄ l er  
 muk̄j [k. M ds gjh'k jkor , der jk; j [k jgs  
 ḡ v̄l y l Ppkbz; g ḡfd; s l Hkh ykdr̄= ds  
 gkf'k; s i j bu fnuka Q̄ds tk p̄pls ḡ ckotm  
 bl dsftl l oky dksek; kohb us [kM̄ fd; k ḡ  
 ml dk l ek/kku [kkst k gh tkuk plfg, A  
 dstj hoky Hkh fnYyh ea gksus okys LFkkh;  
 fudk; ds p̄uko ea b̄bh, e dks yd̄j v̄l rksk̄  
 trk jgs ḡ fQygky ḡYds v̄nkt ea mbk  
 b̄bh, e foole vc ny i dM+jgk ḡ ; gka, d  
 ?Vuk dk ftØ djuk Bl̄ ḡok̄ fd ch, el h ds  
 p̄uko ea b̄bh, e i j , d funyly; i R; k'kh  
 Jhdck̄ f'kj l r usrc l oky mbk; k tc ml ds  
 fn; s x; s ok̄ dk i rk gh ugha pyk̄A ml dk  
 dguk Fkk fd i f(jok̄ ds l nL; ka us ok̄ fn; k  
 vks ml dk ok̄ ogka i j 'k̄; fn [kk; k x; ka  
 ; fn bl ckr ea l Ppkbz ḡsrksbbh, e eaxMeM̄  
 l e>h tk l drh ḡ; fn bl i dkj dh xMeM̄  
 l sb̄bh, e i j s ughaḡsrksns̄k eabruscM̄p̄uko ea  
 dghatkh bl i j l oky u mb; g l Ekk ughaḡ  
 bl l s cpus dk , d gh jkLrk ḡ fd bl dh  
 rduhd dh i M̄ky gks vks okLrfLFkfr dks  
 turk ds l efk̄ j [kk tk; rkfd b̄bh, e i j  
 Mxexkrs fo'okl dks fQj l s ykdr̄=d  
 cuk; k tk l da bl ckr dh fp̄l rk fd; scxj  
 fd; s l oky fd l usmBk; sḡcfyld bl ckr dh  
 fp̄rk dj dsfd l oky fdrusolftc ḡ

tksf l fQj sḡrsḡsogh bfrgk l fy [krs ḡl e>nkj yk̄ rksf l Q̄mudsckj sei <fsq̄

I eLr i n'skokfl · kadks

## ਬੈਣਾਖੀ dh

gkfnb

'klikdkeuk, a



[ktku nkI

fo/kk; d] jkt i g jkM



I eLr i n'skokfl · kadks

## ਬੈਣਾਖੀ dh

gkfnb

'klikdkeuk, a



I at ; dekj

, Mokdy



ehku eagkj k gvk bI ku fQj I sthr I drk gsyfdu eu I sgkj k gvk bI ku dHkh ughathr I drk

I eLr i n'skokfl · kadks

## ਬੈਣਾਖੀ dh

gkfnb

'klikdkeuk, a



I jnkj thou fl g

i wZi k"kh , oa  
ofj"B usk Hkk t i k



vki dh

vkokt

ਯदਿ ਆਪ ਅਪਨੀ ਘਰਬਾਟੇ, ਲੇਖਕ, ਵਿਕਾਰਾਂ ਵ ਗੋਪਨੀਯ ਸ੍ਰੂਚਨਾਉਂ ਫੁਮਾਰੀ ਪਤਰਿਕਾ ਮੌਜੂਦਾ ਹੋ ਜਾਂਦੀ ਹੈ ਤਾਂ ਤੇਜ਼ੀ ਵਿੱਚ ਆਪਕੀ ਜਾਨ ਨੂੰ ਬਾਹਰ ਨਾ ਹੋ ਜਾਂਦੀ ਹੈ।

ਸਮਾਂਪਾਦਕ

ਤੰਡੀ ਵਿਟਨੇਜ਼

ਗਰਮੀ ਕਾਲੋਨੀ, ਬਾਹਮਣਗਲਾ

ਨਿਵੰਧਨਪੁਲ, ਫੇਹੜਾਂਦੂਨ

ਜਾਲਿਆਲਾ



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ਈ-ਮੈਲ: timewitness2015@gmail.com, afrojkhan78600@gmail.com

# ਤਾਮੀਦੇ ਨਹੀਂ ਇਸ ਸਰਕਾਰ ਦੇ ਜਨਤਾ ਊਬੀ ਅਥਵਾ ਝੂਠੀ ਬਕਵਾਸ ਦੇ

n[uk fnypLi  
gkxk fd D; k fodkl  
dk i fg; k ?kerk g[  
jkT; e[



nh i d 'kkg  
mi I Eiknd

j kor ; n[gh fnYyh  
nj ckj nLrd nrs  
j gxs; k j kT; ds  
fodkl i j Hkh /; ku  
nxs i gkMks i j vxj  
ge utj Mkyrsrks  
i gkM+dh efgyk, s  
i l o i hMk eal e; I s  
bykt u fey i kusds  
dkj . k ek[ dk  
f' kdkj gksj gh g[

ngjknwA n[uk fnypLi vc ; g gksk  
fd ip.M cg[er ea vk; h Hkktik l jdkj  
mkrjk[k.M jkt; dksfdI rjg dh [kjkwl s  
egdk, xh v[fn[kk; xh] vi usp[ko fu'ku  
dey dh rtzij ; g l jdkj dke djxh ; k  
no Hkje dks dey dk fupyk fgLk ; kfu  
tgi dey f[kyrk g[ ml rtzij j [kxh  
cd d izkkue=h ujBnzeknh nsk fgr ea, d  
l sc<ej , d , frglfl d dne D; kau mBk  
jgsgk i j n[uk rks ; g gksk fd fQygky  
mkrjk[k.M eaftI i jdkj dey f[kyk o  
eknh uked l ukh eavPN&vPNs/kjUkj cg  
x; so i kj yx x; seknh th dsuke dsI gkj s  
; g thrus okys /kjUkj fdu&fdु fodkl  
dk; kdksvyehtkek i gukrsg[

ckr djsxjI sk dh rksbu i e[ k jktulfr  
nyks us I n[ gh xjI Sk dks LFk; h jkt/kuh  
cukus dh ckr dgh g[ ekus ; g l jdkj rks  
xjI Sk eaI = dscgkus, l k yxrk g[fd og  
i gkM[es eek= fi fdud eukus tkrsg[ xjI Sk  
jkT; v[lnky dkfj; k dk jkt/kuh cuus ij  
i gyk l i uk FkA

ij bl I Rrk /kjh; kausfl QZbl uke dk  
Hknnk etkd cuk; k g[ turk dh ekx o jkT;  
dk fodkl rksvlf[kj dgk g[fdokl i gkM+dh  
gh , d efgyk v[lnkyudkjh us, d ckj vi uh  
i h[kt gel sl ykrsg[ sdgk fd ; n[urkvks i gkM+  
fodkl d; p ; k foul'k dj; p rks ml  
I e; gesth yxk fd vlf[kj D; k g[si gkM+dk  
nnA jkt; ea rks nks ; k rhu l ky ckn  
e[; ea[h cnyusdk t[ sOsks gh cu x; k  
gh] 2 l ky ckn fQj u; k e[; ea[h fQj  
ea[hM.y dk Qjcnj vi usfo/kk; dks dks  
[kjk j [kusdh dks'k'k fl QZjkT; ea[5 l ky  
, u Mh frokjh l h, e jgs bl in ds fy,  
fl j Q[eyoy jgh urktu , d v[tk l ky ckn  
n[ jspgj s dksf'k'k[urRo }jkj e[; ea[h in  
nuk i <kA or[eku ea[n[kk tk; s rks jkt; ds  
e[; ea[h f[omz jkor ea[he. My ds foLrkj



; k fdI h v[ki ckr ds fy, Hkktik jk"Vh;  
v/; {k vfer 'kkg o i h, e eknh dsnjokts  
nLrd nrs g[ bl dk vFkZ rks Li "V g[fd  
I h, e jkor eknh th funkkukl kj py jgs  
; k rks bl dk n[ jk vFkZ ; g fudyrk g[fd  
jkor eknh th fi z f'k'; ; k rksLoa fu.k[  
yusdh {kerk ugh j [krA

vlf[kj tks Hkh gks ges n[uk ; g g[fd  
jkor ; n[gh fnYyh njckj nLrd nrsjgxs; k  
jkT; dsfodkl i j Hkh /; ku n[ka i gkMks i j  
vxj ge utj Mkyrsrks i gkM+dh efgyk,  
a i l o i hMk eal e; I sbykt u fey i kusds  
dkj . k ek[ dk f'kdkj gksj gh g[ i gkM[es  
vki us ck?k[ xgynkj dk vkrad rks l uk gh  
gkxkj i j fQj Hkh gekjs ukSurky i <us  
db&dbZfdyks hVj njy tkrsg[ xjhch ds  
pyrsi gkM+dh efgyk, sydM[fcurs tayh  
gkfFk; k }jkj ek[ ds?kkV mrkj nh tkrh g[  
i j l g[kk ds dksbZ b[rtkj ugh vxj dksbZ  
0; fDr tayh tkuoj dk f'kdkj gks tkr  
g[rssek= fdI h v[kckj ds dksu e[ t xg  
t: j fey tkrh g[ ydM[fcuuus x; h  
0; fDr dksgkFk usekj Mkyk n[ jsfnu I c  
Hkky tkrsg[

vi usl i ukdksfUnkj f[ k, Avxj vki dsl i ukdhsfakj hcP xbZgSrkbl dkeryc; g[fd vki ushrstv[kRegR; kdj yhg[

# बैचलर्स ऑफ फार्मेसी में करियर



MKW ruohj

cpyl ZvklQkeI hftI dksl f{kIr eI ch-QkeIzHkh dgrsqfI ch-QkeIzpkj o"KZdk vMj xstV dkZ ZgI ; sdks Zijk djusds ckn vki dks cpyl ZvklQkeI h\* dhfMxb ckIr gkxhA bI fMxb dsfeyusdsckn vki Hkh r eI QkeI LV dh cfDVI Hkh dj I drsgS ; k fQj fonS k Hkh tk I drsgI I kbI LV dsNk= pkgsoksefkefVDI I sgks ; k fQj ck; kykIth I s 12oha d{kk mukh. kz dj usdsckn ch-QkeIzdsfy, ; kK; gkrsqfI oS s l keU; r% ck; ykIth okys Nk= QkeI h ykbu eatkuk T; knk i l n dj rsgfI vkb; s

vc eSvki dks ch-QkeIz ds ckj s eS cfl d tkudkjh] dkI Z dh tkudkjh] ; kK; rk eki nM] , Mfe' ku dh tkudkjh] i h-th-dkI Zvks tKbI dsckj sefoLrkj I scrkrsgfI cpyl ZvklQkeI hI f{kIr i fjp; , d QkeI LV dh dk eq[ ; dk; Zj kfxf; ka dsfy, nok; smi yC/k djuk gkxhA bI s i rk pyrk gS fd ch-QkeIz eI vki dks ck; kykIth] QkeIz; fVdy j I k; u ' kK L=] ck; kdfeLVh] fQft; kykIth vlfn dh i <kbz dj uh i Mrh gI bI dkI Zdksdj usdsckn fo | kfFlz ka dks QkeIz; fVdy bMfLVa eI

ftnxhearfI ' k fdruh Hkh gksdHkh grk' ker gkuk D; kfd /ki fdruh Hkh rst gkst enj dHkh I [kk ughadjr]

vyx vyx çdkj dsdke dj usdsfy, r\$ kj jguk i Mfk g\$ o\$ s Hkkj r e\$ Qke\$ LV dk jk y cgr i hfer gkrk gs y\$du fon\$ k dk budk i fj - ; fcycl vyx g\$fon\$ ke\$Qke\$ LV dk jk y cgr vge gkrk gs v\$ m\$ dks I Eeku Hkh dkQhv\$ / dk feyrkg\$

dk\$ ZMv\$

cþy\$ l v\$ Qke\$ h , d v\$ Vj xstq V fMxh dk\$ Zg\$tkspkj l ky dk gkrk g\$ ch-Qke\$ dh pkj o" k\$dh i <kbz dks8 I e\$Vj eack\$ k tkrk g\$vk\$ gj l e\$Vj N% eghus dk gkrk g\$ gj l e\$Vj eafo | Fk\$ dh dks, d F; kj fVdy , Dl Vu\$y , Xtkfeu\$ ku n\$uk t# j higkrk g\$ft l sesu , Xtke dgrsg\$ d\$N l e\$Vj ea\$; kogkfj d i j h k Hkh gkrsg\$ft l es gk\$li Vy Qke\$ h] Dyhu\$dy Qke\$ h v\$ dE; u\$hfV Qke\$ h t\$ fo"k; ' lkfey gkrsg\$

Qke\$ hdsfy, ; lk\$ rk

I kbd I kbM dk dk\$ZHkh Nk= ft l us i h h, e ; k i h hch l s 12oh ckMz dh i j h{k fdl h ekU; rk ck\$lr l Lfku l s i kl dh gksbl dk\$ Zdksdj usdsfy, ; lk\$; gkrk g\$ dbZdk\$ v\$ rksf l Qzi h hch okysNk=kadksg\$ lkFk fedrknrs g\$ , Mfe' ku cfØ; lk\$

Qke\$ h ea nkf [ kyk yus ds fy, fo | Fk\$ dh dks l h h, e ; k i h hch eade l s de 50 çfr' kr vdkscsl Fk mrh. lk\$lkuk vko'; d g\$ dbz l Lfku l ea ejf V ds v\$ lk\$ ij nkf [ kyk gkrk g\$ft l es ckMz , Xtke ea\$feysvdksdsvk/lkj i j ejf V fyLVr\$ kj gkrh g\$bl ds\$ylok abM\$EM ; fuofl lk\$ v\$ ekU; rk ck\$lr ckbo\$ l Lfku l ea; lk\$; Nk=kadks, UV\$ V\$V ea feysvdksdsvk/lkj i j l V\$feyrhg\$

ch-Qke\$dk dk\$ Zd\$V\$

o\$ s rks l kekU; r% l Hkh dk\$ v\$ ea ; fuofl lk\$ ds\$Vk/lkj i j i kB; Øe vyx vyx gkrk g\$y\$du fQj Hkh l Hkh dk\$ v\$ ea fo"k; , d t\$ s gks g\$ tks l e\$Vj cnyus i j cnyrsj grs g\$ ch-Qke\$ ds çFke o" k\$ e\$ ekuo , ukV\$ lk\$]

fQft ; ky lk\$ h fMLi s l x v\$ tuj y Qke\$ h v\$ Qke\$L; fVdy dseLVh ¼v\$lk\$ud] buv\$lk\$ud v\$ fo"k; gkrsg\$ nd j so"kze\$Hed th g\$Vfk , t p\$ s ku] fDyfudy dseLVh] ck; ksdfseLVh] Qke\$L; fVdy , ukfyfl l ] , MokdM v\$kx\$ud dseLVh] Qke\$L; fVdy] ek\$lyD; yj ck; ky lk\$ h e\$ke\$VDI gkrsg\$

rhl js o"k\$ ea v\$ks kfxd çca\$ku] d\$; lk\$ , lyhd\$ ku] Qke\$dky lk\$ 1 v\$ ck—frd mri knksdjs l k; u foKku fo"k; gkrsg\$ pk\$ksv\$ v\$re o"kze\$Qke\$ h v\$H; kl ] Qke\$L; fVdy fo' y's k. k ¼, Mokd ¼ Qke\$L; fVdy ¼, Mokd ¼ v\$ Qke\$dky lk\$ 2 fo"k; gkrsg\$ pk\$kso"kze\$ vki dks , d gk\$DV odz Hkh l cfeV dj okuk gkrk g\$tksvyx&vyx dk\$ v\$st ea v\$y&vyx gkrk g\$

Mh Qke\$Qke\$ u

Mh Qke\$ft l s'fMlykek bu Qke\$ h\* Hkh dgrsg\$ns l ky dk fMlykek dk\$ z gkrk g\$ v\$ xj vki dks Qke\$ h ds {k\$ e\$ gh tkuk g\$vk\$ vki ds i kl l e; dh deh gks; kFQj v\$lk\$dk\$ fLFkfr Bhd uk gks rks Mh-Qke\$ lk\$ vki ds fy, cgrj fodYi g\$ Hkkj r ea Qke\$ h LV cuusds fy, ; g\$U; ure ; lk\$; rk gkrh g\$ sch-Qke\$ dh o\$y; wT; knk gkrh g\$y\$du v\$ xj dk\$Mh-Qke\$ dj usdsckn Hkh ch-Qke\$ dj uk pkgsrls; sl EHko gksl drk g\$ bl dsfy, vki dksch-Qke\$ea h/k\$ nd j s l ky ea\$ços k fey tkrk g\$ft l s y\$ j y, lk\$ dgrsg\$

Qke\$ hdsckn ds l k\$V xstq V dk\$ Z

^cþy\$ v\$Q Qke\$ h\* i j h dj usds ckn dbZ Nk= i k\$V x\$; lk\$ v\$ dj us dh bPNk j [ krsg\$bl fy, e\$klVj fMxh i k\$ dsfy, mu Nk=kadks , d dne v\$ks c<k\$ dj , e-Qke\$ dj uk i Mfk g\$, e-Qke\$ft l sekLVj v\$ Qke\$ h dgrsg\$ ns l ky dk i k\$V xstq V dk\$ Zg\$ i k\$V xstq V dk\$ Zd\$ j usdsckn xstq V fd l h fo' k\$ k QhYM eafo' k\$ k cu l d\$rs g\$ bl dsckn oksvk\$ T; knk , Mokd dk\$ Z

t\$ si h, pMh v\$ [ lk\$ tchu ds {k\$ e\$Hkh tk l drsg\$ ekLVj v\$ Qke\$ h dj us ds ckn y\$Dpj kj ds : i e\$Hkh vi uk dfj ; j cuk l drsg\$ dbZ Nk= , ech, dj d\$bl {k\$ e\$}; ol k; dj usd\$ pk\$ Hkh j [ krsg\$

Qke\$ h ds ckn dfj ; j dh l EHkkouk; lk\$

ch-Qke\$ ds ckn l j dk\$ h v\$ xj l j dk\$ h l Lfku l ea t\$ dh vi kj l EHkkouk; sgkrh g\$cl vki ea v\$y v\$ gkrk pk\$fg, A o\$ s l cl s l kekU; r% t\$ Qke\$ h LV d\$gkrh g\$dk\$ Zij k dj usds ckn v\$ yk\$ l feyusdsckn xstq V l j dk\$ h v\$li rky lk\$ ckbo\$ v\$li rky lk\$ v\$ ckbo\$ esMdy fDyfud ea Qke\$ h LV dsrk\$ i j dke dj l drsg\$ vxj dk\$Z xstq V v\$lfFk\$ : i l sl Ei u gksrksoks [ k\$p dh esMdy ' k\$W Hkh [ lk\$ y l drsg\$

bu l c ds\$ylok xstq V Nk=kadksdbZ nok d\$fu; ka Hkh Hkrh dj rh g\$ nok d\$fu; ka ea xstq V dbZ foHkkka t\$ s esuQDpfj a] i b\$ft a] xq koÜkkfu; a. k] ek\$lyVx v\$kn eadke dj l drk g\$ gj jKT; ea xstq V ds fy, dbZ t\$ lk\$ Hkh fudyrh j grh g\$ l j dk\$ h l Lfku l ea v\$ks k/fk fuj h{k\$] i kmMj v\$ v\$ v\$ lk\$ , l esuQDpfj a] bdkb; ka v\$ lk\$ jKT; LokfeRo okyh V\$y v\$ t\$ h dbZ t\$ lk\$ ckobkMj g\$

b1 l s ; s fu "d" lk\$ fudyrk g\$ fd Qke\$ h dj us ds ckn xstq V Nk= Qke\$ h LV] esMdy j hçst \$V\$ho] o\$kk\$ud ¼v\$u\$ lk\$ {k\$ ¼} f k{k\$ lk\$ t\$ fu; j y\$Dpj kj ¼ xq koÜkk fu; a. k] vf/kdkj h] Dyfudy j h p\$ckQ\$ kuy] Mx b1 l DVj] ek\$lyVx ckQ\$ kuy t\$ h t\$ lk\$ rks v\$lk\$ kuh l s dj l drk g\$ v\$ mudksvLi rky v\$ fDyfud ¼ l j dk\$ h v\$ lk\$ futh lk\$ esMdy ' k\$W psu ¼ t\$ s vi kyks Qke\$ h lk\$ jKT; okj MXI v\$ lk\$ Qke\$ h; fVdy ckMz v\$ lk\$ dbZ tku h ekuh nok d\$Ei fu; kat\$ s l i yk\$ th, l d\$ l u Qke\$ v\$fn e\$ lk\$ fey l drh g\$

I k\$p ; suk j [ k\$dh e\$sj k\$lrk v\$PNk fey] cfYd ; sgkrk pk\$fg, fd es\$gkai ko j [ krsg\$ lk\$lrk v\$PNk gk\$tk, A



# होटल मैनेजमेंट में करियर

**fpj kx fl ॥ky  
fi t i y**

Jh j ke bLViV; w gk/y efsutev  
ngj kniuA

Hkj r egl/y  
bMLV esfodkl dk  
vnktk bl ckr l shkh  
yxk l drsgfd , f' k; k  
c' kkr egl/y bMLV es  
fodkl dsekeysephu  
dsckn Hkj r nli j s  
LFku i j gk

gk/y efsutev vki ds/fj x dsQhYM ea  
dlj ; j dk l ugj k vol j fey l drk gk  
gk/y efsutev nfu; k ds l cl s cm  
j kst xkj kaeal s, d gk/y efsutev dk  
dkl Zdj usdsckn bl eauk dk vPNk  
vol j gk/dk Zdj usdsckn vki dksfd l h  
Hkh gk/y efsutej , oadk; Zdkj h ds: i ea  
; kQj Mld] l fo] j l kb] ds/fj x] ckj  
, oagkli VsfyVh ds: i eadk; Zdj l dr  
gk/ckophz; k [ kku i ku %ds/fj x% ykdfç;  
dkl klesal s, d gk/bi dk Zdk [ kRe dju  
ds ckn fo | kFkh fd l h Hkh gk/y] Øitj  
tgkt vkn eadk; Zdj usdsfy, fu; p  
fd, tk l drsg, oaoobl h {k e a [ kpn dk  
m | kx Hkh ' kq dj l drsg  
bl l sgk/y bMLV eayk [ kkykxckadks

ukdfj ; kafey j gh gk/Hkj r egl/y bMLV  
esfodkl dk vnktk bl ckr l shkh yxk  
l drsgfd , f' k; k c' kkr egl/y bMLV es  
fodkl dsekeysephu dsckn Hkj r nli j s  
LFku i j gk bl fy, gk/y bMLV es  
l Hkkoukvka dks ns[ krs gq ; fn vki gk/y  
efsutev l s l ckr dkl Zdj yrs gk rks  
Hkfo"; eavki dks ukdfj h , oaj kst xkj dh  
dehuqfj gkxhA

gk/y efsutev esdkl z  
cphy l ZkD vVl bu gk/y efsutev/  
cphy l ZkD l kb] bu gk/y efsutev/  
ch, %gk] %bu gk/y efsutev/ , ech, bu  
gk/y efsutev/ fMlykek bu gk/y  
efsutev/ i kL V xstq V fMlykek bu gk/y  
efsutev/ i fVIQdV dkl Z bu gk/y

[ kq kh dsfy, dk e dj kxsriks [ kq kh ughafeyxh] exj [ kq k gkdj dk e dj kxsriks [ kq kh t: j feyxh]



eſſtev̄

ḡy eſſtev̄ dk; Dəkəd h̄ l e;  
vof/k

ḡy eſſtev̄ eadk̄ zdh vof/k  
dk̄yst v̄k̄ fMxh dsepkfcd ḡsk̄ ḡ  
vxj Nk= Lukrd fMxh eaços k̄ ysk̄  
pkgrkḡsrksdk̄ zdh vof/k 3 l s4 o"zdh  
ḡsk̄ekLVj fMxh dsfy, ; g vof/k 18  
l s24 ekg dh ḡsk̄ l fVQds ku , oa  
fMlykekdk̄ zdsfy, vof/k 6 l s18 ekg  
rd ḡsk̄hḡ

; k̄; rk̄%

fMlykekdk̄ %bl eaNk̄ fd l h Hkh  
ekU; rk̄çk̄lr ckMzI s40 çfr' kr v̄dksds  
l kf 10ohai kl ḡsk̄pkfg, A

Lukrd fMxh% bl eaNk̄ fd l h Hkh  
ekU; rk̄çk̄lr ckMzI s50 çfr' kr v̄dksds  
l kf 12ohai kl ḡsk̄pkfg, A

ekLVj fMxh% bl fMxh dsfy,  
fd l h Hkh Nk̄ dks ekU; rk̄çk̄lr  
fo' ofo|ky; l sde l sde 45 çfr' kr

v̄dksds l kf Lukrd ḡk̄

I fVQds v̄dk̄ %vxj dk̄bz Nk̄  
fd l h ḡy ea ḡy eſſtev̄ ea  
I fVQds v̄ck̄lr dj uk pkgrkḡsrksml  
Nk̄ dksde l sde ; k̄; eki nm ijk̄  
dj uk ḡsk̄ka yfdu vki vxj  
xstq̄'ku ds ckn ḡy 0; ol k; ea  
dfj ; j ryk̄ k j ḡsk̄rksbl dsfy, Hkh  
vc j kLrs [ky x; k ḡ vc Nk̄  
, e, l l h bu ḡy eſſtev̄ , oai hth  
fMlykek bu ḡy eſſtev̄ dh fMxh  
gkfl y dj l drsḡT; knrj l kfku  
vki bM; k, Mfe' ku VLV, o bavj 0; w  
dsvk̄lk̄ i j Nk̄=k̄dk̄ p; u dj rsḡ  
bl ea Nk̄ dh l kekU; Kku]  
c̄p {kerk} l kekU; foKku , oavxsh  
dh {kerk dkst kpk̄ tkrkḡ

vki dksvoxr dj k nsfd bl i s ks  
ea#fp j [kusokysNk̄=k̄dsfy, l cl s  
t: j h rks; g ḡfd mudk 0; fäRo  
vkd"kl̄d ḡsk̄ds l kf gh dE; fuds ku

fLdy Hkh cf< t k ḡk̄ fd l h Hkh ekeys  
ij rk̄fd l rj hds l s l kpusdh {kerk  
, oac' k̄l fud n {krkHkj ij ḡk̄bl ds  
vykok] LoLFk , oaf d l h Hkh l e;  
dk; l dj us ds fy, rRij ḡks oky k  
ḡsk̄ pkfg, A v̄kRe&fo' okl v̄k̄ gj  
dke dh ckj hfd; ka dks l e>us dh  
{kerk ḡk̄

dfj ; j fodYi

ḡy bMLVh ea vki ds fy, dbz  
fodYi ḡ pkgs rks Nk̄ eſſtev̄]  
ekdVax v̄kfn eadfj ; j cukl drsḡ  
eſſtev̄ eadf l h Hkh cMs ḡy dks  
l gh rj hds l s pykus dh ftEenkjh  
eſſtev̄ ij gh ḡsk̄ḡ l kf gh osb l  
ckr dk /; ku j [krsḡfd d ḡ sk̄y  
dk bude c<k; k tk; l vyx&vyx  
foHkkxka ds l gk; d çcakd vi us  
foHkkxka dsake ij fuxj kuhj [krsḡ  
cMs ḡy k̄ earksj ftM eſſtj Hkh  
ḡsk̄sḡ

I Qyrk ges k̄ vPNsfopkj k̄l svkrh ḡv k̄ vPNsfopkj vPNsyksk̄ds l Ei dZl svkrsḡ

# mEehnksod s gkj s-

mRrjk[k. Mj kT; LFkki uk dsdkQh I e; chr pdkgsturk dhvkhkk' kksdsvuq i dk; Zughgksj gs gsyksksdksdkeukFkhfd mRrjk[k. M&I Wnj , o l q xfBrjkT; cusbI hvHkhyk"kdsl kFk--



i dkk pUnz mfu; ky  
, e., - 1/1Vfkl x<oky  
92@97@8704  
I ekftd y[kd  
vkdk'k nhi dkk yksuh  
oSyQs j I kd k; Vh] nqjknw

nksrsgnksrsgjT; esof/kor pukko  
gsvkj ubzl jdkj dk xBu gksx; k gA  
ek0 Jh =hoUnz jkor th u; sef; eah ds  
: i eik; a gA ifr"Bkoku 0; fDr ekus  
tkrs gA tpk; ] dezf fu"Bl I knkoknh gA  
fodkl oknh ekus tkrs gA mRrjk[k. M dh  
turk mudks ; k iq "k ekurh gsvkj  
nksuk pkgrh gA turk ah mul s cMh  
mtehnsg bPNK, gA mUgsi wkl: i gksrsgq  
nksuk pkgrh gA turk ef; eah th ds  
dj deyksl sl ekL; kvkdk fujkdj.k, o  
I ekkuu pkgrh gA I eL; kvka I s f?kjk  
mRrjk[k. M&

1 i yk; u uhfr% mRrjk[k. M dh  
turk ef; eah I s mRrjk[k. M ea gks  
okys i yk; u ds fo"; e I exz uhfr  
pkgrh gft I I sLFkfu; ; pkvkdk jkT;  
I sckgj tkus I s jkdk tk I d; gh i j  
ey&Hk "I eL; k; a tyluk gekjk i Eke  
mn"; gkuk pkfg, A

2 jkst xkj% mRrjk[k. M ea; pkvksds  
fy, jkst xkj uhfr r\$ kj djuk y?kq I s  
ogr i skus i j ; pkl dks ykhk ysk bl ds  
fy, ; gh uhfr cuuh pkfg, A I galjh; k  
i kbbv {k= eajkst xkj i kuk} ; gka; pkvks  
dh i Fkfedrk gkuh pkfg, A

3 HkVpkj fu; &. %& HkVpkj, , k  
vijk/k gft I dspyrsjkT; dk fodkl  
: d tkrk gA; gka i j cMh I s ysdj Nks/s  
HkVpkj ds mnkgj.k jkst v[kckjks ea  
i <usaksfeyrsg HkVpkj fu; & dkuu  
dksdBkj rk I sykxwdjuk rFkk HkV yksks  
dks n.Mhr djokuk I jdkj dh  
i Fkfedrk gkuh pkfg, A

4 n/k uhfr & gekjh g tkjksuhfr; k gA  
ft I ean/k uhfr gA mRrjk[k. M ean/k  
uhfr D; k gkxh bl dks I jdkj dks r;  
djuk gA n/k 0; ol k; I stMsyksks dks  
dS s i k kfr djuk gA mudks I j{kk  
dS snsh gA bl easMh oherk, o food

Wjle foVud \* (15 viy % 2017)

I sl jdkj dksr; djuh gA

5 f'k{k ufr&mRjk[k.M, d'k{krjkT; gS; gka i j f'k{k dh fufr fu/kT. k dju s e[; ea-h th dks vge Hkfedk fuHkuh gksxhA i kbzjh f'k{k dk D; k Lo: i gksxh ek/; fed f'k{k, o mPp rdfudh f'k{k dsD; k Lo: i gksxh bl s ek0 e[; ea-h th dks fn'k{k funku ij gksxhA i exz f'k{k jkst xkj] eny f'k{k dks i kRl kgu fn[k tuk plfg, A

6- d'k, o m/kks& gekjsmRjk[k.M ea df'k dh D; k fLFkfr gS bl dk fodkl fal i dkj l sgksxh bI esdrusyksxksdks jkst xkj rFkk ml l sfdrus yksxks dks Qy l Cth, oa[kk klu dk ykH fey l drk gA, l k yxrk gSmRjk[k.M dsi kl l k/kuka dh dkQh deh gS fdUrq, l k i; kbj. k gS fd; gka i j gj ek/ e agj Ql y r\$ k j dh tk l drh gA; gka rjg&rjg dh tyok; qfo l eku gS; fn i z Ru fd; stk, rks bl l s dkQh vk; rFkk dkQh ek=k ea cjkst xkj dh l ek/kku dh tk l drh gA mRjk[k.M ea t gk&t gka s kyh yks df'k dj rsgs mudk rjhdk mRjk[k.M dsysxks l scgRrjh, o ykH ekuk tkrk gA D; kau ge Hkh mRru, oa 0; ol kf; d d'k dh rjQ vksdfkr gka

7- 'k yu'; o fodkl & t; % nFkk tkrk gS fd mRjk[k.M ea i kjeifjd i 'k yks dks gh i kyk tkrk gS; fn ge 0; ol kf; d i 'k jkyu djsrksvPNk ykH dek l drsgA Mjh m lks dks c<ek nsuk Hkh+vks cdfj; k dks i kyuk]; krk; kr dks fy, , o i; l u dsfy, Nks [kPjks dk rFkk l exz pljxkgks dks mi yC; djuk e[; ea-h dk dr]; gksxhA mPp uly ds i 'k [kjhnus dsfy, ykH rFkk Nw l fo/kk mi yC/k gksxh plfg, A i 'k yks dks nsuk dks fy, l jdkj l fo/kk mi yC/k gksxh plfg, A

8- 'k jh fodkl & e[; ea-h th dsfy, 'k jh fodkl Hkh, d cmh pukh gA mRjk[k.M ea xksdks l si yk; u djsyks 'k jks ea vk jgs gA uxjks dks tu l Fkk l hek ykH jgh gSuxjks e[ ty] f'kfoj; krk; kr fo l Hkh oLr yks dks mi yC/k djkus dsfy, l jdkj dks dkQh el Ddr djuh i Mfh gA uxjks e[ c<rh Hkh+vks Vh i kZ, d tVY l eL; k cu xbZ gA bl dk fujkdj. k cmh c) herk, o

I ko/kku l sfid; k tkrk gA

9- fo l fodkl, o funku& fnu i frfnu uxjksxksdks fo l ek/ c<rh tk jgh gS bl ds vL/fjud mi dj. k k e'kukj l ul k/kuksdhs vko'; drk gkrh gftl l s mRiknu rFkk i rhzfu; e fofkor gks l ds bl ds fy, fofRr; l gk; rk dh i cy vko'; drk gkrh gftl dsfy, e[; ea-h dh egRo i wkhedk gkrh gA

10- mRjk[k.M dk l exz fodkl & mRjk[k.M l jdkj usnse. Myksdks xBu fd; k x<eky, o dekA nkuls ds fy, fodkl dh: i j[kk Hkh+vks yd fLFkfr ea vuq i ; krk; kr] gk/y] i; l u vlfns vud fo/k; k dksns[kk rFkk fodfl r fd; k tkrk gA bl dsfy, foRr; l gk; rk dh t; jgk gA

11- mRjk[k.M dh l kuu ufr& mRjk[k.M dh l kuu ufr cmh gh foofnr jgh gA ik; % n[kk x; k gS fd ufn; kseapkjh Nhi syxrkj l kuu gkrk gh jgk gA l jdkj dsysf[k ifrcdk, o fojk k dskn bl sjkd ugh i kbz bl fy, gekjk e[; ea-h th l svujks gSfd mRjk[k.M dh l kuu ufr fu/kT. k dja jkT; vk; Jkr Hkh cusrFkk pljH Hkh jkdh tk l dA vks turk dks l yj rjhdsl s l kuu i nkFk

mi yC/k gksl dA

12- Qy m/kku fodkl, o funku& i; kbj. k dk /kuh mRjk[k.M gj fdLe ds Qy, o l fct; k dks mxkus dh {kerk j[krkJ gA; gka i j gj fdLe dh ty ok; q feyrh gA; fn Qy vLj l fct; k dk 0; ki khdj. k dja vLj mRiknu djs rks i k jkfdj d df'k l s dkQh vPNh vk; Jkr dh Hkhedk fuHkuh l drh gA geal cl scMs vQI kd dk fo/k; ; g gSfd xteh. k dks dkBZQy m/kku vf/kdkjh ugh l e>rk dh vki ds [krks ea dsu&l h Qy dh tkfr; k i kh gksl drh gA; nfi Qyksdks mRiknu dkQh ykd fi z gksyxs gS; k l htu i j LFkkfu; Qyksdks cprsgs sxteh. k vDl j fn l kkbZnrs gA tksogkadh i e[ l vL; Jkr Hkh cu l drh gA Qyksdksfodkl ea i gys rhu o"l vo'; i fr[k dkj u Mfh gA fdUrqrRi 'pkr fcuk fpUrk ds vPNk ykH feyrh gS bl dks i kRl kgu nsuk t; jh gA

13- mRjk[k.M ea ouks dk fodkl & mRjk[k.M dskQh {ks= esou Qsysgws gS budh l j[kk dk vge i zu gekjs l keus [kM gkrk gA i fro"l yk[kks: i; sdh {fr l jdkj dksmBkuh i Mfh gA bl l scpusds fy, , d egRo j. kuhfr dh r\$ kjh djuh gksxh] vfk u l s cpus ds fy, utnhdh



vxj fd l h pht dksfny l spgksrksijh dk; ukr ml srp sfeyluseyx tkrh gA



xkeh.k dks fo'okl eej [kuk t: jh gksk rFkk ?kkI rFkk >kMh dh Js kh dh ydMh; ks dksdkVusdh btktr gksk pkfg, ft l s ouksdksI kQ j[k tk l dsrFkk vfxu Hk; l scpk tk l dsbl dsfy, ej; ea=h dk fuji{k.k rFkk fun{k t: jh gA

14- mRrjk[k.M ea{t/hj m | kx% gea v{k'k gh ugh i wkl fo'okl Hkh gA fd mRrjk[k.M ds yks eglykrh , o b{ekunj yks gA vU; i kUrksa tkus dskn mudk 0; ki d 'kksk.k gksk gA; fn mRrjk[k.M ea y?kq, o dt/hj m | kxks dks i kL kfgr fd; k tk; s rks mRrjk[k.M l s i yk; u djus dh vko'drk ugh gksk] bl fo"k; ea tkj fn; k tkuk pkfg, A mRrjk[k.M ea; fn dt/hj m | kxks dk fodkl gksk rks l exz fodkl gkskA yksks dks jkst xkj feyksA vk; i kL gksk rFkk i yk; u t's h Hkh"k.k l eL; kvksdk fujkaj.k gkskA

15- i ; kbj.k ulfr& l Ei wklmRrjk[k.M i ; kbj.k dk /fu gA ou] ty] ok; qLoPN ouksdsvkpy i j yxk, ufn; k gok] ; gk dh euHkou gA l c dN gksdks i 'pkr] uxjksv gA 'gkjksaokguksdk c<ukl c<rh gpoZHk; oj HkhM] okgu] Vukdk vkokxeu l eLr tyok; qdks/oLr djrh gA ft l dkj.k i n{k.k fu; a.k l jdkj ds fy,

pukfth cu xbz gA , l s m | kxks ftul s xUnxh] /koka , o int{k.k ty] vlfn fudyrh gA l jdkj ml i j dBkj fu; a.k j [ksv gft tu&tu rd LoPN ty] LoPN ok; qdk l i uk l kdkj dj l drh gA

16- mRrjk[k.M i ; l u] gk/v yodkl & mRrjk[k.M ea i ; l u dh vi kj l Hkouk, agA; gkadh i oL ekyk, Nkh , o cMh ufn; k xak vlg ; euk vi usvkd"kz k l s i ; l dks dks yHkrh gA o{Q Oy] Qy ol; i {kh ukl fxld vkd"kz k] /kfedL LFkyks dk egRo i ; l dks dks mRrjk[k.M vksusds fy, ckj&ckj i fjr djrk gA ; gkai ; l u ea vlg vlfkfd fodkl dh ; kst ukvka dh t: jr gft l s gktjk ; pkvks dks dk; z fey l dA jkT; ds Jks dh Hkfedk cus gekjk eq; ea=h l s vujks gA fd mRrjk[k.M i ; l u vlg gk/v yodkl dks vf/kdre i kL kgu nsidh di k djA

17- idfrd vksf/k , o tMh owh vuq dku& mRrjk[k.M vf/kdre {ks ouks l sf{kjk gk j gA; gkai j yk[ksfdLe ds i M+ tMh , o cMh; kafeyrh gft l s vuks vksf/k; ka dk fuelz k cMh d{kryk , o egRo i wkl <ax l sfd; k tk l drk gA ges vU; vk; kr dks l eL; k dk fujkaj.k gks l drk gA gesfokHklu nokbz k dk fuelz k

eal g; kx fey l drk gA bu dk; k dks vlxsc<kuk gA vlg jkst xkj eyd cukuk gft l l smPp jktLo i kL gksrFkk ; pkvks dks jkst xkj i kL gA

18- mRrjk[k.M ykd l ok vk; kx dh flFkfr& mRrjk[k.M ea l cl s n{dk dk fo"k; ; g gfd ykd l ok vk; kx dh fufr l cl s n; uh; gA mRrjk[k.M Lfkki uk ds 16 o"kZgkspudsgarc Hkh fl Qznkscp gh i h- l h, l - fudy ik; A dJ s vlg dgk l s jkst xkj i kL gksk bl l XBu dksetcar <kps ea i fjofr dja mPp , o egRo i wkl ulfr fun{ku ykd l ok vk; kx dksfeyA

19- mRrjk[k.M ds ty ulfr& mRrjk[k.M ty Jks-ksdk Hk.Mkj gA gk tkj ks ufn; kdk mno; u ; gkai j gA vNjh cdk tS k ty l xg mRrjk[k.M eafo] eku gA ; gkai j gktjk l s fo | r ; kst uk, j ?kkV ty'k; kdk Hkj i j ykHk mBk; k tk l drkA mRrjk[k.M ea fun{ku ds vikklo ea ; pks dk; z ugh gks i j jgs gA , d h ; kst uk; s cukbz tk; j ft l s ; pkvks dks jkst xkj rFkk l jdkj l sjktLo i kL gA

20- i fjojk dY; k.k dh Hkfedk & nfi ge tkurs gA fd mRrjk[k.M ea i fjojk dY; k.k dh egRo i wkl Hkfedk gA fd l h Hkh jkT; dks vlxcs c<us ds fy, f'k{k , o

fo' o dsl Hkh/ke] Hkysgh vlg phtksevrij j [krsgk yfdul Hkh bl ckr i j , der gfd nfu; keadN ughac l R; thfor j grk gA &egkRek xkLkth

i fjokj dY; k.k dh Hkiedek l cl segRoi wkl gkrh gA ; gka ds ey fuokl h rks vi us l hfer i fjokj cuk; scBsgfdUrqckgj I s unh ukyks e cl us okys yks l ehaj.k fcxkM+jgsgf ufn; kavlj efyu cflr; lsea , sylks gatkis fjokj fu; kstu dsfo"; e atkudkfj; kard ugh j [krA bl i dkj ds yksks dks l e>; k vks l h[k; k tkuk pkfg,] ft l s thou dk ekud Lrj cuk jg l dA f'k lk vks NkVk i fjokj ; gh g8 thou dk vkkj bl ea[; ea[ dsfn'kk funiku dh icy vko'; drk gA

21- mRrjk[k.M gLr f'kYi & iphu l e; l sgh mRrjk[k.M eagLr f'kYi dk cgr i pyu Fkk fdUrql Lrh vks ?fV; k oLrky ds ctkj e avkus l s glrf'kYi dk egRo de gkrk pyk x; k fdUrq budks ctkjks ea icy ekas gA ckd dh Vkdjh; k pVkbz k Hkhrl dh ekdh Vkdjh ekuy dh jLl h; k mu dk rkxk cukuk LokVj cukuk] muh Vkf; kavkt Hkh vi uh i dM+cuk, gq sgf fdUrql e; vf/kd yxus ds dkj.k cukus okys de gkrspysx; A ; fn blgs l gh fn'k] l gh i kI kgu fn; k tk; s rks mRrjk[k.M ea l gh jkst xkj , o jktLo i klrh dk l k/ku cu l drk gA

22- mRrjk[k.M ea efgyk mRfkku& fdh jkt; ds fodkl ds fy, ogka dh efgykvka dks fLFkfr ij r; djrh gA mRrjk[k.M jkt; ds fuelzk e efgykvka dh l okjh Hkiedek gA 'kkfn; kae foog tyd] l ekjkg] [ku iku] i gukok xg fLFkfr] 0; kikj l sgh jkt; dh l cyrk dk i rk pyrk gA fucly oxz vkkfkd detkj oxz dh l gk; rk nh tkuh pkfg,] gj rjg l s mRfkku dh ; kstuk pyuh pkfg, A efgykvka dh l gkhxhrk oksi kI kgu fn; k tkuk pkfg, A

23- /keZLFkylsdk fodkl , o mRfkku& mRrjk[k.M eagtjks/keZLFk yksxxs-h] ; euksh] dskj ukFk cnhukFk] ge dQm vkn l Eiwkz mRrjk[k.M ea gtljks /keZ LFk yks tks i ; l u dks vi uh rjQ vksd'kr djrs gA ; k-h ogka vkk& tkuk pkgrs gA fdUrq dHkh ekxz dh fLFkfr dk l gh u gkuk yksksdh fpUrk dk dkj.k cu tkrk gA ; k=k l s i ; l u i ; l u l s jkst xkj i klr gkrk gA jkst xkj l s jkt;

i Hkko'kkyh 'kDrh'kkyh cukrk gA /keZ LFkyls dh LoPNrk] fo= cuk, j [kA ; gh gekjk l Hkh yksksl svujks gA bl dsfy, ejkeah th l s fo'ksk vujsks gsf fd /keZ LFkyls ds mRfkku ds fy, yksks dks i fjr djarFkk /keZLFkyls ds i kl vi usjst xkj ey o dk; kks dks i kI kgu nA Qy] mRrjk[k.M l s okgs l s ys tkus okyh mi gkj oLrky ds fuelzk , o 0; ol k; e egroi wkl ; kks nku n geset; ea[ th l s vks'k gh ugh i wklmEehn gsf fd bl dk; Øe dksfuzkfj r djA

24- LoPN Hkkj r vftlkek & gekjs ekuuh; i zkueah th }jkj LoPN Hkkj r vftlk; ku Pky; k tk jgk gsf fdh Hkh oLrq dks; fn ge LoPN j [ksksLoPNrk espkj pkln yx tkrs gA LoPNrk dh vgfe; r gkrh gffl Qzufn; ksdlh LoPNrk ugh cfYd unh] ukys LoPN gksk pkfg,] fonsh i ; l dksdk e[; vks"lk k ogkadh LoPNrk gkrh gA ns k dk l Eiwkfo'o eauke gkrk gsvks ns k ykdfiz gkrk gA vki Jksks dks i kI kgu feyrk gA

25- Hkkj rh; ØMk l Ldfr dks vi uk; & gekjs i ns k eauuksfdLe ds [ky gftudks i kI kgu u feyus l s os cm i M+x; } fdUrq; fn ge fo | ky; k l Ldfrd egkI okaeamudks i kI kgu nsrks; s [ky [kystk l drsgbl es/ku dk vi 0; i u gks mRrjk[k.M dk CPpk&Cpk f[KYKKM] gA fl QZ vkt i kI kgu dh t: jr gA gekjs mRrjk[k.M ea fOMk; a jLl k&dLl h] dcMMh] QWcky] cklycky] cklDw ckly] jslw] l kbldy j ] nkM] yks tEi] gkbzEi] Hkkyk Qd] gbj Fk pDdk Qd] rjkdj] dtrh i gyooh vknf gekjs ikl vuuksØMk; agstksfcuk /ku vi 0; fd; sfcuk vk; kstr fd; k tk l drk gA vHkh mRrjk[k.M vi uh ey Hkh l eL; kvka l s t p jgk gS, i s [ky ftuea/ku dk vi 0; ; gks; sBhd ugha jkt; dsfodkl vks mRfkku ds fy, [kyks dks i kI kgu nsuk t: jh gA

26- mRrjk[k.M dh vcdkjh uhfr& mRrjk[k.M vi uh vcdkjh uhfr vHkh Hkh i kJn'kh ugh dj i kb] ges fi Nyh l jdkjks ds Øh; k dyki uhfr; k dks ; ku eej [krsgq stlkfo"; dsfy, l cd

yuk pkfg,] l e; , s k gks i j pkfg, tks tuvgr e gks rFkk jkt; dk vk; Jkr cjdjkj jgA fdh Hkh Lfkku ij vkcdkjh [kksyuk] clh djuk ; g jkt; l jdkj dh vi uk nkf; Ro gA

27- jkt; e pdclnh& mRrjk[k.M jkt; dh Hkkskfyd fLFkfr vU; jkt; l s fHkhlu gA ; gka i j ; fn ges i yk; u dks jkdlk gsrkspdclnh ykxqdfjuk gkskA yksks ds i kl tehu cgr gA fdUrq vyx&vyx Lfkku ij gks l s l gh ns k jsk 0; kLFkk ugh gks l drhA u gh l gh i kuh dh l gh 0; oLFkk gks l drh gA ; fn mu 0; Drh dks tehu , d Lfkku ij gks rks mRre Qyks dh QI y] ckx yxk l drk gA ogkai j l gh l fo/kk , o l j {kk vi uh dfk dks i nku dj l drk gA tgka vkt Hkh fl pkbz dh l fo/kk gA yks vPNh [kkl h vk; i klr dj yrs gA bl dk; Øe ea l jdkj h gLrks l dh icy vko'; Drk gA

28- jkt; l Eifr; ka dh l j {kk& mRrjk[k.M ds i kl vkt Hkh vusd jkt; l Eifr; ka gA l kjs emh jkt; ds i kl dnkjukFk] cnhukFk] xaks-h] ; euksh l s ydj gtljksdh l Eifr gftudh icy l j {kk] LoPNrk dh vko'; Drk gA , s h l Eifr ftEenkj l j k; fV; ka dks nh tkuh pkfg, tks l j {kk l svk; Jkr cuk l dA

29- jkt; dh jkt/kuh& yEcs l e; vklhkyu pyusdsi 'pkri l Hkh jkt; ksus oknsfd; sFksfd mRrjk[k.M dksjkt; e jkt/kuh xj l sk gksxh fdUrqyEcs vI l s l Hkh jktuhfr ny fuf'pr ugh dj i k; s fd jkt/kuh dgk j [kh tk; & ngjknw eavLFkkfud HkhM+c+<tkus l s tu thou vLr&0; Lr gksx; k gA xEhkj fo"; gA bl eavo'; fopkj djA

30- fpfdRI k ds {ks e& fpfdRI k ds {ks es vHkh Hkh mRrjk[k.M cgr i HNsPy jgk gA uxjksearse[; fpfdRI ky; Hkh gA tgka i j gj i dkj dh chekfj; kdk l gt bykt gks tkrk gA rFkk l jdkj h ea; k; fpfdRI k vf/kdkjh Hkh gA rFkk l kFk gh ; gka i j i kbbw mPp Lrjh; gkli Vy mi yC/k gA fdUrq gkMdh fLFkfr n; uh; gA fpfdRI k dks dkQh dBukb; k dk l keuk djuk i Mfka

tc ne i skgq Fksksre jks Fkstcfi i jhnu; kust' u euk; k Fkk l vi uk thou , s ft; ksfd rEgkj hels i j i jhnu; k j ks vks ne t' u eukvks

# रॉयल एनफील्ड ने अपना डीलरशिप नेटवर्क उत्तराखण्ड में मजबूत किया

ngj knua j kW y , uQhYM us fi Fkkj kx<eav i usu, LVkj ds' kdkkjk dk dh ?kkjk. kk dh gq fi Fkkj kx< ejj kW y , uQhYM ds bl u, LVkj ds I kfk mRrjk [ kW ejj kW y , uQhYM dsdy 13 LVkj gksx, gq ; g u; k LVkj dbZi wkJ i' kf{kr I foI i I zuYI ds I kfk i wkJ I ok I foekk, a inku dj xkj ftI I s xkgdkdhdh I foekk c<xhvkj bl {ks-kej j kW y , uQhYM dh i gp dk foLrkj gksxKA bl Mhyj f' ki ea1500 oxQhV dk {ks-k I foI & vkj evu dsfy, I efi h gsrFkk 900 oxQhV dk {ks-k ' kks e dsfy, I efi h gq bl Mhyj f' ki e2 Lopkfrv vkj 2e; vy I foI cst gksxKA ' kkth dk k] I hfu; j okbl i fl M] I YI , oa ekdVx] j kW y , uQhYM usdgk] ^j kW y , uQhYM vi us cgpk; xkgdk ds fy, vi us fj Vy u/odZdkfoLrkj dj j ghgq

cgknj x<+egekj h ubz Mhyj f' ki 0; ki d cktkj ka es gekj s foLrkj dh i frckr dk dsvuq i gq rkfd cktkj es j kW y , uQhYM ekv/j I kbdyka dh mi yCekrk vkj i gp c<ge bl {ks-kevi vi usxkgdkdhdh i gpdj mUgacgrj I ok, ansusdsvol j fuj rj ryk' kj gsgq vkj T; knk I s T; knk yksxka dks gekj h ekv/j I kbdy dh j kbM yus ds fy, i fjr dj xkj\*\* I kbZ vkw kekckbYI dks xkgdk fl g plgku usdgk] ^ge j kW y , uQhYM i fjkj dkfgrI kudj cgr i d Uu gq j kW y , ui QhYM ds I kfk feydj ge vi usxkgdkdhdh {ks-kevi vryuh; I ok, a vkj ckm dk vuHko



i znku  
dj us dk  
i zkl dj xkj\*\* bl u; s LVkj dks j kW y , uQhYM ds fj Vy QhV ds vuq kj fMtkbu fd; k x; kgSvkj bl ea j kW y , uQhYM dsLokfeRo dsvuHko ds gj i {k es ckm dk ^l; kj ekv/j I kbfDyak\* dk fl ) kr i fij yf{kr gksxKA gq bl LVkj dh ij . kk ckm ds fl ) kr I syhxbzgsvkj ; g, s sokrkoj . k dk fuekz k dj rk gq tks , d ekv/j I kbdy j kbM ds' kksdhuksdMrbk : e es feyxxKA ; g u; k fij Vy QhV ekv/j I kbdy dh I awkJ J[ kyk dk i n' klu dj usdsfy, rs kj fd; k x; kgq ftI es fgeky; u] dkUUVu/y thVhj Dykfl d dsu, ofj, v] Fkmj cmz vkj cgyV ' ksfey gq I kfk gh ; g j kW y , uQhYM dsvijsy, oa, l s jht dh ij h J[ kyk] tS s gyeV/ tbdV j kbfMax VRAtj] Vh' kW] fi V ' kW] cW] Xyko] xkYI , oacQI ZHkh i nku dj xkj ; g vR ; fèkd  
i' kf{kr I foI i I zuYI ds I kfk i wkJ I foekk, ai inku dj xkj ftI I s xkgdkdhdh I foekk c<xh vkj {ks-k es j kW y , ui QhYM dh i gp dkfoLrkj gksxKA\*\* j kW y , uQhYM o"kl 2010 I s 50 i fr' kr dh o' k&nj &o"kl of% ds I kfk I rr fodkl dj j gh gq da uh 2016&17 e1650]000 ekv/j I kbfdy fufel dj us dh ; kstuk cuk j gh gq ftI I s; g feM&l kbt ekv/j I kbfdy I xeV esof' od vxz kh cu tk, xh ekp] 2017 eaj kW y , uQhYM usvi uh uohure ekv/j I kbfdy& fgeky; u i s k dh] tks, Mopj Vfij & dsmnra' ; I s fufel dh xbZ gq orZku es j kW y , uQhYM ds i kl ns k es 675 Mhyj f' kII dk0; ki d u/odZgq

I Qyrk gekj k i fjp; nfu; k dksadj okrh gsvkj vI Qyrk geanfu; k dk i fjp; dj okrh gq

# 'kjkc usysyh LV\$ gkbosoh cfy



## 'kjkc dh npku dk fojk\$ djrs xteh.kA

gY}kuhA mÜkj[k MM jkT; xBu dsckn I sgh ekr'kfDr 'kjkc dk fojk\$ djrh vk jgh g\$ y\$du çnsk eadkfct gk\$osokh I jdkj\$adk bl I s dkbz Hkh y\$uk nsuk ugha jgkA çnsk ea ckjh ckjh dkfct g\$bl I jdkj\$adfsy, rks'kjkc fdI h ck.kok; q\$ de ugha jghA ckr vxj çnsk ea çpm cger y\$dj I Ükk ij dkfct g\$bl Hkkt i k dh djsrksbI I jdkj usrks'kjkc cph jgs bl dsfy, I Mekadh cfy rd nsMkyhA mÜkj[k MM I jdkj usçnsk dsfudk; k I s xq\$ju\$okysjk; jktekxk\$LV\$ gkbz o\$dk LV\$V cny dj mÜga ft\$yk ekxZ MfLVd jkM% e\$ r\$nh\$ dj fn; k g\$ bl dsihNsI jdkj dk edl n døy v\$kj døy I çhe dk\$Zdsml vkn\$k I scpk Fk\$ ftI dsrgr, d vç\$y I su\$ku\$ rFk\$ LV\$ gkbos i j fLFkr 'kjkc dh npku\$ak ds gV\$ dj i kp I ksehVj nj f'k\$V fd, tkus dh ck\$e; rk g\$ I jdkj ; fn pkgrh rks I ok\$pp U; k; ky; dsQ\$ y\$dk; kstukc)

rjhds I s I w\$ c\$ ds I kfk veyh\$ekh i guk I drh FkA , d k djdsi w\$'kjccnh Hkys gh u gks i krh] exj 'kjkc ds c<rs çpyu dks grk\$lfgr rks fd; k gh tk I drk FkA y\$du I jdkj us, d k dN ugha fd; k cfYd 'kjkc dh npku\$ak dks cpkus dks çLFkfedrk nh v\$kj bl dsfy, ns\$k dh I cl scMh vnk\$y dsvkn\$k dks , d rjg I s njfdulkj fd; k g\$ D; kf\$d mÜkj[k MM I jdkj }kjkc d\$cu\$ e\$ fy, Q\$ ys I s LV\$ gkbbs dks fMfLVd jkM e\$ cny fn, tkus dsckn vc tks'kjkc dh npku\$ai\$ea LV\$ gkbbs d\$fdulkj s fLFkr Fk\$ vc og npku\$amügha LFkuka i j cuh jgk\$ah

crkrspysfd bu I Mek\$ i j xq\$ju\$ oky; krk; kr Hkh i gysdh gh rjg jgsxk v\$kjkc [kjhnusokysy\$ok Hkh i gysdh gh rjg bu 'kjkc dh npku\$ak [kjhn I d\$ka vc I oky ; g mBrk g\$fd , d k fd; s tkus I s vnk\$y d\$ vkn\$k d\$ D; k

ek; us jg x; A mÜkj[k MM I jdkj dh d\$cu\$ dk; g fu.k\$ ; g c; k dj jgk g\$ fd vf/kd jktLo t\$y\$us dsfy, I jdkj ds i kl 'kjkc I s vksx c<elj I kpus dh nf"V ugha g\$ njvI y I çhe dk\$Z ds Q\$ y\$dk rkm-fudkyusdsfy, I jdkj us ; g tksifjk pyk g\$ og bruk detkj g\$ fd vnk\$y e\$bl s vkl ku\$ I s puk\$h nh tk I drh g\$

xkjryc g\$ fd jk\$Vh; o jkt dh; jktekxk\$ij fLFkr 'kjkc dh npku\$ak dks gV\$us dsfy, jk\$Vh; jktekxk\$cfk\$kdj.k fi Nys , d n'kd I s , Mokbtjh tkjh djrk vk jgk g\$ft I dsckn d\$e Hkh jkT; ka dks gkbz os I s 'kjkc dh npku\$ gV\$us dks dgrk jgk g\$ y\$du jkT; kausdHkh Hkh bl s xk\$kjrk I sugafy; kA bl ckj I çhe dk\$Z ds vkn\$k dsckn cMh 'mEhnO t xh Fk\$ y\$du bl mEhn i j I jdkj dh d\$cu\$ dsfu.k\$ usi ku\$ i Q\$ fn; k g\$

ej k /keZl R; v\$kj vfg\$ k i j v\$kj/fj r g\$ I R; ej k Hkxoku g\$ vfg\$ k ml si kusdk I k/ku\$ &egkRek xk\$khth

# तरक्की के लिए ऑफिस में नई सोच

dbzckj cgrj ç; kl kadscko tñ | Qyrk ughfeyrh] bl dkeryc ; g ughfd vki dsç; kl kaedN dehgS cfYd , s seavkñQI dsokLrqdk Hkh cMk gkFk j grk gvxj vki dsl kFk Hkh , s kgh dN gksj gk gsrks?kcj k, augha cfYd dN vkl ku okLrqmi k; vi uk, avkj ekxzdh ck/kk nj dj vñQI eadN okLrqnskkal snj dj nsrks pgp[ khçxfr dfuR; u, l ki ku vftfd, tkI drsg]

okLrqdsfygkt | s dN , s fVII ns jgs gä tks uk døy vki ds dk; Z cfYd vki ds dfj ; j dks mpkbz rd i gpkus es vi uh cgrj Hkfedk fuHkkus es vki ds ennxkj l kfcf gksl drsg

1- geskk bl rjg cBfd vki dh i hB ds i hNsBld nhokj gksvij f[kMeth u gkA vxj cBUs dh dtkbZ vU; 0; oLFk u gks l ds rks f[kMeth i j i h; k CkybM dk ç; kx djA

2- est d{k geskk dfcu ds nf{k.k&i f' pe {k= egkuh pkfg, A Mld bl çdkj yxk; k tk, fd njokt i hB i hNsU jgA

3- cBrsl e; geskk i oZ; k mÙkj fn'kk dh vij jgA

4- dEi; Wj e,uhVj nf{k.k&i oZfn'kk es gkuh pkfg, A

5- Mld vFkok l keus ds cMj i j dN eui l n oLrq a vFkok fc; tu dh rLohja j [h; k yxkbZtk l drh gbul salk; LFky dh uhj l rk dschp ruko l sefj] LQfrZvij



çl llurk dk l pkj gk gkA

6- /; ku j [kfd ft l dñ hz i j vki cBä og vki jen; d gks vij ml dh Åpkbz vki ds vuj k j l gh gkA vki jen; d dñ hz gksu l slor%gh dk; zkerk esof) gk gkA

7- vki ds Mld dk vij vki ds dfcu

dk vkdjk QeZ es vki dh 'kfä vij vkgns dk l pd gk gkA ; fn vki ds Mld dk vkdjk vki ds dk; Z fo'kš ds fy, l kekU; l s cMk gS rks vki vki ds dfj ; j es vi {kk-r vf/kd rsth l s cxfr djxkA

## ऐसे हो सकेरी आपके वंश की उन्नति

?kj] vxj okLrqnskkal snj gksrks dbz jg dh i j s kfu; kavki dh nj gksl drh gge ?kj rkscukrsgs j ml eaoLrqnskkal ij xlj ughadj rsgs; gkavki dks, s ghs dN fVII fn, tk j gsgftul su døy vki us ?kj ds okLrqnskkal dks Bhd dj l drsgs cfYd vi uso k dh mUufr Hkh dj l drsg

?kj ds mÙkj & i oZ es dHkh Hkh dpjk bDek u gksu na vij u gh b/kj Hkkj h e' khuj hj [k

vi uso k dh mUufr dfy, ?kj ds er; }kj i j v' kkd dk o{k nkukarj Q

yxk, l

?kj es i tk ?kj es norkvkadsp= Hky dj Hkh vkeu&l keusughaj [kuspkfg, A bl l scMknskkal Uu gk gkA

?kj ds bZ kku dks k dks l kQ vij [k yk j [k bl l s?kj es' kkkRo dh of) gk gkA

?kj dsefij es norkvkai j p<k, x, i qj & gkj nt j snu gVknak pkfg, A ; fn vki ds edku es mÙkj fn'kk es LVij : i gsrksml sogkal sgVknab l LVij : e dks vi us ?kj ds i f' pe Hkkx ; k us\_R; dks keLFkfi r dj



(1 kkkj% ubz nju; k)

vi uhxyrhdkLohdkj uk>kyxkudsi keku gStkskj kry dh l rg dkspednkj vij l kQ dj nrhgi &egkRek xk/kth

# डॉ गांधी ने हार्ट अटैक आने से पहले के लक्षण के बारे में बताया

bl ekg dsval eaMKW l at; xkdkh fny dk nkjk i Mts  
l si gysdsi drksdscjsecrk jgsgA

f1 Vh gkVZ dspf jea MKW l at; xkdkh uscrk; k fd vkt ds  
nkj eafny dh chekjh vke gkspidh gsvkj cgn [krjukd fLFkfr  
dk : i yspidh gA vDI j ykskaaksyxrk gsfld bl chekjh ds  
dkbz l drs ugta gkrik yfdu ; g  
okLrfodrk ughagA gkVZ vVsd dh  
dbz vke y{k.k gA yfdu LVkd ds  
f'kdj cuusokys vDI j 0; fa bu  
y{k.k l svuflkk gkrs gA ; gk rd  
fd nj gkstkrh gA

MKW xkdkh us cr; k fd vDI j  
jksx; koeatc ; sy{k.k fn [kzbznrsg  
yfdu og mlgavunsk dj nrsg  
vkj bykt ughadjokrA , k djuk  
vkRegR; k ds cjkjc gkrik gA ge  
; gk vki dks dN , h ckr crk; sks  
tksfny dk nkjk i Mts l s, d eghus  
i gysgh y{k.k fn [kzbznrsg yxrk gA  
vkj mudh l e; jgrs l gh bykt  
dijok; k tk l drk gsvkj gkVZ vVsd  
l sl jf{kkr jgk tk l drk gA

pDdj vkj l kd yus ea  
dfBukbA vki vLFkek ds ejht  
ughagA yfdu fQj Hkh vki dks l kd  
yus ea dfBukbA dk l keuk djuk  
i Mfk gS; k fQj pDdj vkrsgsrks; s  
y{k.k dN chekj; kah vkj l drs  
djrsqA ftueal s, d fny dk nkjk  
Hkh gA pDdj vruk fny dsnkjvkJ  
fny dh chekj; kadsvele y{k.k gsf0'kskdj rc tc vki pDdj  
dsi kfk l kd yusefnDdr Hkh gksj gh gA

yxkrkj chekj jgukA vxj vki vDI j mYVh; k l i V nn  
vi p ; k fQj chekj jgus dh f'kd; r jgrh gsrks; g Hkh , d  
LVkd ; k gkVZ vVsd dh vkj gh l drs gA vki dksplkg, fd bl  
ckj seafuf pr : i lsvi uspfdrI d dksl fpr djA

I huseannA I huseamBusokyh vI fo/kk LVkd , d cgr gh  
vke y{k.k gsvkj i kkk; l svDI j yks bl ckj seafkj: drk  
Hkh j [krsgA LVkd dk dkj .k cuusokys ; g nnzfofHku dkj .kks l s  
, d l drs Hkh gks l drk gStksekd i f'k; kdksf [kpkvkJ foVfeu  
; k fQj [kfut dh deh 'kkfey gA fpfdRI k fo'kskksdsvu k  
LVkd nnzI hudsnskbvkJ ; k fQj e/; FkkMk cbkvkJ gkrik gA  
vI kekl; nnA vI kekl; nnz tJ sfds xnz vlfn rdyHQ]

; g Hkh LVkd fVxj gks l drk gA ; g nnz'kjhj ds, s Hkkxka ea  
gkrik gSftudk fny l sdkbz l cik ughagkskA l Hko gsfld bl nnz  
dh 'kj vkr Nkrh ds chp gks vkj xnz ; k fQj tcMsrnd tk  
i gpa dN jksx; kdkb bl fLFkfr eavi uh xnz vkj tcMs ea  
xkjh pks dk l keuk djuk i Mfk gA

cpbH& cpbH dh fLFkfr  
Hkh an; jksx gh vkj b'kkjk  
djrh gA vxj cpbH ds l kfk  
f1 j Hkh gksjgk gsvkj pDdj  
Hkh vk jgs gA rks bl ckr dh  
l Hkkouk vf/kd c<- tkrh gS  
vki dks l p eafny dh chekj  
gA , h ekeys ea fo'ksk  
l ko/kkuh cjr usdh t: jr gA  
japki ea deh& vxj  
vki dksjapki eadeh gksusdh  
chekjh dk l keuk djuk i Mfk  
gS ; g Hkh LVkd dh vkj , d  
Li "V l drs gA vDI j ejhtka  
dk jk i hyk i M+tkrk gS ; k  
fQj mlganskdj , k yxrk gS  
fd tJ s og v) l cgsk dh  
fLFkfr eaqA

fny dh /Medu& fny dh  
/Medu rst gksus dk l dks Hkh  
l kd yus ea ef'dy] detkj  
vkj pDdj gsvkj ; srhuay{k.k  
vpkul gksusokysgkVZ vVsd dh  
vkj l drs djrsqA dHkh&dHkh ; s  
y{k.k gkVZ Qy gksusdsdkj .k Hkh

cu l drk gA fy, mlgavbykt t: jh gA mlgavtjvnkt djuk  
upl l kunk; h cu l drk gA

FkdkoV vkj detkjH& FkdkoV vkj detkjH , s y{k.k gatks  
; g fn [krh gsfld fudV Hfo]; eavki LVkd dsf'kdj cu l drs gA  
fcfV'k gkVZ QkmMku ds fo'kskksdks vuj kj efgyk, a FkdkoV ; k  
detkjH dk vf/kd f'kdj jgrh gA ; k fQj dHkh dHkh ; g nkusay{k.k  
efgykvksa, d l kfk i kbj tkrh gA yfdu ; g , d [krjukd fLFkfr gS  
D; kkd ; g Hkh gkVZ vVsd dh vkj , d Li "V l drs gA

BMsI l huA , s jkxh tksigysgkVZ vVsd dk f'kdj cu pds  
gsmllgafQj l sfny dk nkjk i Mts l si gysBMsI l hukadk l keuk  
djuk i Mfk gS ; gk rd fd og i l huseau gk jgsgA vxj vki  
, h fLFkfr n[arksejht dksrjz ikl ds, d vLirky i gpk, a  
rkfd l Hkkfor gkVZ vVsd l sl jf{kkr j [kk tk l da

0; fa dh i gpku ml dsdi Msi sughavfi rjml dspfj = l svkdh tkrh gSA &egkRek xkjhth



# टाइगर जिंदा है में एकशन करती नजर आएंगी कैटरीना कौफ

dSjhuk dQ cgr g h gMbfduk , DV g ; g ckr muds I Hkh dk&LVkl ZHkh ekursg mudsI Fk dke djusokysT; knkrj dk&LVkl Zus ; g ckra; g 'ks j Hkh chh gA mlugluscrt; k fd dSjhuk dksdkbZHkh LVV/ k Mkl dksI QDV djusdsfy, dkQh çSDVI djrh gA oghaVkbxj ftink gSHkh LVV djrh utj vk, xk vlg bl dsfy, Hkh og vHkh I s rS kjh dj jgh gA bl , D'ku i DM fQYe ds dSjhuk vi us nteukauspkdvwkal syMfh glpZfn [kkbznsxA exj bl , D'ku I hDol ch 'kVak I si gysdSjhuk Vfuk yusokyh gA dSjhuk tYn gh bl , D'ku I hDol ds fy, VQ Vfuk yusokyh gA mudh ; g Vfuk dN gfrkard pyxhA fQygky dSjhuk tXkk tkI ll ch 'kVak dj jgh gB t\$ sgh ml ch 'kVak ijh glosk ml ds ckn dSjhuk vi uh Vfuk 'kq djachA bu , D'ku dks 'kVak Qjsu yksku ea dh tk, xhA I nEkdh ekusrks dSjhuk dh csf d d, Ect/ Vfuk jst k ds vMj gksxhA tksmlga/k&3 vlg QYe ds I hDol dsnkjku Hkh VM dj ppls jgk gsf dSjhuk dN fnuks ds djsdh ; kstuk cuk jgh gA I ky Vkbxj dsckn dSjhuk dQ vlg fQj I s inz i j fn [kkbznsxA Vkbxj ftink gseabu nkukadch tkmh i kp I ky ckn utj vk, xhA I yeku vlg dSjhuk dsQBI bu nkukadks, d I Fk ns[kusdsfy, dkQh , DI kbVM gA bl fQYe ds i gys i KVZ dksdchj [kku usMk; jDV fd; k FkA oghaVkbxj ftink gS dksvyh vfcI tQj Mk; jDV dj jgsgA bl fQYe eaI yeku vfouk'k jkBkj vlg dSjhuk tks k dsfdjnjk eautj vk, xA crk; k tk jgk gSbl fQYe ea I yeku [kku HkEM+ ka ds I Fk [krjukd LVV djrsutj vk, xA esdI zbl fQYe dksbJ/ jskuy LVMMZVp nuk pkgrsgsbl fy, fQYe ea; g d, UI tV Mkyk x; k gA bl dsvykok gky gh ea [kcj vkbzFkh dh bl fQYe dsckn ; g nkukavry vfxugks= dh vxyh fQYe eaHkh I Fk dke djusokysgA

vxj b' d djuk gfrkst Tckrksdks, gfe; r nuk fl [kkj pgj sl s' k# glpZegkcr vDI j fcLrj i j [kRe gkskrh gA

# ckgcyh I sdghaT; knk Hk0; egkHkj r cukuk pkgrk gVvkg# [ k

'kkg#[k [kku c,yhoM dsmu fl rkjka ea l s, d ḡi tks geskk dN vyx vkJ cMh adjus dh I kp j [krs ḡ c,yhoM , frglfl d vkJ ck; ksi d fQYekadstfj , geskk I f[kz ka ea cuk jgrk ḡ vkJ bl rjg ds fl uek ea vDl j I Qyrk Hkh gkfl y djrk ḡ bfrgkI ij ; k dktyt ; h -fr; ka i j de fQYe curh ḡ D; kfd budk ctV cgr T; knk gkrt ḡ vkerkj i j cMsMk; jDVj vkJ fl rkjsbl rjg dh , ffd vkJ , frglfl d fQYe djrs ḡ c,yhoM ds fdx [kku I elV v'kkd ds thou i j vkJr fQYe ^'kkd\* eadke dj ppls ḡ gkykfd] ; s fQYe dkbz [kk deky ughadji kkbzFkh vc , d ckj fQj 'kkg#[k, ffd fQYe djuk pkgrsgA

crk n̄ 'kkg#[k [kku dh fnyh [okfg'k ḡfd oksegkHkj r dksMh L0hu i j fn[kk, a dkhQh I ky i gysmugkusQj I sviu ; g I iuk 'ks j fd; k FkkA gky gh ea , d bov ds nkku bl I ius i j



I oky dhusij 'kkg#[k us tokc bl i j viuk I iuk , d ckj fQj I snkgjk; kA ^ s ejk I iuk ḡfd e egkHkj r ij fQYe cukA yfdu egs ughayxrk ejis i kl mruk ctV ḡ e t: j cukuk pkgrkj yfdu eughacuk I drk- tc efdI h ds I kFk feydj uk cukA yfdu fdI h bM; u ckMh ZdsI kFk ugha bl/jus kuy ckMh ZdsI kFk rkfd; g ^ckgcyh\* ds epkcy s dgha I s de cMh u gkA

bÜkQkdu bl ckcr dbz vrjjk"Vh; fuelkVvkausfnypLi h tkfj dh ḡ\* [kjc ḡfd ^egkHkj r\* dksydj tc I s, I , I jktkekSyh usfQYe cokusdh ?kkk. kk dh ḡ fgnh fQYe txr dsdbz fl rkjsHkh bl dksydj I fO; gksx, ḡ gky gh ea vlfjej [kku usHkh , d fQYe cokusdh bPNk trkbzFkh] osml ead.kz cuuk pkgrs ḡ vc 'kkg#[k us Hkh I eku fo"k; ij fQYe cokus dh ckra tkfj dh ḡ 'kkg#[k [kku ds bl c; ku dsckn n̄kuk fnypLi gksx fd bl i j igys vlfjej fQYe cuk i krs ḡ fd 'kkg#[k [kp ; k ckgcyh ds fQYedkj , I , I jktkekSyhA crk na fd cMh i jns i j ^ckgcyh 2\* fjh t dsfy, r̄ k j ḡ , I , I jktkekSyh dh bl fQYe ea cHkkI ] relluk HkkfV; k] vuJdk 'kēh vkJ jk.kk nXxckrh t s fl rkjsutj vkJ fQYe 28 vcsy 2017 dksfjyht gksxhA

## सिनेमा के अलावा कई दूसरी चीजें भी हैं करने को

ujfxl Ok [kj h us o"kl 2011 eaqnf' kJ fQYe j kkbLVkj \* I scrkj vfhkush Mf; wfd; k Fkk] ftl ea j . kchj d i j mudsgkj ksFklo"kl 2016 eauj fxl rhu fQYekeset ; Hkiedkeutj vkbzFkh buebejku gk' keh ds I kFk ^vtgj\*] vfhk"kd cPpu ds I kFk ^gkml Qy 3\* vkJ f j rs k ns kef[ k ds I kFk ^cakks 'kley ḡ

busvkyok Y< 'kē\* emugkusdse; kfd; k FkkA ; s i gyl ckj Fkk fd ufxl dks , d ḡ I ky ea bruh fQYekeset k feykgk yfdu og bl skdknusokyk dke ekurhg uj fxl usdgk ]'fi Nysl ky eauspkj fQYe dhl] tksFkdk nusokyk Fkh e , s k dHkh ugha d: xkl vc e /kjh spynh I ky ea , d fQYe vPNk j gskh\* uj fxl dsikl vfhk; dsvyok vkJ Hkh cgr dN ḡ bl hfy, j Prkj /kheh dj uk pkgrh ḡ mUgkusdgk] ^e vyx ḡ e s d f d x] i M&i kksvkJ ?neuk i l ngk



brj I sd i Mkdkegdruk dkbzCMI ckr ugha ḡ etk rksrc ḡtc vki dsfdj nkj I s [ k j cqvk; A

e&Vkb& foVus dh l nL; rk ysjgk@jgh gA



uke & Jh@Jherh@dekh  
irk  
Oksu 1/uoekl 1/ eckbly  
dij ; k Time Witness dsuke dk MhMh ; k psd ua  
cdl dk uke

tue frfFk  
jkT;  
b&esy  
frffk  
ikr djA

d'i ; k bl OkeZ dksHkj dj MhMh ; k psd ds l kf gesbl irs ij Hka

Vkb& foVus] ekfI d if=dk

'kekZ dWkykj cge.kokykj fujatuig] ngjknwA

7409293012] 7078188479



vof/k	volks dh l [ ; k	doj ew;	cpr	I CI fØl'ku ew;
1 o"kl	12	180	50-00	130
2 o"kl	24	360	100	260
3 o"kl	36	540	190	350
4 o"kl	48	720	270	450

fu; e o 'krj

1- ; g ; ktuk doy Hkj r esgh ekk; ga

2- if=dk l lkj .k Mkd }kj k Hkj tk, xh rFk Mkd xø gkstusij ftEenkjh l tkku dh ugla gkA

I puk ikr gkusij ; fn og vd mi yC/k jgrk gSrksi w%fu'Wd i fkr dj fn; k tk; skA

3- dij ; j jft- Mkd I seakokusdsfy, xtgd dk dij ; j jft- Mkd [kpZvfrfjDr ogu djuk gkA

4 LHHh foooknkd k fu i Vkj ngjknw 1/nRrjk[k. M%u; k; ky; dsv/khu gkA

# जरा सोचिये?

tjk I kip; svki dhi bllotVe/ ij dgħabruk ylk ughafey  
 I drk ftruk vki lyk/ fuo sk djsdekk I drsga okslit  
 dha vxj vki ds jkjk fuo sk dha l-ġħid i tħixx għal-  
 vkl & ikk viklin o nseud thou dhi l-ħid i f'għid; aekstn għi tgħi  
 vi uk dke ; k fċtus ; k l-ġħid tħalli kifid vlfan dsfy , vkl & ikk  
 vPNs fċtus I LVJ vlgħi b.MFLV, y , fji; k għi fti l-svki edku  
 cuk dj ; k Fkksa l-e; ckn op dj ġi għid i dha fġil-ħarrku  
 fj; y LVV-ġħid D; k vki l-ħid jgħi jgħid jidher vlfan rikvij ylk  
 dji rsgħi yfċdu fġil-ħarrku fj; y LVV-vki dsfy , p; u djerġi, d , sħi  
 tgħid tgħiex nseud thou dhi l-kidha l-ġħid i f'għid; k-cjix kien u  
 għi tgħid , d vge cikr i-jidha rjg I s-tħalli iż-żgħid D; kifid ge vki dhi  
 egur dha xi-kidha dekkedha l-ġħid i bllotVe/ għisbi dha /; ku jekk rsgħi u  
 okys l-e; eavkk & ikk ristha l-sfodda għi tgħid vlfan dha  
 dha tgħid ylk fejvxj vki edku cuk dj jgħuk pikk rsgħi rikvij dha , d  
 I-ġi tgħid LoPN it-tarid okkoj . k o nseud thou dhi l-kidha l-ġħid i  
 fejn , oavvjx vki vi us-Piex duke I sly/ 1 Plot/ [kjie nrsgar ktc  
 vki d'seppi m-ġaġra , d lyk/ 1 Plot/ dha dher ml - e; cgr  
 T; knk għiski; xi fti l-svki dik-Piex f'kukk vlgħi foqg vlfan dha  
 ijs-kuk u ughla għo kollha riks l-ħip; ser I Ei id-fdha , & fġil-ħarrku fj; y  
 LVV-ġi svil vikt għi Book/ dha , , d i yl/ 1 Plot/ vi u sl i u kċċi

Sudhir kapoor

I-ħid i-nškof fl-ka dks  
 CS k[ħ]



dgħi għfni 'kilkku, a  
**fġil-ħarrku**

रियल स्टेट

getijk l-iuk l-cdk? jgħi għiex vi u k



i dkk ykoll dkyi kien ds l-keus  
 esu f'keyk cikku jkun ngħidha  
 b'ebu & sudhirkapoor08@gmail.com  
 għiex u & 9219687777] 9258380143  
 9557513108]

I eLr i nškof fl-ka dks

## बैसारखी ध

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## बैसारखी

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# RAS BIHARI BOSE SUBHARTI UNIVERSITY

Approved by Uttarakhand Government by Act No. 35 of 2016

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- Diploma in Physiotherapy
- Bachelor in Physiotherapy
- Diploma in Optometry
- Bachelor in Optometry
- B.Sc in Medical Lab Techonology
- Bachelor in MRIT
- N.Sc in Medical Microbiology
- M.Sc in Medical Physiology
- M.Sc in Medical Anatomy
- M.Sc in Medical Biochemistry

### NURSING B.Sc Nursing & GNM

### ADMISSION NOTIFICATION- 2017-18 COURSES OFFERED

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B.A (History/Hindi/English/Sociology/  
Political Science/Mathematics/  
Fine Arts/Fashion Designing)  
(Choose any two subjects)  
B.A. Economics (Honors)  
M.A (History/ Hindi/ English/Sociology/  
Political Science/ Public Administration)
- HOTEL MANAGEMENT**  
D.H.M. & B.H.M.
- BUSINESS ADMINISTRATION**  
B.B.A  
M.B.A (GENERAL)  
M.B.A (HOSPITAL ADMINISTRATION)  
M.B.A (FASHION DESIGNING)
- PHARMACY**  
D.PHARMA
- EDUCATION**  
B.Ed & M.A. Education
- FINE ARTS**  
D.F.A. & B.F.A.
- LIBRARY SCIENCE**  
B.Lib & M.Lib
- COMPUTER SCIENCE**  
BCA, MCA, B.Sc Computer Science
- SCIENCE**  
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B.Sc Home Science  
B.Sc (Honors)

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