

# ਟਾਈਸ ਵਿਕਾਰੀ

੦੧੨੨ ਵਾਲੀ 15 ਫਰਵਰੀ 2017 ਮਾਮੂਲੇ 15%

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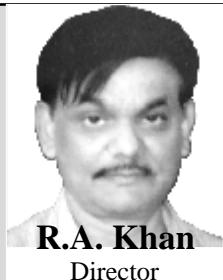


ਚੋਲੜ  
ਇਤਨਾ ਆਸਾਨ ਨਹੀਂ



# PRAYAG IAS Academy

Uttarakhand's Leading Institute for  
IAS/PCS, PCS (J)  
Prayag IAS College Maan Singh Waala,  
Dehradun, Ph. No. 0135-2744550



R.A. Khan  
Director

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## Vkbe foVus

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# उन बच्चों की क्या गलती?



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# तलाकः इतना आसान नहीं



त्रिलोक कुमार

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1/2 I rku ds ikyu&i ksk.k dk , d dkbae LFkkfi r djukA

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1/2 dke&okl uk dh i f r z dk usrd dkuruh çko/kku çnku djukA

bu I eLr mís; kadh i f r z ds fy,

bLyke tc i fr v k i Ruh dks foog ds ek/; e I s t k M r k gS rks bl I cdk dks, d ^vucdk\* dh 'kDy nsrk gS v k ; svuçdk rc gh rd çhkhoh jgrk gS tc rd bu mís ; kadh i f r z I kko gkA ; fn i fr&i Ruh ea , d h fLFkfr mRiuu gks tk, fd bu mís ; kadh i f r z I kko u gks rks bLyke] I ekt dh fLFkj rk , oal &<fk dks/; ku ej [krsgq] i fr&i Ruh dks; svuçfr nsrk gS fd oks i jkus vucdk dks rkm+dj , d su; s vucdk LFkkfi r dj yj tgkabu mís ; kadh i f r z hnj : i I sgksl dA  
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rykd dk çko/kku ukjh i j vr; kpkj v k nkl rk dk ckld ugh cfYd ml dh Lorar rk dk mn?kkkd gA

^v k j rk ds fy, Hkh I kekU; fu; e ds vuçkj oj s gh vf/kdkj gS tS s enk ds vf/kdkj mu i j gA\*\* %dijvku] 2/228%

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gkus dk dkbz jkLrk ugha Fkk] pkgs i kfjokfjd thou iwkz: i l s ujd cu pdk gks vks I ekt dks ykHk dscnys gkfj i gpk jgk gkA

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## तलाक कोई खेल नहीं है

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i j UrqbLyke dsi xEcj gtjr egEen 1/2 us; g Hkh Li "V dj fn; k gSfd gyky dkeka es I cl s vf/kd uki I Unhnik dke rykd gS

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Mksyh dsckn ml dh vFkhg fuDyxh\*\* dh /kkj .kk vkt Hkh ekU; gA I u~1955 ds fgUnw foogk dkunw I dkksku us Hkkj rh; I fo/kku earykd dk cko/kku I fEfyr fd; k vks i Ruh dks; svktknh nh dh og viuh er; q I s i wZ Hkkj ; fn

vko'; d gks rkj fof/kor nKEi R; I ddk I study I drh gA

bl çdkj ; g I R; çekf.kr gks tkrk gSfd bLyke ea1400 o"Kz i wZfn; k x; k rykd dk cko/kku vksr ds fy, vFhk'kki ughacfYd ojnu gA

## rykd vfUre | ek/kku

rykd dsbl cko/kku dksvfure vks vi fjk; Zheventable% I ek/kku ds: i eagh mi ; kx fd; k tk I drk gA ; fn i fr&i Ruh dschp , dh fLFkfr mRi Uu gks tk, fd i f j okj dkspyuk ef' dy gksjgk gSfd rksbLyke rykd dh fLFkfr vksl s i gysi fr&i Ruh dschp I yg&I Qkbzdzjksdk Hkj i j ç; Ru djrk gA

1/2 bLyke mudsI keus; sI R; j [krk gSfd] ^gksI drk gSfd , d pht rfiga uki I Un gks vks ogh rfigkjsfy, vPNh gks vks gksI drk gSfd , d pht rfiga i I Un gks vks ogh rfigkjsfy, cjh gks vYkg tkurk gS rpe ugha tkurk\*\* 1/dj vks] 2/216½

1/2 rykd ea iwkz I ddk foPNs I s i wZ bLyke nEi fuk dks "bír\*\* Waiting Period dh vof/k rd I kFk jgusdh vkkk nsrk gSfd ; fn oksbl vof/k eav i uh xyrh dksegl I djdsvi usvkplj &0; ogkj es I jk j d j yarksfoog dks i wZ% VVusl scpk yA

1/2 rykd dh fLFkfr vksl si wZbLyke vknk nsrk gSfd nkakvksj ds i f j okj okys foogk dks VVusl s cpkus dk ijk ç; Ru djA , dh e/; LFkrk i j bzoj us much I gk; rk dk fo'okl fnyk; k gA

1/4bu I kjsç; RukdsVl Qy gkskusi j gh bLyke rykd dh vufr nsrk gA

## तलाकशुदा औरत की परेशानियों का समाधान

rykd dkfj ksk dj usokydk I cl s cmk rdkz; gSfd rykd dsckn vks r dh fLFkfr vfr n; uh; gkskrh gS i ekt ml scj h fuxkg I sns[ krk gSvks ml dk dkbz glj k ughagkskA ; g rdklykskaea vks r dscfr I gkukHk, oaHkkopdrk rks mRi Uu dj I drk gS i j Urqml dks, d vI Qy obfgd thou ds d"Vka I s Nvdkj kughfnyk I drkA

bLyke , d I i wZ thou 0; oLFkk gS vks bl eavk j r dksbl n; uh; fLFkfr I s cpkusdk cko/kku rykd dh vufr nsus I s i wZhdj fn; kx; kg%

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oki I pyh tkrh gS vks ml ds Hkj. k&i ksk. k dh ftEenkj h ek; dksokyka dhgkrhgs

1/3 nKEi R; thou eai fr mi gkj ds: i es tksdN Hkh i Ruh dksnskgs pkgoeku gksxgus gksdkbVU; I kexh gks k?kj gks oksi Ruh dh I i fukgkrhgs vksj rykd dsi wZflokmi jkr ml soki I ugdk; dtkl drkA

1/4 bLyke foj kl r dk dkunw , d L=h dksml dsekrk&fi rkj HkkB&cgu , oa vU; f j 'rnskj ka dh /ku&l i fuk I s, d fuf' pr fgL I k fnykrk gS tksdij vku es I foLrkj fu/kkj r dj fn; k x; k gS ; g fgL I k ml dk vf/kdkj gSvks ml sdkbz Hkh bI I sofpr ughajd j I drkA

1/5 bLyke us, d I svf/kd i Ruh dh vufr nsdj I ekt esL=h dsvfookfgr 1/2 rykd dsmi jkr Hkh j g tkusdkscgr gn rd I eklrdj fn; k gS

; srksI R; gSfd rykd I s, d L=h dks

dBkj ekufI d vkskkr yxrk gS vks ml dsthou dh xkmh i Vjh i smrj tkrh gS i j UrqbLyke dsbu cko/kkulal sog 'khkz gh mu i j dkcwi k I drh gSvks vi uh thou : i h xkmh dksis p% i Vjh i j Mky I drh gSvks I ekt dsfuelk eI vi uh i j HkiedkfuHkk I drh gS

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vke ej Yekus dks; gka rd feytg dj vks egcr ds l kfk jgus dk gde fn; k x; k ds Qjekus ucoh 1/uch dk Qjeku½g%

fdl h ej Yeku dsfy; svu usefyeku Hkkbjl srhu fnu l sT; knk ykrkYypl jgu tk; t ugh vks tks'k l tksrh fnu ds ckn bl h gkyr es ej x; k og vks es tk; skKA 1/ugen o vcmkAn½

'knh'kpk ftUnxh dscip sesrksbLyke dk dkunih gh; gh gds; s f'rk 1/4 kfu fudkg/ftUnxh Hkj l kfk fuHkkus vks , d nij js ds l kfk oQk djus dk f'rk gds ftl ds fy; s vYykg [kk dj nksk; kfu 'kkj vks choh½ ds fnyks es egcr vks uefzdk vgl kl i h d j nsk gA; gkard dh nks vQjkn , d nij js ds djhc l s l f'rk egl ej djus yxrs gA 'knh'kpk ftUnxh dh bl Nkj l h ftUnxh es i kclunih oQknkj l j tkeunih vks Hkkbjpkj s dksbLyke usfruk vgfe; r nh gds l vlnktk nksdsgd l sbl ckr l syxk; k tk l drk gds uch l Yyy ykgks vygs ol Yye usbj 'kkn Qjek; k%

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gde nsk fd vi us 'kkj dks l tnk djA 1/4rfelth½

, d nij jh gnih esQjek; k%

ml tkr dh dl e ftl dsgkFk esejh tku gAtc 'kkj choh dksvi usfclrj ij cuyk; svks choh bUdkj dj nsrksoks tkr tks vkl ekus es g8ukjkt jgrh gA; gka rd fd ml dk 'kkj ml l sjkth gks tk; A 1/4rfelth½

bl dsvykok vki l Yyy ykgks vygs ol Yye us vks Hkj txg yksks dks okt vks ul hgr dh tS 1/4

choh dksxkyh u nka 1/4rfelth½

vtj l cl svge tks ckr bl f'rs es enk dks rkdh ds l kfk crkbzols; s fd rees l cl scgrj oksgatksvi uh choh ds gd escgrj gA 1/4rfelth½

tkj xk fQO dlft; l vYykg vks ml dsj l y l Yyy ykgks vygs ol Yye ij bEku j [kusokyk dkbzHkj enz; l vks r vi uh 'knh'kpk ftUnxh esmij crkbz; h rlyhekr dk bUdkj djds bLyke dh vter dksfcuk fdl h mtds# l ok djus dk ; ky Hkj dj l drk gA vdl f; r dk tokc ugh es gksk yfdi fQrj rs bU kuh vks vknrsesb[rykQ dh otg l smrkj pcko bU kuh ftUnxh ds t: jh fgLI sgift l es 'knh'kpk ftUnxh esnij js fgLI ks ds eplkcs T; knk nqk vks vktelbk utj vkrh gA bcyhl ds pyps gj txg vks gj oä 'knh'kpk ftUnxh dksccih djsdcsfy; srj kj jgrsgA uch l Yyy ykgksvygsol Yye dk bj 'kkn g%

bcyhl dk r[r i kuh ij gatgkal soks ijh nju; k esvi usy'dj dksjokuk djrk gds vks ml s l cl sT; knk pgsk oks 'kknku gkrk gds tks l cl sT; knk fQruk Qsk; % yoki l vkdj½, d dgrk gseusQykaQyka dkjuket vatk fn; kA bcyhl dgrk gds fmsdN Hkj ugh fd; kA fQj nij jk vkrk gds dgrk gseusQykaenZvks vks r ds i Hnsi Mjk jgk; gkrd dsnksdks, d nij js l svyx djds NkMIA\* bcyhl ml s vi us i kl r[r ij fcBk ysk gds vks dgrk gds fms cMk vPNk dke fd; kA 1/4rfelth½

bu bcyhl h dkjuket ds rgr dkh&dHkj fQrus , d k l j mBkrs gds fd i hNk gh ugh Nwrk vks bU kuh dh l kjh

dh l kjh l 1/4&cip vks vdYellh /kj dh /kjh jg tkrh gsvks dN l e> ugh vkrk dsD; k djA l; k egcr dsuktq f'rk esnjk vks tkrh gsvks tTkr t [eh gks tkrsgA , d sef'dy gkykr esHkj bLyke gj gky es; gh jkLrk fn [kkjrk g8dsfj 'rk , d sef'dy oä estHkj fdl h rjg cjdjkj jgA fygtk vxs fdl h 'kkj dh choh vxj cnb[ykd] cnreht vks ukQjeku gkrks 'kkj dksQks ugh rykd dk Qs yk ugh djuk pkfg; svxj ml esukdkeh gks rksnij jsekdsi j prkouh ds l kfk ?ij ds vlnj ml dk fcLrj vyx dj nuk pkfg; svxj bl es Hkj ukdke; kch vks choh vi uk joäk uk cnys rks ml s Mka&Mi V dj gYdh ekj ekus dh btktr Hkj nh x; h gA

ftu vks rks dh ukQjekuh vks cnfnekh dh rjg [kkj gks blgs ul hgr djks vks blgs vyx fcLrjks ij NkM+ns vks blgs ekj dh l tk nks vks fQj vxj oks rksnij djs rks bu ij dkbz jkLrk ryk'k u dkbz cskd vYykg rkyk cMk cgyln vks cMkbz okyk gA 1/4jig ful k 4@34%

bl h rjg T; knrh vks cnb[ykd] 'kkj dh rjg l sgks rc Hkj choh dks Hkj 'kkj dks ekalk nuk pkfg; su ds Qks u [kjy dk Qs yk djuk pkfg; scfyd l cz vks l 1/4&cip ds l kfk 'kkj dh c#[kj vks cnb[ykd] dh otg ekye djusdh dks'k l dkjuket pkfg; svks mu otgks dks nj dj 'kkj dk fny thrus dh dks kh'k djuh pkfg; A l kfk gh vxj ?ij dks cjcckh l scpkusdsfy; svxj ml ds gd esdkbz deh gks rksml stky dj gj gky es ?ij dks cpkus dh dks kh'k djuh pkfg; svks bl esi hNsugh jguk pkfg; A

vxj fdl h vks rks vi us 'kkj dh cnfnekh vks ci jokgh dh [kkj gks rks nks vki l es tks l yg dj ys bl es fdl h i j dkbz xplg ughA 1/4jig ful k 4@128½

vxj 'kkj choh dh l kjh dks kh'ksukdke gks tk; srkHkj rykd nusesYncckh u dj , d vks jkLrk bLyke uscrk; k g8dsnksdks [kkunku l s fd l h , d l e>nkj vks gdi jLr dks l tMkj l kjk dsekeysdk jkLrk fudkyuk pkfg; A

vxj r̄gsfe; kachoh dsnjE; ku vki I dh vucu dk [k̄Q gks rks, d eII Q enbkyksesl svkj, d v̄jr ds?ijokykses l sepjz djk vxj ; snkuks l yg djuk pkgsxrsrvYkg nkusfeyki djk nskl ; dhuu vYkg rkyk ijs bYe olyk ijh [k̄c] olyk ḡl jg ful k 4@35%

vxj ; sdkh'k Hkh ukdale I kfcr gksrks fQj bLyke bl prkouh dsl kfk nkusdks , d&nj js l svyx gks tkus dh btktr nk ḡds'gtjr I k̄ku jft0 I sfok; r ḡfd uch I Yyy ykgks v̄ygsol Yye us Qjek; k fd ftl v̄jr us vi us ifr I s fcuk otg rykd ekh ml ij t̄ur dh [k̄kcwqjke ḡl v̄rfezth]

gtjr I k̄ku jft0 I sfok; r ḡfd

uch I Yyy ykgks v̄ygs ol Yye us Qjek; k fd fcuk otg [k̄kv ekusokyh v̄jrs/k̄kskt ḡl v̄rfezth

gtjr v̄nlykg fcu mej jft0 I s fok; r ḡd ds uch I Yyy ykgks v̄ygs ol Yye us Qjek; k̄

vYkg dsutnhd ; g cgr cMk xpk ḡfd , d vknk fdl h v̄jr I s fudkg djysvkJ fQj tc viuh t: jr ijh dj ysrsrykd nsnsvkJ ml dk egj Hkh vnk u dj s/gkfdelh

gtjr v̄cwgjyk jft0 dgrsgfdh uch I Yyy ykgks v̄ygs ol Yye us Qjek; k fd rhu phtks es I Yyy ykgks v̄ygs ol Yye thnxh v̄j ḡl hetkd esdh x; h ckr ogh gks tkrh ḡl i gyh pht fudkg]

n̄ jh pht rykd v̄j rhl jh pht #tA v̄rfezth

gtjr v̄cwgjyk jft0 I sfok; r ḡd ds uch I Yyy ykgks v̄ygs ol Yye us Qjek; k fd tks fdl h v̄jr dks ml ds 'k̄bj ds f[k̄kvQ HkMek; s ; k xyle dks ekfyd ds f[k̄kvQ cgdk; s oks gees I s ughA v̄cwnkA%

rykd fdl gn rd uki I Unhink vey ḡv̄j bl dh djkgr Aij ekstn gnhi ucoh I sdh tk I drh ḡl

bl prkouh dscn Hkh vxj nkus, d n̄ jsl svyx gkuk pkgsrks 'k̄jvr us , d , k cgrj rjhdk crk; k dh vyx gkus ds bl rjhds es Hkh nkus dks feyku dhi vlf[kjh dkf'k djh ḡl

## तलाक का मसनून तरीका

fudkg v̄j rykd ds el ys ftllgs djku esgnntykg v̄Ykg dh cukbzgjz gnz dgk x; k ḡl t̄k ds vYkg us djku esQjek; k%

, s uch tc r̄p viuh ctfo; ks dks rykd nuk pkgsrksbu dh b̄r dsfnuks esblgsrykd nksvkj b̄r dk fgl kc j [k̄j v̄j vYkg I stksr̄gkj j c ḡMj rsjgk u r̄p blgs?kj I sfudkyks v̄j u [k̄p oks fudysgk; svkj clk ḡdsoks [k̄y cjkz dj cBj; svYkg dh epjjz djh gnsqj tks'k[I vYkg dh gnksl svlxsc<+tk; s bl us; dhuu vi usAij t̄ne fd; k̄ r̄p ugh tkurs'k; n bl dscn vYkg dkbz u; h ckr i bk dj nA v̄j rykd 65@1%

cgr I sylx djku dh bl v̄k; r I s v̄j bl dsuykok v̄j cgr I h v̄k; r tks [k̄j q u rykd ds rkYjd I s ḡd okdQ ugh ḡv̄j ml oä rd ukofdQ ḡtc rrd mlgs tkuusdh t: jr etcjh u cu tk; } rykd dh uler rks geskk yMkb&>xM&dscn gh i sk vkrh ḡl tks fnu jkr dk psu v̄j I plu [k̄e dj nrs ḡyfdu rykd dsel ys l suokdQ; r mu i jskuh esbtQ dh otg curh ḡl rykd dsvge el y%

1- v̄jr dks ḡst v̄ekfl d /kez ds nkku rykd nuk euk ḡv̄xj choh I sḡst ds nkku >xM& ḡyk gks rks Hkh enz vxj rykd nuk pkgsrc Hkh ḡst [k̄e gksrd blrtkj djuk pkfg; A v̄cusektk

2- ftl i kdh dh gkyr esrykd nuk gksml i kdh dh gkyr esgefclrjh djuk

euk ḡl ; kn jgs ḡst dsfnuks ds v̄ylok ckdh fnuks esftu es v̄jr uekt vnk djrh ḡmu fnuks dks i kdh dsfnu dgk tkrk ḡl v̄cusektk

3- , d oä esdoy , d gh rykd nsh pkfg; s, d I kfk rhu rykdsnuk cgr cMk xpk ḡl choh dks vyx djus ds fy; s rykdsdhs T; knk I sT; knk rknkn rhu ḡyfdu , d rykd I s vyx djuk gh 'k̄jvhr dk cuk; k x; k rjhdk ḡl

; s rykd nks ejrck ḡf fQj ; k rks vPNkbzI sjkdluk ; k menxh dsl kfk NkM+ nskA v̄j vy cdjk 2@22%

gtjr v̄nlykg fcu mej jft0 Qjekrsgfd%

I t̄ur rykd ; g ḡd ds 'k̄bj viuh choh dks ḡj i kdh esdoy , d rykd ns tc v̄jr rhl jh ckj i kdh gkfl y djsrks ml srykd nsml dscn tks ḡst v̄k; xk ml ij b̄r [k̄e gkst; xkA v̄cusektk

4- i gyh rykd gks; k n̄ jh ; k rhl jh gy rykd dscn v̄jr dks rhu ḡst ; k rhu i kdh v̄tks yxHkx 3 ekg curh ḡl blrtkj djuk ḡde ḡbl eir dks b̄r dgrsg

v̄j rykd nh ḡp v̄jrsvi usvki dks rhu ḡst v̄rhu ekg%rd jksj [ksvkJ vxj os vYkg v̄j vlf[kjh dsfnu ij b̄ku j [kjh ḡl jg vy cdjk 2@228%

r̄gkjh v̄jrses I s tks v̄jrs ḡst I s umEehn gks pph gks x; h ḡj vxj r̄gs 'k̄gk gksrksbu dh b̄r rhu eghusg v̄j bu dh Hkh ftllgs ḡst vukuk 'k̄# gh u gky

gks v̄j gkeyk v̄jrs fd b̄r bu dk gey ḡl v̄j rykd 65@4%

5- i gyh v̄j n̄ jh rykd ds ckn nk̄kusbir choh I sl yg djusdks 'k̄jvr esiyv tkuk dgrsgvJ , d h rykd dks rykd j tbldgrsg i yvusdsfy; scho I sgefcLrj gkuk 'k̄zugh t̄ckuh ckrphr gh dkQh ḡl v̄j tc r̄p viuh v̄jrsdks rykd nks v̄j oks viuh b̄r ijh dj ys rks blgs vi us [k̄foblnks I sfudkg djs I s u jksks tc ds oks vki I es nLrj ds erkfcd j tkeun ḡl v̄j vy cdjk 2@23%

6- i gyh v̄j n̄ jh rykd dscn rhu eghusbir xqtkjusedl n ; g ḡdsvxj 'k̄bj bl eir es rykd dk Qj yk cnyuk pkgsrksml s rhu eghus esfdal h Hkh oä #tA yg% dj I drk ḡl bl hfy; si gyh nksrykdksdks t̄birykd dgk tkrk ḡl rhl jh rykd dscn 'k̄bj dks #tqdk gd ugh jgrk cfYd rykd nrs gh vygnxh gks tkrh ḡf fygk t k rhl jh rykd dks rykds ckbu v̄yv x djs okyh dgk tkrk ḡl rhl jh rykd ds ckn b̄r dk edl n i gys 'k̄bj I s rkYpkrks dh bTtr es rhu eghus rd n̄ jsl sfudkg I s#dsjgukA nksrykdksl svygnxh% i gyh rykd%

i gyh rykd nus ds ckn b̄r 1/4 kfu rhu ekg%ds v̄lnj vxj 'k̄bj choh #tq djuk dj ya #tqdsdk ; seryc ugh dh i gyh rykd cdkj gks tk; xk ; k vlx

ml s dHkh fxurh es ugh fy; k tk; xk cfYd vlxcs tc Hkh 'kkjy rykd nsck rks og nli jh rykd ekuh tk; xhA

nli jh rykd%

i gyh rykd l s #tq ds ckn nckjk dHkh Hkh/t s sdN fnu] gflr} eghu] l ky% vxj fQj dkbz > xMk gks tk; svkj ukfr rykd rd i gp tk; srks 'kkjy dk; nsds erlkcd gft [kRe gks ds ckn fcuk gefcLrj gq s nli jh rykd ns na bl nli jh rykd dsckn Hkh 'kfjvr usenZ dks nkksus b1r vhu ekgs ds vlnj% #tqdk gd fn; k gbl fy; smli nli jh rykd dks Hkh jtbz rykd dgk gh dgk tkrk gA vxj #tqu djs rks b1r ds ckn nkkses vygnxh gks tk; xhA bl nli jh jtbz rykd dk ; sQk; nk gfsdskusvxj vlxcs dHkh fudkg djuk pkgs rks fudkg dj l drs g; k vkr fdli h vkr l s fudkg djuk pkgsrksdij l drh gA

; s rykd nks ejrck gq fQj ; k rks vPNkbz s jkduk ; k menxh dsl kfk Nkm+ nskA 1/4 jg vy cdjk 2@229%

rhu rykdls l s vygnxh dli tk; t l jrgky%

i gyh rykd ds ckn b1r ds vlnj vxj 'kkjy #tqdj ys; k b1r ds ckn fudkg dj yj fQj nli jh rykd ds ckn b1r ds vlnj 'kkjy #t dj ys; k b1r ds ckn fudkg dj ysvkj nkksus kfk esjgrs gksfQj vxj dN oä dsckn nkksesfQj l s > xMk gks gsrks 'kkjy i kdh dsfnuscs fcuk gefcLrj gq srhi jh rykd ns drk gq vkr ; s rhi jh rykd ns gq nkkses geskk dsfy; svgnxh gks tk; xhA ft l rjg i gyh vkr nli jh rykd dsckn #t w djs nckjk l kfk jgus dli btktr gq rhi jh rykd es, k ugh gbl fy; sbl s

rykd dks ckbu vkrfdy vyx djus oky% dgk tkrk gA rhl jh rykd dsckn vkr dks b1r xkrkjus dks gq vkr b1r [kRe gksdsckn oksvktknh l sdgh Hkh fudkg dj l drh gA ; sckr /; ku jgs ds rhl jh rykd ds ckn 'kkjy choh fudkg djuk pkgs rks Hkh ugh dj l drs tc rd vkr fdli h vkr l s fudkg u dj ys vkr ftUnxh Hkh l kfk fultkus dh fu; r l s nli js 'kkjy ds l kfk u jgs vkr fQj dHkh vxj ml dks nli jk 'kkjy ej tk; s; k fdli h ekeys dsrgr ml l srykd gksdk; s; k 'kkjy vi uh etli sml srykd nsnsrksbl h rjg rykd ys dj oks b1r xkrkj dj vi usi gysokys 'kkjy l sfudkg dj l drh gA

[kyv% ft l rjg 'kfjvr usenZ dks gkyr dseisutj rykd dk gd fn; k gq ml h rjg vkr dks Hkh gkyr dseisutj enZl sNvdkj gkfl y djusdsfy; s [kyv dk gd fn; k gA [kyv nsus ds fy; s 'kfjvr us 'kkjy dkschoh l sdN jde yus dli btktr Hkh nh gq tksfd de o T; knk vkr ds gd es ejj ds cjkj gkuk pkfg; A ; srykd nksejrk gafQj ; k rks vPNkbz s jkduk ; k menxh dsl kfk Nkm+ nsk gavkj rfigsgyky ugh dsrnf usblugs tksnsfn; k gbl es l s dN Hkh yk gka ; s vkr ckr gq ds nkksus dks vYk gfd gns dk; e u j [k l dusdk [kkQ gk bl fy; s vxj rfigsnj gksds; snkksvYk gsgns dk; e u j [k l dksrksvkr f jgkzb i kusds fy; s dN ns Mky bl es nkks i j dN xpk gugl ; vYk gfd gns gq [kckj nkj bu l svkxsu c<tk vkr tksylx vYk gfd gnks l srtkfdt dj tk; soks tkfye gq 1/4 jg vy cdjk 2@229%

gtjr l kfcf fcu dS jft0 dli choh uch l Yyy ykgks vyg sol Yye dli

f[kner esgkftj gplvkr dgkA , svYk gdsj l y l Yyy ykgksvyg sol Yye! eil fcr fcu dS dli nhunkjh vkr b[kykd i j ckgrku ugh yxkrh yfdu egs uk'kjh dli xpk gdk f'kdkj gkuk i l Un ugh fygkfk egs [kyv fnyk nlf; A uch l Yyy ykgksvyg sol Yye usml l sekye fd; k fd D; k rpe l kfcf dk gd ejj esfn; k gq ckx oki l djus dksrs k jk gk vkr usvtzfd; k fd gka, s vYk gdsj l y l Yyy ykgks vyg sol Yye l fygkfk uch l Yyy ykgks vyg sol Yye usgtjr l kfcf fcu dS jft0 dksgpe fn; k fd vi uk ckx oki l ysysksvkr ml svktkn dj nka Vc[kkj hz bl gnhl dli jkkuh es; sckr Hkh ekeye gkuk gfsdsvxj 'kkjy choh vki l h j tkelnh dsrgr [kyv dk ekeyk r; u dj l dsrks choh dwi jk gd gkfl y gfsdksols'kj bvnkyr dk # [k djsrksd ml dli l qokbz gks l dsi vkr l kfk gh 'kjblvyr dks; sgd gkfl y gq oks vkr dksenZl s [kyv fnykadj vktkn djs; g ckr /; ku jgs ds 'kjbl ekeyes vxj tt ; k fQj vnkryr elstn u gks rks myek dli tekr ; k vle eljldh i jgst xkj ej yekuls dli ipk; r Qj yk dj ns rks; s fcYd tk; t gq yfdu vxj vlxcs fdli h i jskkuh dsvlnsks ds rgr egQit jgus ds fy; sxj ejlye vnkryr l sfyf [k rks es; sdke djusesdkbz gtzughA [kyv dli b1r , d eghuk gsmi dli ckn vkr t gkpkgs nli jk fudkg dj l drh gA

gtjr l chv fcUrselyfot fcu vQjk jft0 l sfjok; r gq dli mlgk usuch l Yyy ykgks vyg sol Yye ds tekus es vi us 'kkjy l s [kyv fy; k rks es usmllsgpde fn; k fd og , d gft dli b1r xkrkj A vrfetzh%

# , d l kfk rhu rykds

fudkg oyksj l jrsqky es, d nli js dli kfk fultkus dks kh'k dj rsgq 'kkjy choh es vki l h b[rykQ jkstejkl dli ckr gq ft l s , d l e>nkj 'kkjy vkr , d l e>nkj choh vi uh i jh dks kh'k dj rsgq ds ekeyk cuk jgA yfdu tc ekeyk c<F&C<Fs rykd rd i gp tkrk gq rks rykd ds ekeyes es l kp&fopkj] l Yyy ykgks vyg sol Yye tnxh cnkz r l s dke yusokysenZ vkr vkr gks gq vkr [kkj rks l s 'kjbjgDeks dks tkuusokysrks

cgr gh de yks gksqf, dli l jrsqky es vdl j yks xli sesvkdj , d l kfk rhu rykd ns ns gq ds Qjju jkst jkst ds yMkbz > xMks l s NVdkj feys vkr 'kjbl ekeys dli ukokdfQ; r dsrgr , d gq ckj esrhu rykd 1/4 k ml l slkh T; knk% rykd ds ylt dks dg ns gq tks u fl Qj 'kfjvr ds f[kyQ gq cfYd cgr cmk xpk gq uch l Yyy ykgks vyg sol Yye dli ftUnxh es , d ckj fdli h 'l us vi uh choh dks , d l kfk rhu

rykdsnsnA tc vki dksbl ckjseirk pyk rks vki l Yyy ykgksvyg sol Yye xli sdsekJsmB [kMqgq svkj Qjek; kA ejh elstn xh es vYk gdh fdrkc l s ; g etkda , d 'k l usvtzfd; k fd ; k jli vYk gq l Yyy ykgks vyg sol Yye! D; k esml sdRy dli nli xul kbz

rhu rykds , d l kfk nsk fdruk cmk xpk gsmi dli otg ; g gq ds 'kfjvr us [kunku dks rckg l scpkus dsfy; sft l t: jr vkr fgder dksvey esyuk plgrh

ḡr̄tu rykd n̄usokyk 'k[ l u fl Q̄dkuūs bykḡl d̄h ukQ̄ekuh d̄jrk ḡcYd mu f̄gderksdkslh i kely dj n̄sk ḡf kfk gh ; s l jkl j uch l Yyy ykḡsvyfsol Yye d̄h [k̄y h ḡbz uQ̄ekuh ḡl cktm bl d̄s uch l Yyy ykḡsvyfsol Yye usbl rjg rhu rykd , d l kfk n̄usokydsrykd dksfl Q̄z , d gh ekuk ḡr̄tu ughA

gtjr v̄cn̄ykg fcu v̄cckl jft0 l s fjok; r ḡd ds uch l Yyy ykḡs vyfsol Yye d̄stekusesml d̄sckn gtjr v̄cw c̄ jft0 d̄h f[kylQr es gtjr mej jft0 d̄h f[kylQr es n̄s l ky rd , d ckj es nh x; h rhu rykd , d gh ekuh tkrh FkhA gtjr mej jft0 usdgk%

ftl pht esyksksalsekgyr nh x; h Fkh yksks usml ckj ses tYnckth l sdke ysk 'k# dj fn; k ḡfygk t vkblln ge , d l kfk nh x; h rhu rykd dksrhu gh ykxwdj n̄skA fygk t gtjr mej jft0 usvi uk Q̄ yk ykxwdj fn; kA v̄fLye%

uch l Yyy ykḡs vyfsol Yye d̄h l t̄ur v̄k̄ n̄ks [kyhQk ds veys l s ; rhu ckrsl kQ tkgj ḡd%

1- , d l kfk rhu rykd n̄sk 'k̄fj ; r bl yke escgr̄ cm̄k xq̄lq ḡl

2- , d ckj es rhu rykd n̄us okys dks xq̄lgxkj Bgjks d̄sckotm 'k̄fjvr usml s rykd dsvk̄ n̄sek dksl seg: e ugh fd; k v̄k̄ rhu rykd dks , d rykd gh ekurh ḡl

3- gtjr mej jft0 us yksks dks , d ckj es rhu rykd n̄sk l s jkdlus dlsfy; s l tk ds rk̄ i j rhu rykd dks rhu rykd gh ykxwdj fn; k Fkh yfdu ; s 'k̄fj; r dk el̄rfdy dkuū ugh Fkh] ; s Bl̄d ml h rjg ḡds5 oä d̄h uektksdks vxj fd l h , d oä es , d l kfk i <+fy; k tk; srksft l oä esuekt i <+ tk; xh ml oä d̄h uekt rks ḡs tk; xh yfdu n̄l j s oälsdh uekt u ekuh tk; xh D; k̄d muds vnk djusdk oä fcYd yvx ḡfygk t dkbzbJU ku 5 oä d̄h uekt dksfdl h , d oä esugh i <+ drkA Bl̄d ; gh el yk , d l kfk rhu rykd n̄usdk ḡdsvxj fd l h us , d l kfk rhu rykd n̄sh i gyh rykd rks elu yh tk; xh yfdu ckfd n̄skv̄ rykd dksfy; sb̄r dk oä xq̄ljk t: jh ḡt s k dsvYkg usdjk u esQ̄ek; k%

v̄k̄ rykd nh ḡbz v̄k̄rs vi us vki dks rhu ḡt v̄r̄tu elḡlrd jkdsj [kv̄k̄ vxj os v̄Ykg v̄k̄ v̄k̄fj r d̄sfmu i j b̄ku j [krh ḡr̄tsmuds fy; stk; t ugh fd osml pht dksNjik; stksVYkg usi b̄k fd; k mudsi V

et v̄k̄ bl n̄sku esmuds 'k̄fj m̄lgsfQj yl̄sk yusdk gd j [krs ḡv xj oks l yg d̄juk plgA v̄k̄ bu v̄k̄rksdsfy; snlrij d̄s erlkcd ml h rjg ḡp d̄sf t rjg n̄lrij d̄serlkcd mu i j ftEenlkj; k ḡl v̄k̄ enk̄ d̄k mudseplcysesdN nt̄l c̄k̄ ḡy k ḡl v̄k̄ v̄Ykg tcjnLR ḡrnchj okyk ḡl v̄k̄ vy cdjk 2@228%

v̄k̄ tc r̄p v̄k̄rks dks rykd ns nks v̄k̄ osvi uh b̄r rd i ḡp tk; srksm̄lgs ; k rksdk; nsdserlkcd j [k yks; k dk; ns erlkcd # [k l r dj n̄ka v̄k̄ vy cdjk 2@230%

d̄n m̄Yek dsutnhd , d oä esnh x; h rykds rhu gh 'k̄ekj ḡkxhA yfdu uhp̄s nh x; h nylys bl ckr d̄k [k Mu d̄jrh ḡl

1- uch l Yyy ykḡsvyfsol Yye us vi uh ftlunxi es rhu rykd dks , d gh rykd crk; k l uch l Yyy ykḡs vyfsol Yye d̄seplcysesgtjr mej jft0 dk bfTrgkn nyly ugh cu l drkA v̄Ykg d̄jku esQ̄ekrk ḡl

, s yksks tks b̄ku yk; s ḡd v̄Ykg v̄k̄ ml dsj l y l s v̄kxs u c̄k̄ v̄k̄ vy cdjk 49@1½

2- beke eLye d̄h fjok; r d̄h x; h ḡn̄l es gtjr v̄cn̄ykg fcu v̄cckl jft0 ds dksy d̄serlkcd vgn̄s fl ūdh d̄jft0 v̄k̄ vgn̄s Qk: d̄h jft0 ds 'k̄# ds n̄s l ky dk v̄l k̄ bl el ys i j l ḡck jft0 dsbTekv d̄h ḡs ; r j [krk ḡl

3- gtjr mej jft0 ds bfTrgkn d̄s ckn , d oä es nh x; h rhu rykd dks rhu 'k̄ekj djus i j d̄hkh Hkh m̄er d̄h jtkelnh ugh jghA l ḡck jft0 rckkbz v̄k̄ bekekesHkh bl el ysesubkukQkdh jgh ḡl v̄k̄ l kr bLykeh el̄d tkm̄z] el̄gDdk̄ fel } bjkdl l h f; k l kfdrLrku v̄k̄ l Mku es , d etfy l d̄h rhu rykd dks , d gh rykd ekuusdk dkuū ḡl

4- d̄n m̄Yek beke eLye d̄h fjok; r d̄h x; h ḡn̄l d̄h ; ḡrky i sk d̄jrs ḡt v̄k̄ n̄l̄ esyksksb̄ekunkjh djhc&djhc ugh Fkh bl fy; sr̄tu rykd n̄usokydsbsl C; ku dks rlyhe dj fy; k tkrk fd ml d̄h fu; r , d gh rykd d̄h Fkh v̄k̄ ckfd n̄skfl Q̄rkdln ds r̄s i j Fkh yfdu gtjr mej usegl l fd; k fd vc yk̄ tYnh esrykd ndj cgkuk djrs ḡrks vki us cgkuk d̄ay yjus l s b̄ldkj dj fn; k ab

; s rkfoy fugk; r gh [krjukd ḡd ds fl Q̄fQdgh el ysdksrj thg n̄usdsfy; s

; s rLyhe dj yk̄ ds vgn̄s Qk: d̄h d̄h 'k̄# v̄k̄r es l ḡck jft0 ds v̄lhn̄j l PpkbZ v̄k̄ b̄ekunkjh [kRe gks x; h Fkh ; k ḡks yxh Fkh cgr̄ l s n̄l̄ jsfQRuks d̄k njoktk [kky n̄sh ḡs fygk t fd l h pht d̄h rkfoy dsfy; s l cl si gys; srkfoy n̄us okys; s l kp ysdsofsd l ij cb̄ekuh d̄k b̄Ytke yxh jgs ḡs v̄k̄ bl cb̄ekuh l s cgrj gtjr v̄cn̄ykg fcu v̄cckl jft0 d̄h gn̄l dksBhd ō sgh rLyhe dj yk̄ fQRusdk f'kdkj ḡksl scgrj ḡl

5- bl ḡn̄l esgtjr mej jft0 us , d ckj esr̄tu rykd dksr̄tu ykxwdjus d̄k edl n yksks yksks d̄h tYnckth crk; k x; k ḡt k̄d gkykr dseutj Fkh fygk t gtjr mej ds bl tokt dks NkMaj viuh rjQ l s tokt x+ysk v̄k̄ ml s gtjr mej jft0 d̄h rjQ ell c̄ d̄juk b̄ekunkjh dsf [kylQ ḡl

6- rhu rykd dksr̄tu rykdsrdl he d̄jusdscn ml d̄stks [kjk c̄ urhtsfudrys ḡog [k̄p bl ckr d̄s [kyl l c̄r ḡds, d oä esnh x; h rhu rykd dks dls ykxwdjuk [k̄p , d l tk rks ḡs l drk ḡs yfdu el̄rdhy geskk d̄k dkuū ugh gks l drk ḡs D; k̄d i gysrksrykd n̄usokyk ml el̄gyr l s eg: e ḡstkrk ḡtksYykg usv k̄rksd h b̄r dsrl̄s i j ml sc ['k̄ ḡft l esols l kp&l e> dj vi uk bjkuk cny # t̄q dj ysn̄ljsrykd d̄s ckn i Nrkos d̄h l jir es oki l h d̄h dlbz xitkb'k ugh ft l dsfy; sgylkst svey l s v̄k̄r dksxq̄tjk tkrk ḡv k̄ ml dsbl gykys d̄h cnaljih dsfy; sr̄k j d̄jrs ḡtksn̄l , bLyke l sey ugh [kkrA

fygk t bu nylyks d̄h jk̄kuh es i <us okys [k̄p Q̄ yk d̄js d̄s , d l kfk rykd n̄sk d̄s ḡD; k ḡhdru bLyke es , l k ḡs l drk ḡs

vki [k̄p t otk nsA ; ḡk , d ckr v̄k̄ /; ku jgsd stksyks gtjr mej jft0 l s ; snyly i dM̄r ḡs mudks ; s l e>uk plkg; s ds ; ḡk el yk̄ rykd d̄k ugh cfYd gtjr mej usbl dkuū dkscrk̄ , d l tk dsrk̄ i j ykxw fd; k Fkh rkfd yk̄ rykd d̄k tksrjhdk v̄Ykg v̄k̄ ml dsj l y uscrk; k ḡml i j oki l i yV v̄k̄ A fygk tks m̄Yek mej jft0 d̄h ckr dks nyly cukrs ḡs m̄lgsplkg; sds v̄k̄t fkh tksyks , l k d̄jrs ḡsmuds fy; seplkf l c l tk ykxwdjsrkfd yk̄ fQj l s , l k f?ukuk dke ft l ij uch l Yyy ykḡsvyfsol Yye us l [r uj t xh trkbzḡs d̄jA

gykyk' diku esvYykg usl kQ y<sup>¶</sup>ts  
esQjek; fQj vxj bl dksrykd nsns  
rlsvc bl dcsfy; sgykyk ugh tc rd ds  
oks vlg r bl dsfl ok ntl js l sfudkg u  
djj fQj vxj oks Hh rykd nsns rks bu  
nkuks dks ey tky dj yuses dkbz xulg  
ugh c'krks; stku ysds vYykg dli gnks  
dks dks; e j [k l dks]; svYykg rtyk dli  
gnsgftlgs oks tkuus okys dcsfy; st; ku  
djk g<sup>¶</sup> jg vy cdjk 2@230%

diku dli bl vkl; r l s l kQ oktsgfads  
rykd dksckn tc vlg r ntl js l sfudkg djs  
vlg ml dk 'k<sup>¶</sup>j ml svu uh vktkn etil s  
rykd nsns k ej tk; rksb<sup>¶</sup>r x<sup>¶</sup>tjus ds  
ckn okvlg r vi usi gys' k<sup>¶</sup>j l sfudkg djs  
l dkh g<sup>¶</sup>ts, d tk; t vlg 'k<sup>¶</sup>j; h rjhak g<sup>¶</sup>  
ydlu bl vkl; r dli jkluh esdN tlfgy  
fdle ds mYek us rykd' k<sup>¶</sup>pkgs ml ds  
'k<sup>¶</sup>j usml s, d ckj esru rykd nh g<sup>¶</sup>s; k  
uk nh g<sup>¶</sup> dksvi usi gys' k<sup>¶</sup>j sfudkg es  
vklusdsfy; s; sglyk fudkyk ds; srykd' k<sup>¶</sup>pk  
vlg r fdli h sofä fudkg djs, d nksnu  
dksckn rykd ydl vi usi gys' k<sup>¶</sup>j dsfy,  
gykyk g<sup>¶</sup>tsk; x<sup>¶</sup>A  
vlg r ds vi usi gys' k<sup>¶</sup>j ds fy; s  
gykyk djs ds dke dks gykyk dgrs g<sup>¶</sup>  
vlg bl dke dks djs okys dks egfyy  
dgk tkrk g<sup>¶</sup> diku ethn ds g<sup>¶</sup>e l s  
gykysdk QdZuhpsvkl kuh l s l e>k tk  
l dkh g<sup>¶</sup>

'kj ; ; h g <sup>¶</sup> e	fudkg el u <sup>¶</sup> u	fudkg gykyk
fu; r	ftUnxh Hkj l kFk fuHkkusdh	, d ; l nksjkrksdckn rykd dli
edl n	vlykn dk g <sup>¶</sup> l y djuk	nlt jsenzdsfy; svlg r dks gykyk dju
dQW	vlgr dli ethlt: jh g <sup>¶</sup>	ethlugh tkuh tkrh
nhunkjtl gLc] uLc]	nk <sup>¶</sup> yr] g <sup>¶</sup> tu teky l c n[kk tkrk g <sup>¶</sup>	dkbz pht ugh n[kk tkrh
egj	vnk djuk Qtzg <sup>¶</sup>	u r; fd; l tkrk g <sup>¶</sup> u vnk
, yku vlg çplj	, yku vlg çplj djuk el u <sup>¶</sup> u g <sup>¶</sup>	[k <sup>¶</sup> Q; k j [kk tkrk g <sup>¶</sup>
# [k l rh	bt-tr vlg odkj dsl kFk l d jky vkrh g <sup>¶</sup>	[k <sup>¶</sup> pydj egfyy dsikl tkrh g <sup>¶</sup>
n <sup>¶</sup> gk n <sup>¶</sup> gu dsl Tckr	eglcr vlg [k <sup>¶</sup> kh g <sup>¶</sup> rk g <sup>¶</sup>	uQj r vlg 'kfeUnxh
fj 'rskjksdli nyk	eglcr vlg [k <sup>¶</sup> kh l smyk nrsgf	gj rjQ ykur vlg eykyr dli tkrh g <sup>¶</sup>
n <sup>¶</sup> gr dk cuko J <sup>¶</sup> kkj	l gfsy; k [k <sup>¶</sup> kh [k <sup>¶</sup> kh dj rh g <sup>¶</sup>	n <sup>¶</sup> gu cuusdk r l ooj gh ugh g <sup>¶</sup> rk
I gkxjkr dk bllstke	l d jky okys [k <sup>¶</sup> kh [k <sup>¶</sup> kh dj rsf	l d jky dk otn gh ugh g <sup>¶</sup> rk
'k <sup>¶</sup> gj dli rjQ l sgfn; k	'k <sup>¶</sup> gj [k <sup>¶</sup> kh [k <sup>¶</sup> kh nrk g <sup>¶</sup>	QWh dkMh Hh ugh feyrh
ftEenkjh	'k <sup>¶</sup> gj dsftEesgeskk dsfy; s	egfyy dher ol y <sup>¶</sup> rk g <sup>¶</sup>

el u<sup>¶</sup>u fudkg vlg gykysesl kQ QdZ  
tkfgj g<sup>¶</sup> fudkg l lur dli i joh g<sup>¶</sup>  
tcfd gykyk l lur dsf[kylQ g<sup>¶</sup> fudkg  
l jkl j jger g<sup>¶</sup> tcfd gykyk l jkl j  
ykur vlg eyker g<sup>¶</sup> fudkg l jkl j  
bt-tr vlg vli er dli tekur g<sup>¶</sup> tcfd  
gykyk l jkl j ftuk vlg cndkjh g<sup>¶</sup>  
bl hfy; such l Yyy ykgksv<sup>¶</sup>sol Yye  
dk gykyk djs okys dks fdjk; sdk l kM  
dgk g<sup>¶</sup> n<sup>¶</sup>usektk<sup>¶</sup>

, d nlt jh gnhl esgfdsgykyk djs  
okys vlg djkus okys nkuks i j ykur g<sup>¶</sup>  
Wrfeltl<sup>¶</sup>

tkyks gykysdkst; t djkj nrsgf  
mul s; si nksdsvxj gykyk tk; t g<sup>¶</sup>rk  
f<sup>¶</sup>k; kseserkg D; ksgjke g<sup>¶</sup>tcfd nkuksgh  
vlg th g<sup>¶</sup>rk g<sup>¶</sup>, d [k<sup>¶</sup>l oä dsfy; svlg  
nkukses dN u dN r; djkj ik; k tkrk  
g<sup>¶</sup> tkfgj l h ckr g<sup>¶</sup> kjk dksn<sup>¶</sup> dk uke  
nkuks snyk 'jkj ugh g<sup>¶</sup> tkrh u gh gyky

g<sup>¶</sup>ks tkrh g<sup>¶</sup> gtjr mej jft0 ds n<sup>¶</sup>g<sup>¶</sup>  
f[kykQr esyksks, d ckj esru rykd  
nusds t<sup>¶</sup>l s jkdlusdsfy; su d<sup>¶</sup>oy, d  
ckj esru rykd dks dksru gh 'k<sup>¶</sup>pkj djs  
dk dkuu cuk fn; k Fkk cfYd bl dsl kFk  
gykyk djs vlg djkusokysdks l k j  
dh l tk dk dkuu Hh cuk fn; k Fkk l bu  
nkuks dkuks dk, d oä es ykxw g<sup>¶</sup>rk  
yksks dks fl QZ tYnckth l s rkdsu dk  
bykt Fkk u dsd; er rd dsfy; sbl s  
ulkQI fd; k FkkA rhu rykd nus okys  
i gys rks vi uh tYnckth dh otg l s  
ftUnxh Hkj vi uh unker i j vkl wckrk  
jgrk vlg nlt jh rjQ gykyk t<sup>¶</sup> sf?kukfus  
dke dsrl ooj l sgh ml dsjkkVs [kMg<sup>¶</sup>gks  
tkrscfYd g<sup>¶</sup>kykr dseitj rhu rykd  
ds f?kukfus t<sup>¶</sup>l dks jkdlus dsfy; sbl l s  
cgrj dkbl l tk Hh u Fkk  
l cl sT; knk g<sup>¶</sup>r dli ckr rks; sgfstsks  
l huk Bl dksru rykd dks, d gh oä es  
tk; t djkj nrsgf dsdu gykysdjs okys  
dks l k j dh l tk dks NjkrsgfYd yksks  
dks gykyk djs ds dh jkg fn [krs g<sup>¶</sup>  
gykysdk l cl svQI k l vlg cbttrh  
dk i gywrks; sgfstsks xulg enz djrk g<sup>¶</sup>  
vlg l tk vlg r Hkkrh g<sup>¶</sup> djrk dkbz  
g<sup>¶</sup>Hkkrh dkbz dk vUkk dkuu bLyke ds  
c<sup>¶</sup>; knh ml yksdsf [kykQ g<sup>¶</sup> nlt jsenz  
ds bl t<sup>¶</sup>l dh l tk vlg r dks Hkkrh  
i M<sup>¶</sup>h g<sup>¶</sup> vlg l tk Hh , d h ds dkbz  
x<sup>¶</sup>ren enz; l vlg r bl scnkzr uk dj  
l dsj D; k bl c<sup>¶</sup>x<sup>¶</sup>rh dk g<sup>¶</sup>e vYykg  
usfn; k tks l cl s t; knk x<sup>¶</sup>ren g<sup>¶</sup>; k  
bl dk g<sup>¶</sup>e uch l Yyy ykgks v<sup>¶</sup>g<sup>¶</sup>  
ol Yye us fn; k tks vYykg dh bl  
dk; ukr esl cl sc<ej x<sup>¶</sup>ren g<sup>¶</sup>  
dgk vYykg cg; kbz dk g<sup>¶</sup>e d<sup>¶</sup>h  
ugh nrk D; k re vYykg dk uke yd<sup>¶</sup>  
og ckrsgdgrsgksftu dskjssesrlfis i rk  
ugh A<sup>¶</sup> jg vlg kQ 7@28%

# f' k{kk dk Lo: i thou thusdk uke gs



i dk'k plñz mfu; ky

fo | ky; kæa  
f' k{kk dsl kf<sup>k</sup>  
I Ldkj kseHkh  
egRo fn; k tkuk  
pkfg, cPpsdks  
i Eke i kB' lkyk  
?kj gkrh g

oržku Hkkfrd okfn ; kæaf' k{kk dk Lo: i  
dS kgkuk pkfg, ], d fopk

1%oržku i fj fLFkfr; kæaf' k{kk dk mnš ;  
D; kgkuk pkfg, Ay{ki kri hdsfy, fdruk i z kl  
dj uk pkfg, : fp dks/; ku eej [ krsq sv/; u  
dj uk pkfg, A fo"k; kadspeu dsfy, ekufi d  
{kerk dkHkh i j [ kk tkuk pkfg, A

2%fo | ky; kæaf' k{kk dsl kf<sup>k</sup> I Ldkj kseHkh  
egRo fn; k tkuk pkfg, cPpsdks Eke i kB' lkyk  
?kj gkrh g ekai Eke f' k{kk gkrh gskrk fi rk dk  
vlpj. k i guk; k vfhk0; fDr dk Lrj ?kj dk  
okrkoj. k i dfr, o i ; kbj. lksdk cPpsdspf=j  
fuelz k i j Hkko ' lkyhvi j fn [ kkbzhsrkgs

3%f' k{kk dk mnš ; & f' k{kk dk mnš ; fl Qz  
/ku dekuk gh ugh gkuk pkfg, ], d vknz k  
ukxfj d , oa, d vknz k thou cukuk pkfg, rc  
gh rks l fg l e; ij l gh j k"V dk fuelz k gks  
I dxxl

4%LoLFk thou& LokLFk thou f' k{kk dk  
mnš ; gkuk pkfg, i kr% mBuk] pyuk] cBuk  
0; k; ke] Luku ukLrk Hkkstu dk dk; Øe  
I fuf' pr fd; stkuk pkfg, ft I I sthou LokLFk  
, oþpUrkeDr gk

5%fo | ky; & cPpsdks Åi j cLrksdk cks>  
de gkuk pkfg, ] i kfpu l e; ea l xg dk  
ek/; d fl Qzi lrd gh gkrh Fkh fdUrqoržku  
I e; ea l xg dsfy, Vhoh dS hV] yk Vki ] vklfn  
vkj I k/ku gfl uek ?kj eacB dj ns[ kk Hkh t k  
I drk gk rc bu l c i fj fLFkfr; kæacPpkad  
cSx dsrysnc, aj [ kuk Bhd ugh gk vknz k  
ukxfj d cuuk gekjh f' k{kk dk mnš ; gkuk  
pkfg, A

6%0; ogkfj d f' k{kk & ; g , d egRo i wkl  
fo"k; gkj l dkj h , oaxj l j dkj h yk [ kksiz kl ks  
dsi ' pkr Hkh yEch vktfn dsckn vHkh Hkh 2  
i fr' kr cPpsf' k{kk l soþpkr j g tkrsq ftudk

i R; {k mnkgj . k I Mdksdksdulj sHkh [ k ekxrs  
gq s; k dN mBkrsgq s; k ulfy; kavkj xUnkstgxks  
i j cBs

feyrsgsbl dsl Nsbu i fj okj ks dh I kp  
I Ldfr , oaHkkoukvksdk fodYi gk cPpk i sk  
gkrsq gCm gkrsq gI xk I sdq xk eas tkrsq g  
HkVdko dk ekxzl vk tkrk gk ; fn , d h  
i fj fLFkfr; kæal gh funz ku u feysrks; scPps  
depxzij py dj ' kkl u vkj I Rrk dsfy, fl j  
nnzcu tkrsq bl fy, bu cPpkks dks HkVdko  
vkj vijk/rjQ u tkusl sj kcluk gkxk vkj  
budks0; kol kfl d f' k{kk l stkmuk gkxkft I I s  
; scPpkHkVdko vkj vijk/kekxZNM thou dh  
eq; /kj k l stkm+l d} egur dj svkj vi uh  
I Eku tud Bx I svih vktfodk pyk l dI  
, d si fj okj eai hkcPpsfUgstUe dsl e; ekads  
i Veadj ksk. k l guk i Mka

fMfyoj h dsl e; I fo/kkvsdk ykHk ughmBk i k; a

rr% i ' pkr dj ksk. k dsl' kdkj f' k{kk fn{k  
I soPNhr] , d scPpk dks0; ogkfj d yksks d  
I kfk j [ kuk pkfg, ] ft I l s ; s cPps j kst xkj  
eyd dk; Zf' k[ k l dsrFkk thou dh eq; /kj k  
eai dsk dj si Eke ' kk fjd i ksk. k rFkk /kukst uks  
dkyHkfey I dI

8 f' k{kk, oai ksk. k l soþprr yksksdks ekt  
dsl kfktMts, oþpusdksdkfeyuk pkfg, ]

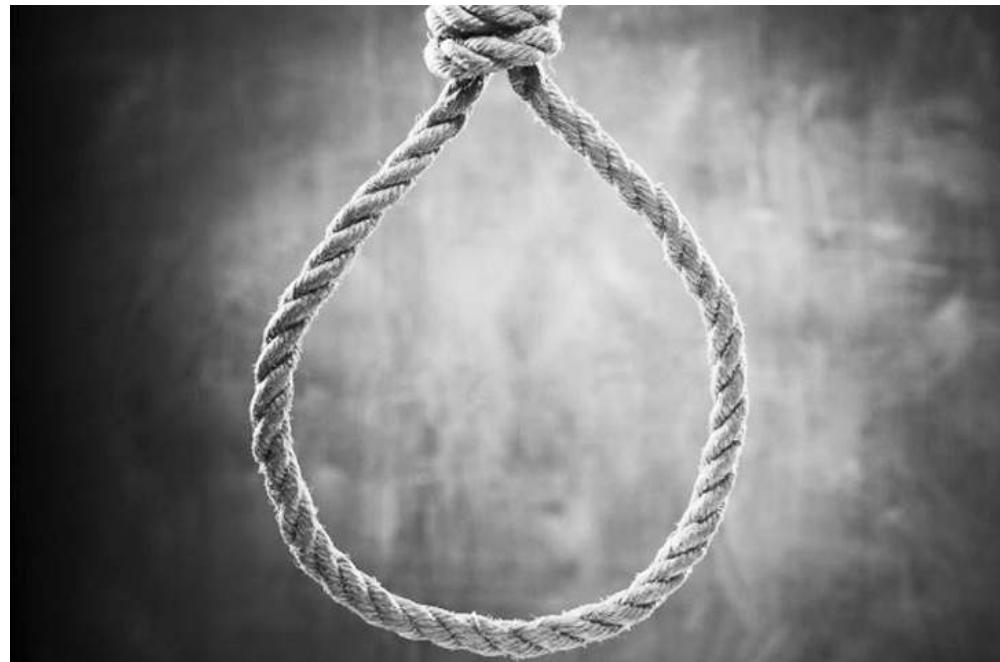
I Cth foØrk] Qy foØrk] LVs kuj h dh  
nþku] pk; dh Nk/h nþku] pkV okyk] i kfyl  
okyk yekphj i ku okyk] ekckbly f j i fj xk okyk] C;  
Wh i kyj , oa gs j Mks1 x] QSI h oþdjh]  
j fMeM xkj eW ' kkw] I j dkj h , oaxj l j dkj h  
vudks i z kl ka dks ykHk ; fn ; kstukvkd f' k{kk  
I fo/kkvsdk ykHk u mBk i k; s; kfn rksthous ea  
y?kj R; o I Hkh yksks dks l kfktM vknz k  
ukxfj d] vknz k thou cuk, s

# बलात्कारियों को मिले मृत्यु दण्ड

vkt gekj k l ekt  
, d ykpkj i hfMr  
efgyk dks; nuxu  
voLFkk eans[ kdj  
Hkh vkxsc<dj enn  
dksr\$ kj ughagks  
i krk rksd\$ h gksxh  
ukj h l j {kk!



dpu 'kekz  
f'keyk



13 ekpZ2017 dlt 'kke Fkk tc eafnYyh l s  
f'keyk dh vkj i LFku dj jgh FkkA cl  
fudyuseavHkh , d ?k. Vl ckfd FkkA fgekpy  
Hkou dh fj 'ks'ku eacBdj oDr fcrukus l s  
cgrj elus l kpk D; kau i kl gh cakjyh ekd/ /  
I scPpkadsfy, dN LohVt [kjhn yh tk, A  
Rofjr xfr l sefekd/ / dh vkj c<hA vU/kj k  
gkspdk FkkA jkLrseadN ukStoku ; pk gkyh  
l sI usfn [ksrksvplkd esdN l kpdj l ge  
xbA elusvkx&i hNsns[kk jkLrseamu ; pkvka  
dsvykok I UukVl FkkA , d rksgkyh dh 'kke]  
u tku\$ dN [kk i hdj rksu [kMs gkA ru ea  
>j>jh l h mBhA dN vugkuh dh vkt'kdjk l s  
Mj xbA elus l kpk ep-sde l sde vkt dh  
'kke vdysughafudyuk pkfg, FkkA gkyh  
ckYM g/ ij ckYM gkuk gh dkQh ughA vkt  
ds ; x e tc efgyk dke&dkt l s ckgj  
fudyrh gS rks ml ds i kl viuh l j{kk ds  
brtkle gkuk Hkh t: jh g/ eMjrh&l gerh  
i kl [kMs xkfM+ ka l s nj&nj pyrs QVKOV  
cakjyh ekd/ / i gphh vij l keku ysdj fQj  
fgekpy Hkou ds i k.k dh vkj c<+ xbA  
yksrh ckj fQj jkLrk l p/ l ku Fkk] vdys  
vkWks dks Hkh gkFk ugha fn; vkj jkg [kMs  
xkfM+ ka l s , d fuf'pr njh cukrs gq pyh  
bl Mj l sfld gkyh dh eneLrh ej u"ksa/kf]  
?kr yxk, cBs dkbZ 'kjkjrh rRo xkM+ eau  
?kl hV yA t\$ &r\$ s l jgfkr i gph yfdu  
, d Toyrr izu ejsvkxsfQj [kMs gksx; k  
fd vkf[kj ge ulkj; ka l ekt eafnu ; k jkr  
dkbzHkh l e; gk\$ ^dc\* l jgfkr fudy l drh  
gA vkf[kj dc] ukjh ds eu l s vlj{kk dh  
Hkkouk dh dhy ckgj fudysxh!  
Bhd ml h jkst fnYyh ds gh bykds ds  
i kMo uxj bYkkdsea, d h gh 'keZ kj ?Vuk  
dksvatke fn; k x; k; gk, d yMeh fcuk  
di Mks ds x& jsi; ka l s N/dj l Msd i j  
din i Mh vkJ enn dsfy, xgkj yxkrh  
jgh yfdu ml s ru <du dk di Mks nsus  
rd dkbZ l keus u vkk; g fny&ngyk  
nsus okyh ?Vuk dh [kcj efs f'keyk  
i gpdj feyhA esfQj dkj mBhA ; gh rks  
Mj dh otg Fkk tksechrh jkr vuk; kl gh  
vutkusHkh; l s dkj mBh FkkA yfdu l kf  
gh nqkh Hkh vkt gekjk l ekt , d ykpkj  
i hfMr efgyk dks; nuxu voLFkk eans[ kdj  
Hkh vkxsc<ej enn dksr\$ kj ughagks i krk  
rks d\$ h gksxh ukjh l j{kk! bDdhI oha l nh  
dksukjh l nh ds; l k eans[kk tk jgk gA fl=; ka  
?kj dh ptjnhokjh ykdkdj l ekt eafvi uk

j k"Vh; vijk/k  
 fj dkmzC; jksds  
 vklMcrkrsgfd  
 Hkkj r eai frfnu  
 yxHkx 50  
 cykRdkj dsekeys  
 Fkkukaeai athd'r gks  
 gbl i zdkj Hkkj r  
 Hkj eai R; d ?k/snks  
 efgyk, acyRdkfj ; ka  
 dsgkFkkav i uh vLer  
 xok nsh g yfdu  
 vklMka sdgkuh dh  
 i j h I Ppkb] Ck; ka  
 ughagkrhA cgr I kjs  
 ekeys, \$ sgftudh  
 f i k/Zgh ughagks  
 i krhA

; kxnku ns jgh g , d vkj tgl; fodkl ]  
 uxjhjd .k] vklMkxdj .k, oa I kldfrd  
 [kyki u c<k gsoghanli jh vkj ukjh mruh  
 gh vI jif{kr gkr tk jgh g Hkkj gr; k]  
 cykRdkj] ngst gr; k o ukjh mri hMu c<fk  
 gh tk jgk g dkuu Hkh dN, d scuk, x,  
 g fd I kelftd vijk/k mlgs rklMs dls  
 gFkd.Ms vi uk gh yrs g ml ij ukjh  
 fufHkld gkdj ?kj I sckgj fudy ml sbl  
 rjg I s i fokj] i kB"kyk o I ekt ea  
 i f'kfskr ugha fd; k tkrka ifj.kkeLo: lk  
 ukjh ds i fr vijk/k c<fsgh tk jgs gA 16  
 fnl Ecj 2012 xk jis ds ckn efgyk  
 I j{k, d cmk eppk cudj mHkj FkkA  
 ns k dh I Mekj i j mxz i n'ku gq A  
 vr; kplfj; k us ft l foHkRt k I s fuHkz k  
 dksrkj&rkj fd; k] oghafuHkz k vr I e;  
 rd] thus dh pkg fy, I cdksfcy [krk  
 NkM+xba exj ml dk bl nfu; k I spys  
 tkuk Hkh dkuu dksvkr dBkj u cuk  
 I dk fd cykRdkfj; k dh bruh ohHkRt  
 I tk nh tk, fd, d h Hkkouk j [kus okyk  
 dh dP; dks vakte nsus I s i gys : g  
 rd dkj tk, A  
 , d [kcj ; g Hkh vkbz Fkh fd fuHkz k ds  
 uke i j , d fi LrkS y cuk; h xbz gft l dk  
 uke 'fufHkld\* j [kk x; kA bl s  
 efgyk, &yMfd; k vijke I s vi us c k ea  
 j [k I drh g vj i j s kku djus okyk I s  
 ykg ysl drh g dN fnukai gys, d fepz  
 Li s Hkh cuk; k x; k FkkA i j D; k ekyie ; g  
 fi LrkS ; k fep Li s fdu efgykvka us  
 bLreky dh] [kjhn ; k vi us i k l j [kh ; k  
 D; k [kcj efgykvka ds uke i j ; s l j [kk  
 'kL= vjkt d i "#k gh bLreky dj jgs gA  
 vc dkbz Hkh 'kL= tMj dh i gpku rks ugha  
 dj I drk fd ; g [kk fd l dh I j [kk ds  
 fy, cuk; k x; k g bl s rks cl bLreky  
 gksuk g pkgs dkbz Hkh djA c j gky bu  
 NkVh&ekVh phtka I s ukjh I j [kk dh dkbz  
 xkj/h ugha tks fd vklM n'kks gA bu  
 I cdscotm gj o"lcykRdkj dsekeykae  
 c<krjh gkr tk jgh g o"l 2011 eans Hkkj  
 eacyRdkj dscdg 7]112 ekeysI keusvk, ]  
 tcfd 2010 e5]484 ekeysgh ntZgj FkkA  
 vklMadsfgl kc I s, d o"l eacyRdkj ds  
 ekeykae2972 dh c<krjh gA  
 jk"Vh; vijk/k fj dkmzC; jksds vklM  
 crkrsgfd Hkkj r eai frfnu yxHkx 50  
 cykRdkj dsekeysFkkukaeai athd'r gks  
 gbl i zdkj Hkkj r Hkj eai R; d ?k/snks  
 efgyk, acyRdkfj ; k dsgkFkkav i uh vLer  
 xok nsh g yfdu vklMka sdgkuh dh i j h I Ppkb]

nfu; k ea dbz, d s Hkh ns k g tgk  
 cykRdkj t s vijk/k ds fy, dkQh  
 I r I tk nh tkrh gA xhl ea bl  
 tez ds vijk/k dksmez d h I tk nh  
 tkrh g tcf d s Hkh vijk/k dks  
 tkuojka dh HkkfUr cSM; k ea ckdkdj j [kk  
 tkrk g phu eaj s dh I tk eadbz ykska  
 dks ek ds ?kkV mrkj k tk pdk gA ; gk  
 bl I tk ds: lk ea ^dsi Vy i fu'ke/\* nh  
 tkrh g vQxfuLru e vijk/k dks I h/s

6 fnl Ecj  
 2012 eaqgq  
 I kefigd  
 cykRdkj dh  
 ?kVuk ds  
 ekeyseahkys  
 gh Hkkj r us  
 ; ksu fga k ds  
 egnnsi j vi uh  
 Nfo cpkusdh  
 e' kDdr Hkh  
 dh yfdu bl  
 ?kVuk dh  
 vUrj k"Vh;  
 Lrj i j funk  
 gþZFkA



rkj ij ekf dh l tk nh tkrh gA mUkj dkfj; k ea  
 cykRdkjh dsfl j eadbz xlky; kankxh tkrh gA  
 ; 0,0 bD dsdkuu dsvu k j; fn dkBzI Dl l s  
 tMk vi jk/k gks rks 7 fnu ds vnu j ml dh ekf  
 fu'pr gA esfLye nsk fel= ea Hkh jis ds fy,  
 Qkl nh tkrh gA l mn h vjc ejis dsxu gkxj dks  
 rc rd i RFkj ekjs tkrsgstc rd og ej u tk, A  
 Hkkj rh; n.M fo/ku eacykRdkj dsnksh dks/kjk 376  
 ds rgr l tk nh tkrh gA bl /kjk ds vUrkr  
 cykRdkj ds dntZgkrs gA d d dh flFkfr ds  
 vnu k j vnkyr 7 l s10 l ky dh l tk l ykkrh gA  
 2013 dsdkuu dsvu k j bl tefdsfy, medbh  
 rkmez dbi vlg nyk d d es ekf dh l tk dk  
 i ko/ku gA; g l tk cykRdkj tS s?kulksvi jk/k  
 dksm djusdsfy, døy Nykok ek= gA

16 fnl Ecj 2012 eaqgq I kefigd cykRdkj  
 dh ?kVuk ds ekeys ea Hkys gh Hkkj r us; ksu  
 fga k dsegnnsi j vi uh Nfo cpkusdh e' kDdr  
 Hkh dh yfdu bl ?kVuk dh vUrj k"Vh; Lrj  
 i j funk gþZFkA l a ðr jk"Vd , d fuxjkuh  
 l Fkk eadgk Fkk fd Hkkj rh; dkum i orlu , oa  
 U; k; vf/kdkfj; ksu us; ksu geyka dk eadkcyk  
 djus ds fy, c[kch vi uh ftEenkjh ugha  
 fulkkbZ gA tcf; g , d , d k i ki gsft l dh  
 l tk feyuh gh pkfg, A

fullk k dh ekf dsckn gkyf ddkum 0; oLFkk ea  
 dbzcnkyo fd, x, gA vc u døy cykRdkfj; k  
 dksdM l tk l ykzbZ tk, xh cfYd NMNkMf Qfr; k  
 dI usokylavlg ?kjus tS svijk/kadksh bI h Jskh  
 es'kfe y fd; k x; k gA i kDI ls, DV tkfd cPpkadk  
 ; ksu mRi Hmu djusokyladsf[kykQ xfBr fd; k x; k

bl , DV dsrgr , l svkjkh dskf[kykQ xj tekurh  
 /kjk, ayxkbZ tkrh gSo nksh dsf[kykQ l [r l tk  
 dk i ko/ku gA ij ; g l c dkum dh yj & ijt gh  
 0; oLFkk, a gS ft l l s cp fudyus ds vuakl jkLrs  
 vi jkfk; k dds fy, fudy vkrsgA bl l su døy  
 cykRdkjh [kyvstkuojkdh rjg ?kjersj grsgfcyf  
 nt jkaksh bI rjg dsvi jk/kadefylyr gksusdk Mj  
 ughayxrkA rksfOj , l seafuhkZ k d d dk D; k  
 ft l us l Ei wkl jk"Vd dh I kefigd pruk dks  
 >d>kj fn; k FkkA vkt Hkh nsk ea ml h rjg  
 cykRdkj ka dk fl yf l yk tkjh gA nsk vkt Hkh  
 efgylkvadks l j {kk fnykuseauadke jgk gA nsk  
 tgk ukfj; kdksnoh dk nt kfn; k tkrk gA vkt  
 Hkysgh xA j {kk dsuke i j dkum l [r cuk, tk  
 jgs gA tga xkfbR; k ds vi jk/k ea ekf dk n.M  
 feyusdk i ko/ku gsj ukjh dgk tk, A

i kfjofkjd ifr'Bk vlg ykt'kez ds bl  
 dpeZ dks i hfMfk, a gh nck nsrh gA tks d  
 mtkxj Hkh gks gsmue 10 Qhl nh l svf/kd  
 ykx nMr ugha gks i krA gekjh l kekft d  
 0; oLFkk vlg dkum 0; oLFkk ea cykRdkj dks  
 , d Lohkkfod vi fjk; l k eku fy; k x; k gA  
 vaxtka ds l e; l s cus bl ypj dkum l s  
 cykRdkj ij dkw iuk vI kko rks ugha cl  
 cykRdkfj; k dskf[kykQ dkum dks l [r cukus  
 ds fy, n<+ l adYi dh vko'; drk gA ukjh  
 l j {kk dsuke i j cykRdkfj; kdksekf dh l tk  
 dk i ko/ku gksrkfd dkBZ Hkh 0; fDr Åp&uhp]  
 veijh&xjhch ; k j l vdnk j gks ds ckotin Hkh  
 cykRdkj tS sdpr; dks l kpusl si gysgh eu  
 efLr'd l sr; kx l A

# Xq Qkjfui d , tñl h I ektfgr dsy, opuc}



## Guru Forensic & Detective

Reg.

Phone No: 0135-2532999, 9675331055, 9568728805

Xq Qkjfui d , . M fMVDfVo , tñl h I ekt dsy, bu fnuksopu o } rjhdsl sdke dj j gh gñ bl , tñl h dkstj ; mnñ' ; I p dksl keusykukgñ I ekt fgr o l p dsy, vi j kf/k; kaus , stñl h l pkyd ij tkuyøkgeykrd dj MkyñA cktm bl ds , tñl h I pkyd fot; [ k. Mj h dlsbj knksatj k Hkh dehu fn[ khcfYd mudsud bj knka ebtkQkghfn[ kka , tñl h l pkyd dk dguk gñvxj ej s }kj k fd l h dk ?kj cl usl si gysi gysñwuk ; kcl k&cl k; k ?kj pn xyr Qgfe; ksjkj k Vñwusl si gysi cprk gñrkseps[ kd kh gksñA l kFk gh og ; g Hkh dgrsgSfd fd l h Hkh ekeyseñ fi fMñ ds l e{keal p j [ krk gñ vñj ml sñ; k; feyrk gñrkseñml oDr [ kp dksxkj okuoñegl l dj rkgñ

[ k. Mj h ; g Hkh dgrs gñfd vkt HkñVkpj pj e l hek i j gñ xj hc dh dgha l pkbñ ugh pkgs og tehu l EcflU/kr ekeysgks ; k QthñgLrk{kj dbñrj g l s/kls[ kk /kMñ dsekeysvk; s fnu l puso i <usdksefeyrsgñvñj fi fMñ i {k U; k; dh xgkj yxkrs nj &nj HkñVdusdkrtcij gks tkrgñvñj k j bu dk D; k dñl j gñrk gñf o' okl cl buds }kj k vi j kf/k fdLe ds l dfr ds



yksks i j fo' okl fd; k tkrk gñ bñugh l c ckrks dksns[ kdj xq Qkjfui d , . M fMVDfVo , tñl h usl p dksl keus ykusdk cMñ mBk; k gñ rkfd cd l j o fi fMñ i {k dksU; k; fey l dñ , tñl h I pkyd ds l x fuLokFkñfuMj o cñ} dñ ky cMñ LVkQ Hkhgñft l l fot; dks dbñmy>sekeyseñ Qyrk feyrh gñ uezLokHkñ okysfMVñfDVo dk dk; jy; catkj k okyk nñj kniu ea; wdkscñl ds Åi j fLFkr gñ bl dk dk; kñy; Hkh ns[ krsgh curk gñ l kFk gh fMVDfVo ds i k l l p dks l keus ykus okys vR; k/kñud rdfuds Hkh gñ A ; g rduhdsbruh cgrj hu gñfd [ kygñl k

dj usi j T; knk l e; Hkh ugh yxkrk o vi j kf/k xfrfo/k; kñ eafylr 0; fDr; kñ dkstj k Hkh Hkud ughyx i krh dh dkñbñ frl j h vñl[ k Hkh ge i j utj sxMkbñcBñ gñvñj vi usdk; kñdksvatke rd i gpkus l si gysghbu vi j kf/k; kñdkshk. Mk QkñM+ gñstkrk gñvñj budkvatke ek= ty dh dkñBj h o l yk[ ksi dM+vi usul hc ea j kñkghj g tkrkgñ

dgrsgñukfd >B dhmezcgr de gñrhgñ, tñl h ddk xBu tc gñvñ; kñks fuoñeku l h, e j eñ k i ks[ kfj; ky us fot; [ k. Mj h dscyñUn gñd yso buds usl bj knsns[ k budh tedj i d ñkk dh Fkñ o budh i hB Fki Fki kbñZFkñ Mññ fu' kñd ds pgj si j vyx gh [ kñ kh o ubñfdaj. k dh mEehnsns[ kh tk j gh FkñA ekuks budk eq[ k ; g dg j gk gks dh pyksHkñVkpj feVkuso l p dh yMkbñ yMñusokyk dkñbñrksgñvñj bñugh mEehns eñ [ kj s mrj dj fMVDfVo fot; us vñf[ kj dkj kQyrk o dbñgn rd Mññ fu' kñd dh mEehns i j [ kj smrj sgñ o vc rd dbñvij k/kñadk Hk. Mk QkñM+o dbñcdl jy lks dks bñ kQ ds l kFk dbñ ?kj ks dks Vñ/ us l s cpk; k gñ l kFk gh fa' kñj kso ; pñkvñdksubñj. kk o usl l h[ k Hkh nhgñ

# उत्तराखण्ड



व' क्कज्जि ज्ञोर  
खौक्यि इ हक्कज्जि

Hkkj rh; I Ldrh eftI rj g pkj o. k pkj vkJe] pkj i q "lkFlzvlg pkj ; lk dlcMpkj /kce egRo g&ml h izdkj pkj fn' lk; svlg muespkj /kce dk cMk egRo g& i oZestxUukFk i jh] i' pe ea fj dk] mRrj escnbukFk vlg nf{k. k ej ke' oj ; s pkj /kce g& gekj sbu pkj ks/kkekdsckj kcj gh i q ; ykHk nōHkheh mRrj k[ k. M ds xaks-h] ; eukshj dnkj ukFk] cnbukFk'n' klu dkHkhg&b1 fy; bUgHkh pkj /kkekdkntkz klrgh

vk; k tc tyok; qifjorlu l s fo' kky xaks-h fgeun fl dMf rs gq acrZku xkeq k LFky i j Bgj x; k mYs[kuh; gfd ; g fo' o ifl } Xyf' k; j vkt dbZfdeh fl dMf x; k ; euksh& ; euk ds i Foh i j vorfj r gkus dsvFkzeab1 LFku dk uke ; euksh i j k. kkaea ; euk ; ej kt dh cgu] I ntZHkxoku dh cVh vlg Hkxoku d". k dh vkB i VV j kf; kae dkfyUlh crk; h xb1 l kekU; : i l s; euk dk mnxe LFky cUnj i N crk; k tkrk g& tksruhuks f' k[ k jks l s feydj cuk gS mrrhr d. < 20135 QV cUnj i N 20718 QV o ; euksh] dkak 20]029 QV bl s dfyUln i oT Hkh dgrs g& bl h ds dkj. k ; euk dk uke

# ਕੇ ਚਾਰਥਾਮ



dkfyUnh Hkh gši j k. kkae;dkfyUn i oř  
dkgho. klu fd; kx; kg

dkj ukFk& nskfd no'f ko dki kou  
enjg; gS; gkai j k. kkaeabl sfgekysdsI kjs  
rhFkZeal okfj crk; kx; kg fgeky; ds  
i kp i e[ k' k b rhFkZi j k. kkaeabl rj g g  
x<oky e; g dkj 1005 ds vykok  
dhekpystkx oj ] usi ky eai ' kij frukFk  
fgekpy eao;st ukFk] d' ehj eavej ukFk]  
dkj ukFk dh egRrk i j gh x<oky dk  
i kphu uke dkj [ km i MKA j kgjy  
I hD;R; ki u fy[ krsgsf d n' koh ogk dh  
I nh eabl dh [ ; kfr nf{k. k&i wkl, f' k; k  
ds tko vif dEckt rd Qy x; h FkA

dkj ukFk rhFkZ pekyh ftys e; ukx i j  
i j xuk vu;kr i VVh eYk dklyh QkV ea  
enk fduh xak ds nkfgusrV i j dkj  
ukFk dk fo' kky enjg; g i o;ze/; e  
dky dh dR; j hfuelZ k ' ksyhdk e0; kre  
LFkki R; dyk dk mnkgj . k Hkh g; dkj  
ukFk enjg csi hNsi RFkj kads<j g; gh i j  
ey enjg ekuk tkrk g; gk l syxHkx nl  
fdehnij bZ kcou dks k ea, degkf' kykg  
bI sLFkkhu; Hkk"kk eaej ks>kia dgk tkrk  
g; i gys; gkavu;d J }kywvif; snoksd  
no'f ko dki kou enjg LoxZykd dh  
dkeuk I s i k. k R; kxus vkr s Fk fcFV' k  
dky e; g i FkckUn dj nhx; h

cnj hukFk& mRrj k [ k. M ds pekyh  
ftys e; gh i s [ k. Mk i j xkus ds rYy  
i VVh eao". kqxaek ds nkfgusrV i j g;  
s rhFkZ110 elVj mpkbZi j fLFkr ; g i kou  
LFk eDr i nk; kxkfl }] fo' kky ukFk  
vkfn ukelsI stkrk g; mRrj osnd ; qk ea  
tc ukj k; . k mi kl ukdk i pyu i kij EHk  
gkx; k Fk rc ml s uj &ukj k; . k vkJe  
dgk tkuSyxk vkJe dh [ ; kfr QSyu  
i j ; gk j ktkvkadk vku k i kij EHk gksx; k  
j ktkvka; gkavuk /keZ; k=k ds: i ea  
ekU; gkM; g fo". kqdk i j e /kke ekuk  
tkrk g; tgka mUgkus HkDrka dks prhkit  
Lo: i em' klu fn; A

# कांग्रेस की सदैव ही विकास की विचार धारा रहीः मैसोन



dkas ds; pl usk i adt e g k u us dgk fd Hkktik dks feys bl i p. M cger esbzoh , e exM€M gksl drhg blgkusdgk dhkhygj eBugs; g thr feyhj i j Urq; g l c xyr g ekhygj dgh ns kuh dks u feyha ; pl usk us crk; k fd dkas ns k dh l cl si g kuh o , frgkfl d i Vhj gh g dkas uskvksus ns k dsfgr o vj kt drk gVkusdsfy, vi us i k. kka dh vkgfr rd nh g dgk ftl dk fonf' k; ka us Hkh ykgk ekuk g ofj "V ; pl usk us; g Hkh dgk fd dkas dh l n g fockl dh fopkj /kjk k j gh g crk; k dh ftl rj g gfj ' k j kor us i ns keal Ppk dkas hokusdkl curfn; k g o fockl dk pØ i j smRrjk [ k. Me pyk; kog l j kgut; j gk i adt us; g Hkh dgk fd gekj si ns k dksvfLrRo eavk, 17 I ky qd; kfd l hkh l h, e usturk dsfgr dsfy, rj g&rj g dh i k uksdkl /jk kry i j mrkj k ed ku ckysrRdkyhu l h, e usgj fcUnyka i j /; ku fn; k Fkk i j Urqbzoh , e dh xM€M ds dkj . k dkas dhgkj dkewns kuki <kA

oghckrphr es; pl usk i adt usdgk fd cl d nycnyqusk o l Rrk dk ekg j [ kusokyskyph uskvksusdkas dk Hkky D; ka u /kks[ kk fn; k gk ckys dh budk vfLrRo , d fnu [ k [ krj se i <usokyk g ogh ckfx; kai j rat d l rs qg s esd ku ckys dh ftl c uj rys; g ckxh fo/kk; d] e ho l h, e cusj kT; ds dkas h; k al fgr dkas gkbzdeku usbu i j Hkj kd k fd; k o gj i adk j l sl Eeku fn; k ed ku ckys dh tc ; g ckxh o "kks[ s dkas dh l ok dj rsvk, sog gekj su qg s og Hkky nd j s ny ds D; k gk ckrfpr es; pl usk usdgk fd , d fnu Hkktik g h budksfu"dkfl r dj usokyh

ek/; e l sgk ckysfd turk dsI e{k Hkh ; g fl } gks tk, sk fd Hkky fo/kkul Hkh puko esD; k xM€M g gkoxH

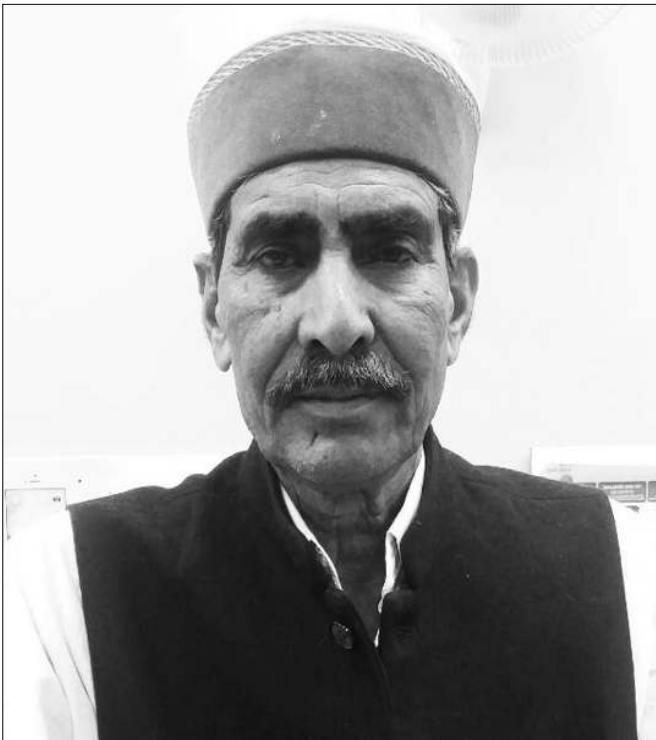
bl dsI Kfk gh ; pl usk usdgk fd Hkktik tca tc l j dkj eavk; bl gokus i ns k dk fockl ughoj u-fouk' k fd; k g ckysdbz, s sdk; Zgftl l sdkas us vefytkek i guk; k i j UrqHkktik Lo; a bl dk J s yus i g p xb mUgkusdgk vxj dkas dksvkj i kp l ky feyrsrs mRrjk [ k. M u01 i ns k curk ckysdh xyrrh l s; gkai j Hkktik l j dkj vksu i j i wZ l h, e gfj ' k jkor dh l k jh ; kstuk, agoLr gksxb gekj si ns i t u es fd dkas dk; Zdrk Lo; a dkas NkM Hkktik ea kfey gksj gsgSrkstokc ea; pl usk usdgk bu l Hkh dsI fr es bruk dgk fd budk [ kp dh LokFkZ dh jktufr j ghj ckys fd ftl dh l j dkj gerksml rj Q i adt vOled roj l ckysdh, s surkvksdk LokFkZrks turk Hkh tkuh g fd ; g vi usuft LokFkZ dsfy, gh l Rrk/kjk h i Vhj kai s tMfsgj ogh i adt p/cti yrsqg ckys fd 2022 earksdkas usl Rrkeavukgh g dgk fQj ; gh ckxh dkas ds nj nLrd nx ckysfd ml l e; i j budk i Vhj }jk k D; k l Eeku fd; k tk, sk og rksl e; crk, skl ogh ckrfphr dsVJr es; pl usk usdgk fd dkas vuq kifl r i Vhj o l n b dkas j kt eaghfodkl gypk g ; pl usk ckysdh vxj dkas dks Hkktik }jk k tufof/k furh dk i rk pyk rksdkas dk; Zdrk l k }jk k budk ?jk ko fd; k tk, skl dgk l M l s l nu rd tufgr dh vko t mBkbztk, skl o dgk dh dkas }jk k fd l h gky esHkktik dh tufoj k kh fufr; kdksdrbzcnl r ugh fd; k tk, skl

# प्रीतम के अध्यक्ष बनने पर

## बहुगृणा ने जाई खुशी

mRrjk[ k. Mj kT; dsdk[ h v/; {k cuusi j dk[ dsofj "Vurk i Hkyky cgkwkkus[ k[ kh trkbzUgksusdgk fd i b[re fl g dk[ dh j h<ekustkusokysurk g[ dgk fd gkbzdeku }kj k i b[re fl g dsuke i j i ns k v/; {k dh egj yxusI sj kT; dsdk[ tuksdk mRl kg c<k g[ mUgksusdgk fd i b[re fl g usd b[ekunkj Nfo dsl kFk deB , oal &k"Kz khy urk g[ dgk fd fo/kkul Hkk p[uko e[ ftI rjg dk[ dh gkj g[ g[ ml I scs d dk[ tuks dkeukcy cd d MkekMky g[ g[ i j Ur[busdu; si ns k v/; {k cuusI sdk[ tuksdpgj si j vyx gh ped ns[ kh tk j gh g[ cgkwkk us; g Hkh Hkj kd k trk; kfd vkus okysfudk; ipk; r o ykdI Hkk p[uko eabudsurRo e[ dk[ Hkj h erksI s fot; h g[ g[ o jkT; dh i kpk s ykdI Hkk I hVij dk[ dk i j pegkxkA

gekj s}kj k i Nsi t u esfd D; k i b[re dsl keustks p[ukfr; kag[ D; k og i j k dj i ; srkstokc eao[oj "V urk usdgk fd uo fuokfrpr v/; {k /kj kry I stMs urk g[ mUgku vi usj kulkfrd thou e[dbz p[ukfr; k[ ij fot; h gkf y dh g[ I kFk gh dgk dh og dk; b[rkv[dk I Eeku o I ozI emk; dsl & dk; Z dj us dh I kp j [ krs g[ I kFk gh mUgku dgk dh fQygky budsl e{k dk[ b[ , s h p[ukfr t[ hckr ugh A D; kdh ftI rjg buds v/; {k curs gh dk[ dk; b[rkv[ko urkvkseatk[ k o ubz[ mEehn ns[ kh tk j gh g[ ml s ns[ krs g[ s; g dgk tk I drk g[ dh dk[ h vc [ kp dksetc[ eku j gsg[ o i u%jkT; Hkj e[dk[ h; k[ kj k i Vh[dksetc[ dj usdsdk; Z gh j gsg[ ofj "V urk us; g Hkh dgk fd bl fo/kkul Hkk p[uko e[dk[ dh gkj dk dkj . kbD ohO , e e' khu gh ekuh tk j gh g[ crk; k dh; g p[uko vxj c[ y i s j dsek/; e l sgkrsrksturk dsl e{k l p nwk dk nwko i ku[dk i ku[ gkstkrk o i fj . kke dk[ dsi {k e[grs g[ mUgku ; g Hkh dgk fd i Vh[ v/; {k dsurRo }kj k i u% tu[gr dh vkokts mBkbZ tkrh j g[ xh o Hkk t i k dh tu[ foj k[ kh fufr; ksdk[ p[yk tk, xkA ogha



dk[ dsg[ ofj "V urk fo[ur Mkhkky usdgk ges [ k[ kh gsf[ i Vh[ gkbzdeku }kj k j kT; e[dk[ dk urRo etc[ o Hkj kd sen g[ Fkseag[ Fk fn; k x; k g[ ofj "V ; pk urk ; g Hkh dgk i b[re d[dk[ i ns k v/; {k cuusI sdk[ e[ ; pkv[dk x[Q rsth I s C[Msdkh mEehn g[

ogha; pk urk dgk fd bl fo/kkul Hkk p[uko e[grk j sdk[ h de[tkj drbz[ugh i MscYd[ v[ j etc[ dh dsl kFk dk; b[ j j gsg[ I kFk gh dgk fd i b[re fl g[ ds v/; {k cuusI srkstokc e[ksl ks[ g[ xk t[ hckr g[ sxbz g[ crk; k dh vc gj NkV&cM[ p[uko e[ i ns k v/; {k }kj k fn; k[ dk; b[rkv[ko dks etc[ dh dk e[ I kFk[ i fj . kke ysdj v[ , xk[ o jkT; e[dk[ dk gh i j pe j g[ xk[ I kFk gh ofj "V urk i Hkyky cgkwkk us i b[re fl g[ ds v/; {k cuk; stkus i j f' k[ k[ surRo dk v[ Hkkj o /kU; okn i zdkj fd; k l kFk gh I eLr dk[ tuks i ns kokfl ; ksdksc/kkbZ Hkh n[

# o) vkJe ughagS gekjh | L—fr dLfgLI k



int dij

vkt I e; cny j gk g§ rksubli h<hdh I kp  
rFkk thou thusdh ' ksyheHkh i fj orZu gksj gk  
g§ bl dk I h/kk cHkkoo i fj okj kai j i M+j gk g§  
vkt ds; pk thou esfdI hdk gLr{ki i l n  
ughadjsrg§ fQj pkgsosvi usekr&fi rk gh  
D; kau gk vkt ds; pk dksvi usdfj ; j dks  
yodj cgj T; knk vI j {kk dk I keuk dj uk  
i Mrk g§ rkscnyrh i fj fLFkr; kaeckbZfons kka  
eacl uk pkgrk g§ rksdkbZ vi usgh ns k ej  
egkuxj kaeHkfo"; ryk' krk g§ bl pDdj e  
oks, d txg fVd ugha i krs g§ vkj , s ea  
ekrk&fi rk dh ftEenkjh mUga cks> yxus  
yxrh g§ 'kgj kaeavcknh dk dnehdj . k vkj  
xykdV cfr; kfxrk Hkh vi uscPpkj snj ko  
dk , d cmk dkj . k g§ , s sej osbl cks> I s  
Nlydkj k i uk pkgrsg§ vkj o) kje ds: i e  
mUga I eL; k dk 'fodylak I ek/kku' fey  
tkrk g§ fcplj scqkZvi uk I kj k thou vkj  
thou dh I kj h dekbZvi uscPpkai j y/kusds  
ckn [ kkyh gkFk vkj ccl gksdj vkJe tkus

dksetcij gkstkrsg§vkJ fQj thou dskdkh  
fnu vi usi fj okj I snj j g dj rM+ rsj grsg§  
fI I drsj grsg§ I cI scM+ ckr ; g gsfld , s  
—R; I ekt dsl i Uu&oxZ}kj k T; knk ns[kus  
dksfey j gsg§ rFkkdfFkr vkl/fudrk vkJ cM+  
I kd k; Vhdsuke i j !bUghaylxka}kj k vkt dy  
; sckr vke rkj i j I pusdksfey tkrh gsfld  
gekj sI ekt eai f' peh I H; rk dk vI j gks  
x; k g§vkJ o) kje Hkh ml h fo—fr dk , d  
fgLI kg§ ysdru , s syks , d ckr Hky tkrsg§  
fd i f' peh ns kkaclh ryuk egekj h I L—fr  
vkj I H; rkfcydy vyx g§

i f' pe eaCpPs ckfyx gksus ds I kFk gh  
Lora= gks tkrsg§vkJ vi uh ftEenkjh h [ kq  
mBkrsg§ okseckci dks?kj I sugafudkys  
cfYd ek&cki dk?kj [ kq gh NkM+nrsrg§ bl ds  
myV gekj s; gkgekj h I Hkh t: j rkadkspkgsoks  
vi uh i <kZu dks i j h dj us rFkk dekbZ ' q  
dj us vkJ ml ds ckn rd dk /; ku  
vfHkkHkkodka}kj k j [ kk tkrk g§ ; gkj cPpkadks

i kyus & i kd us dhl , d i j a j k vls  
I L—fr g\$ bl dsfy, ekrk&fi rk vi us  
thou es dkbz d1 j ugha Nkmrs vls  
vi usHko"; dhl fpnk fd; sfcuk vi uh  
I kj h dekbzvi uscPpkai j [ kpZdj nrs  
g\$ vls rksvls mudh vpy I Eifr i j  
Hkh cPpsLor%ghvi ukvf/kdkj I e>us  
yxrgs

tkfgj g\$ cpxk dh I a fuk rksge  
yuk pkgrsg\$ yfdu mudsthou dscps  
pn yEgkemUgaHkkoulRed I gkj k ugha  
nuk pkgrsg\$ vls [ kj ; g d\$ kpkfj f=d  
nkgj ki u g\$ tksgelj sgh cpxk dks i Hk  
i gpkus dks m | r j grk g\$ vkt ge  
, dy i fj okj dksT; knk egRo nsj gsg\$  
vls , dy i fj okj dkeryc i fr&i Ruh  
vls cPpsg\$, d sej cPpkadscMsksui j  
mudsj kst xlj dhl ryk' k eackj tkus  
ij tkfgj I hckr gsekrf&fi rk vdsyj g  
gh tk; as vls foog dsckn rkscPpk  
vls j kst xlj dspyrseckj I sfeyuk  
Hkh ntikj gkstkrk g\$, d seak&cki cks>  
yxusyxrsg\$ vls ; ghal s' kq grk g\$  
mul si hNk NMsdkf yf! yk! i gysds  
I e; eal a p\$ i fj okj eal c I kFk j grs  
Fksbl fy, , d ntl j sdhenn vls I ok  
dhl fpark ughagkrh Fkh- i gysyks  
[ ksh vls i kj Ei fjd 0; ol k; grk Fkk  
ft I s; pkvka dks dghackj tkus dhl  
t#j r Hkh ughagkrh Fkh- vc oksl e; ugha  
j gk D; kfd [ ksh l sj st ej kZah t: j r a  
ij h ughagksl drhg\$ rksLfkkuh; rkj ij  
I j dkj dhl xyr ulfr; ka dks dkj . k  
j kst xlj dk Hkh h l adV [ km gksx; k g\$  
vls fQj egkuxj kach vls i yk; u bl  
fodj ky grk I eL; k dk cmk dkj . k  
cu x; k g\$ gkyfd] dNsd ekeys, d s  
Hkh I keusvkrsg\$ tccpxkldhfti vls  
rkuk' kgh 0; ogkj dspyrscPpsmul s  
rkyey ughafcBk i krsg\$ gkyfd] , d s  
ekeysogn de gsvls fd I h60 I ky I s  
T; knk d\$; fä dhl vknrkdksnusdh  
ctk; cPpk dks cnkz r djuk vls  
rkyey fcBkuk I h[ kuk plkg, ] D; kfd  
dy og [ kp Hkh cpxkZgks vls fQj  
d\$ kyxxk] vxj mudh vi ukghcPpk  
mUgs?k! hVdj] cj geh I so) kJ e dhl  
vls Nkmv, xka

# Hkkbjk o , drk vkt dhl t: jr



uxj fuxe ds Vkmu ghy eaviu sfojkj j [krs uk; c 'kgj dkh v'kjQ g\$ & dknjhA

ngj knuA I cd i <+ I nkdr  
dkjvnkyr dkj 'kotkvr dkj dke fy; k  
tk, xk r\$ I s nfu; ka dhl beker dka  
vYYkkek bdcky dsbl 'kj dsl kFk vi uh  
ckr dgrs gq effye ; fuofl &h fofk  
folHkkx dsi efk Mk'kdhy 'kenkuh usdgk  
fd 1857 dh tksvktknh eayd dsl Hkh  
ukxfj dka us bdf=r gkdj neuka dk  
epkcyk fd; k Fkk ft I dsi fij .k. Lo: i  
yes I ?"kz ds ckn 1947 ea nsk vktkn  
gylA gesorZku ifji \$k eamI h , dtv/rk  
dk i ek. k nuk vkt dhl i cy t: jr g\$  
xq okj dks uxj fuxe ea 1857

Lora krk I ake dhl 160ha o"kxkB ij  
Hkkbjk o , drk vkt dhl t: jr fo"k;  
ij vkl; k\$tr xksBh dkscrf\$ ef; vfrffk  
I ckskr djs gq 'kenkuh us ; g ckr  
dghA mUgkus 1857 dsfonks ij foLrkj  
I s izk'k Mkyk bl egkl xte ds 'kghnk  
dks J) htfy vfi r dha mUgkus dgk fd  
nsk eayd gkyr vksrjgrsg\$ turk  
tc rd , d tv gkdj gkykrk al syMrh  
gSrs I Qyrk vo'; feyrh g\$ Lora krk  
I ake bl dk i ek. k g\$ vkt dsi fij \$k ea  
vki l h Hkkbjk dks etar djus dsfy,  
I Hkh dksvksvuk gkska mUgkus' kkk ij  
vf/kd [kpZ djus vls ekrkvka dks vi us  
cPpkai j e; ku nusdk vkgoku fd; kA bl  
vol j ij vpk; Z ykdlhz 'kkLrh us dgk  
fd tks Hkkbz dks Hkkbz I s yMkus dk dke

djrs g\$, d sykskal sge I Hkh I pr jgus  
dhl t: jr g\$ Mk Qk: [k us 1857 ds  
'kghnk dks I & k eafolRkj I sviusfopkj  
j [kA I Hkh oDrkvka us bl ckr ij tkj  
fn; k fd ft I izdkj nsk dksvktkn djkus  
ea I Hkh dks , d I kFk feydj yM+jgh  
FkhA os g h vc HkhVkpkj vls nsk dks  
ck/ usokyh rkdrkadsf[kyki Q , d tv/rk  
fn [kkuh gksbA

dk; Øe I a kst d i oZjKT; ea=h ; kdk  
fl ffdh us dgk fd 1857 I s yd 1947  
rd yk [kksyksausn\$k dsfy, vi uh tku  
dcklu dhl g\$ rc tkaj gesvkt vktkn  
Hkhj r ea l k yus dk ek\$dk fey jgk g\$  
vkt dhl ukstoku i hek\$yuk ek\$yek vgen dkl ehj uk; c 'kgj dkh v'kjQ g\$ & dknjhA izku  
vlny vtht] [kdkh vgen] batfhu; j  
vlny jgeku] v'kkd oe kQknj n; ky  
tkstQ] 'k[k bdcky vgen] g\$ &  
vgen] euhk vfkgy] Qjgku Qk: [k]

# अब आप बताएं कि आपको शराब पसन्द या जिन्दगी



j k[ kh ' kkg

'kjkc ; g 'kCn ?kf.kr Hko dkk gA dgrs gksk fd yksx p[ld; k yd j e/; e ekxx us g\$fd 'kjkc dh ckry ea ,DI ,DI ,DI bl dk l ou djrsgA ckr djavxj Hkkjr ds fy [kk tkrk g\$jkew Hkk"kk ea ,DI dk vFkZ jkT; mRrjk[k.M dh rks ; gka n\$kh fon\$kh 'kjkc ?Vdkbz tkrh gA ,d ckr tku vki dks vkl'pk; Zugh gksk dh fur; ea ikr%Hke.k ds fy, tkrh g] rks ,d ckj e\$usD; k n[kk fd cn i <'kjkc dsBdkseal cg gh 'kjkc 'Vg dsfupsgkFk Mkydj r; e/; I svf/kd e/; pdkdj 'kjkc [kjhnk vi u h yyd c\$krsgA ejk ; g okD; ph[k&ph[k dj; g dgirk gA pukoks ds l e; ea cm&cM\$ nkos djus okyh ; g jktuhfrd i kvh k bul s e/ i Nuk pkgh dh D; k ; g g\$gekjs mRrjk[k.M dh n'kA l cg i kr% e; 'kjhj ds fy, cgn vuply gksk gA 'kq ok; q0; k; ke bl s'kjhj rjU r xg.k djrk gA bl ekgsy eabu 'kjkc ekfQ; ka}kj k Cysd ea'kjkc cruk vxj l cg



# कांग्रेस का हर एक कार्यकर्ता अध्यक्ष : प्रीतम



dkad dh jyH ea ykks dk vftkoknu Lohdkj djrs uofu; Dr insk v/; {k i btre fl g] i bZ l h, e gjh'k jkor , oamkbfnjk gn; \$KA

ngjknwA dkad Hkou ea vk; kstr dk; Øe ea I Hk dks I Eck/kr djrs uofu; Dr mÜkj[kM dkad cnšk v/; {k chre fl g usdgk fd og mÜkj[kM dkad ds cnšk v/; {k ughg\$ cfYd dkad dk gj , d dk; Zdrk/v/; {k gA dkad cnšk v/; {k ds i ij rkt i lk kh dk; Øe ea cnšk v/; {k chre fl g usgj dk; Zdrk/dks v/; {k crk; KA

ngjknw fLFkr dkad Hkou ea chre fl g dh cnšk v/; {k i n i j rkt i lk kh dk Hk; vk; kst u fd; k x; KA vi usl Ecksku ea chre fl g usdkad jk"Vh; v/; {k i lsk; k xkdkh vks mi k; {k jkgy xlkh dk vkkkj trkrsgq dgk fd , d dk; Zdrk/dkscnšk dh ckxMkj I k h gA mlglks dgk fd mÜkj[kM dk cnšk v/; {k chre fl g ugh cfYd dkad dk gj , d dk; Zdrk/v/; {k gs vks CR; d dk; Zdrk/v/; {k ds: i ea dkad dksetor djus dk dke djxkA dkad dks i pZFkfi r djus i j tkj ns

gg chre fl g usdgk fd ge I c dksfey dj dkad dsfy, dke djuk gkskA ge , s jktufrd ny dsdk; Zdrk/gftI dk vi uk , d bfrgkI gA dkad usvktknh dh yMkbZ ea vge-Hkfedk fuHkkbZ Fkh vks vktknh dsckn I sdkad uscgr cjsnk gA

chre fl g us dgk fd es ç/kue=h uje eksh I si Nuk pkgrk gndh vPNsfnu dgkax, A Hkkt i k dk nksdj kM+cj kst xkjk dk jkst xkjk nsus dk oknk Fkkj jkst xkjk rks feyk ugh cjkst xkjh vks c<+xbA fonkska I s dkyk /ku ykus dk ok; nk Hk >Bk fudykA eksh dgrs Fks dkyk /ku vk, xk vks nsk ds ukxfj dk ds [kkrs ea 15&15 yk[k #i , vk, xk dgrs gA oks #i , A dkad us Hkkt i l jdkj dks N% ekg dk I e; fn; k g\$ vxj l jdkj xyr dke djxh rks dkad bl dk i j tkj fojkdk djxhA cnšk dh Hkkt i k l jdkj usl nseas [kk | kuksdh dher c<ksdk dke fd; k gA

chre fl g usdgk fd Hkkt i k usvYi l e; ea cnšk dh xyr fn'kk r; dj nh gA vkt cnšk eae= 'kfDr 'kjkC dsfojkdk ea I MekA i j g\$ vks Hkkt i k l jdkj us 'kjkC dks c<lok nsus dsfy, jkT; jk"Vh; jkt elxz dks ftiyk elxz ?kk"kr dj fn, vks I QkbZ nsjgs gfd jkT; jk"Vh; elxz dbz fodkl ds dkeka ea fnDdr vk jgh FkhA ej; ea=h f=oae fl g jkor dgrs gA fd cnšk ea 'kjkC pj.k c) rjhds l scin dh tk, xhA Mcy batu dh l jdkj HkZVkpkj ij dgrh gfd thjksV.yj i j ge dke dj jgs gA ogha , u, p ?kk"ksys ea I hchvkbZ tkp dksBMscLrseankyn fn; KA

uofu; Dr mÜkj[kM cnšk v/; {k chre fl g usvkgoku fd; k fd vki vki I Hk dh s l g; lsk I s dkad dks i pZFkfi r djuk gA mlglks dgk fd dkad gkj t: j g\$ ysdU l ekir ugha gpl gA ge I Hk dh nkF; Ro gSdh dkad dksfey dj etcir djuk gA

# LoPNrk dsfy, vU; i zksks ij fn; k tk; sk cy%l h, e

ngjknwA eq; ea-h f=oe fl g jkor us ngjknw ds, d LFkuh; glv/y ea 'kgjh fodkl foHkx }kj k vk; ktr dk; Zkkyk dk nhi çTtofyr dj 'kjkkj EHk fd; kA dk; Ðe dsnkjku 'kgjh fodkl foHkx dh ijh Vhe dks c/kkZnrsqg eq; ea-h jkor us dgk fd gea LoPNrk fe'ku , oafodkl dk; kdksefety dj vlxsc<uk gkskA mlgkusdgk fd ft l çdkj I sdN fudk; dk; Z dj jgs gq mlgkus vU; fudk; k ds fy; s mnkj.k i sk fd; k gq eq; ea-h jkor usuxj fudk; pekyh dk mnkj.k nrs gq dgk fd gea LoPNrk ds I kfk&l kfk i kJyhfku dks çfrcf/kr djus dh vko'; drk gq

eq; ea-h jkor us LoPNrk ds fy; s vU; ç; kskka dks Hkh fd; s tkus ij cy fn; kA mlgkus dgk fd 'kgjk I s nqj/keDr djus grq Vipak xkm.M] fjLi uk , oa l q ok unh ea , d çdkj ds , atkbz dks fNMdko fd; k x; k bI ds cgq vPNs i fij .kfe feyA mlgkus dgk fd Vipak xkm.M , oa çnqjkr ufn; kA fjLi uk , oa l q ok I s nqj/k 90 I s 95 çfr'kr rd de gksx; hA i jUrqbI dks I Qy cokus ds fy; s tul gHkfxrk dh vko'; drk gq geabl xnxh , oanqj/k dks bI ds I ksr I s I ektr djuk gkskA



gekjsuxj gekjsçnjk dk pgjk gq bl dks LoPN j [kus dh ftEenkjh gekjh gq tuçfrfuf/k gksus ds ukrsges turk dh mEehnkæa[kjk mrjuk gq

'kgjh fodkl ea-h enu dks'kd us dgk eq; ea-h jkor dk vkkjk çdV djrs gq dgk fd jkt; I jdkj }jkj uxj fudk; k dks I 'kDr djus ds fy; s

budsctV dks c<kus tks çko/kku fd; k x; k gq ml I susxj fudk; k dh vlfkfd flfkfr ea l qkj vk; k gq dk; Ðe ds nkjku eq; ea-h jkor us [kys ea 'kjpk eDr , oa LoPNrk ds {ks= ea vPNk dk; Z djus ds fy; s uxj i kfydk i fij 'kn gq cVij] el jhj ujhauxj] pekyh , oa xks \$oj dks Eekfur fd; k x; kA

## उत्तराखण्ड में यूपी निर्माण निगम पर कैबिनेट ने लगाई रोक

ngjknwA mUkj i nsk fuelzk fuxe ds vf/kdkfj ; k i j vk; dj foHkx dh Nki ejjh ds nkjku djM#i ; s dh vdjr I aRr feyus ds ckn x#okj dks dksu/ eau. kq; fy; k x; k fd mUkj[k. M dk dkbz dh u; k fuelzk dk; Z iH fuelzk fuxe dksughafn; k tk; xkA dksu/ dsu. kq; ea i nsk I s iMy o Mhty I s , d i fr'kr I s de fd; k x; kA jk'ku dh dkykcktkjh jkdu ds fy, I Lrs xYs dh npkuk i jk'ku forj.k ds fy, lkbz vHk I s 1/4 hvk I e'khu%yxkus

dk fu. kq; fy; k gq ea-h eMy dh cBd ea Hfo"; fufk I s i s fudkyus dh ifØ; k I jyhdj .k fd; k x; k gq

'kgjh fodkl k ea-h enu dks'kd ds dksu/ dh Qs ysdh tkudkjh nrsgq crk; k fd I cl s egroi wL Qs ys ea mUkj çnjk jkt dh; fuelzk fuxe dksjkt; exfrcfkr dj fn; k x; k gq dkbz u; k dke ; iH ds bl foofnrs foHkx dks ugh feyxlA-I kfk gh tks dke ; iH fuelzk fuxe dj jgk gq; k ijk dj pdk gqml dksrdutdh vlydu ds fy, Vhe

cukbz tk jgh gq ft l ea [kfe; kai k; s tkus ij fuxe dsf[lykQ dlykzbz dh tkrh gq fi Nys frnku; iH fuelzk fuxe dsvQI jkviy Bdkkjka ds; gq bude VDI ds Nki keavjcks#i ; sdk xMcM>kyk I keus vk; k FkA ea-h eMy dh cBd ea iMy viy Mhty ij ylxwI I dks1 ifr'kr ?Mk fn; k x; k gqft l ds djk.k vc i nsk ea iMy o Mhty ij 50 i s i firyhVj de gq tks; xk viy ; g ?Vdj ; iH dscjkcj vk tk; xk ft l ds djk.k i nsk ea iMy o Mhty dh [kkr c<usdi mEeln gq

# ਵੋਕੇਸ਼ਨਲ ਕੋਰਸ ਦੇ



## Vocational Courses

I at; dækj

gj Nk=dsvi usdN I i usgkrsqffl og M~~RD~~Vj ] bathfu; j ] vkbz , I cujsyfdudfI hdkj . ko' k; g l i ukl i uk i jkughagsi rkAyfdu Nk=oksd kuy dks Zdstfj , Hkhvi usdfj ; j dks, d ubZmpkbzrd ystk I drsgvxj vki mPpf' k{kkglfl ydj usesQkbuf' k; yetcrgurks oksd kuy dks it vki dsfy, cgrj fodYi gksI drk g bMLVh dks /; ku eej [ krsgq fofHkUu I j dkjh , ofuthI LFkkuk{kj k dbZrjg ds Nk/svof/k vkj nh?kdkfyd dks it pyk, tkj gsgbl rjg dsdks Z dj usdskn uk&dj hHkhvkl kuhI sey tkrhg

C; Wh dYpj % QS ku ds tekusea  
gj 0; fDr I qj fn[ kuk pkgrk gSvifj  
yksxkdh bI h pkgr dh otg I sC; Wh  
dYpj dk m|kx dkQh c<+j gk gk  
vxj vki v~~RD~~clV dfj ; j eadne  
j [ kusdsbPNid gk rksC; Wh dYpj I s  
tM+dks Z10oh, oa12ohadsckn Hkh  
dj I drsg

gs j LVkby% bu fnukaQS ku dk  
[ kic pyu gk bl fy, yks vi usgj j  
LVkby dsçfr dkQh I tx gk vkj

# करियर को नई उंचाई

; gh dkj . k g\$ fd cktkj e\$ bl dh  
I Hkkoukvka dks ns\$ krs gq dN  
I LFkkukausbl I sl cf/kr dkd Z' kq  
dj fn, g\$ vki 10oha, o12ohai kl  
dj usdscn bl dkd Ze, Mfe' ku ys  
I drsg]

QS ku fMtkbfuax%& QS ku  
fMtkbfuax dk {k= dkQh c< k vkg  
foLrr g\$ ; g , d , k {k= g\$ tgka  
dsj ; j dsfy, cgr xktkb' kg\$ cnrys  
QS ku vkg u, fMtkbu fØ, V dj us  
dh {kerk o l e> vki dksbl {k= e  
I Qyrk dh mpkbzrd ystl I drh g\$  
QS ku dh nju; keatkusdsy, 10oho  
12ohadsckn QS ku I sl cf/kr fd l h  
Hkh i kB Øe es, Mfe' ku ys1 drsg  
QS ku fMtkbfuax I sl cf/kr I LFkku 3  
o"kd fMxh dkd Zdjk okusds kfk gh  
dN ' kVZVeZdk Zkh dj okrsg tks6  
ekg I sysdj 1 o"kd dsgksl drsg  
dkd Z ijk dj us ds ckn QS ku  
Vduksyklth] QS ku QksVksxQh]  
j hVsy] fLVfpax vklx xkj e\$ t ]  
xkj e\$ Vduksyklth] vi \$ epikbftx  
dks vi \$ y dksVkfMz\$] xkj e\$  
es; QDpfj x Vduksyklth] I y  
ceks ku] VDI Vkb] M\$, sM  
, DI sl j h fMtkbj] fuVfo; j  
fMtkbj vlfn eau&dj fey I drh  
g\$ vi \$ y i \$ uzesdak dkd Z10oha  
d{k dks ckn dj I drs g\$ bl dh  
vof/k 4&6 ekg dh gkrh g\$ di M  
eky; dks rgr vi \$ y , DI i k\$ Z  
dkm\$ y dsvMj eHkh vi \$ y V\$uax  
, M fMtkbu I Vj I s bl dkd Z dks  
fd; k tk I drk g\$ QS ku Vduksyklth

dk dkd Z dj us ds ckn Nk=k dks  
I ko\$ t fud o futh {k= dh xkj e\$  
dai fu; k] VDI Vkb fey k] QS ku  
ctMkj] QS ku I LFkkukaeau&dj h fey  
I drk g\$ Lojkst xkj ds rkj ij  
j Mhe\$ xke\$ ctVhd [ kksydj Hkh  
dekbZdhtkI drhgi

To\$yjh fMtkbfuax%& QS ku  
, I d j ht e\$ To\$yjh ges k] I sgh gkw  
fMekM e\$ j gh g\$ bl {k= e\$ e\$ ;  
dke To\$yjh esdak] fMtkbfuax vlfn  
g\$ bl ds vykok] To\$yjh fMtkbu]  
tsekyklth dklVlVax Vduksyklth]  
LVku dfVax , sM busefyax]  
vkbM/hfQd\$ ku vklx LVku , M  
tE l vlfn i kB Øe Hkh dj k; stkr  
g\$ bl dkd Z e\$ j Ruka dh ' kq' rk  
eki u\$ dklVu&rjk' kus dk Kku]  
j Ruka dk pukko] e\$ ; I \$Vax]  
dkfLVax] i klyf' kax] I kbax vkg  
I kymfj x vlfn dk cf' k{k. k fn; k  
tkrk g\$ bl ds fy, U; ure  
' k\$ kf. kd ; k\$; rk 12ohag\$ bl dkd Z  
dks dj us ds ckn fd l h Hkh To\$yjh  
di uhd sfy, dke dj I drsg

Qyfo; j Vduksyklth, Mynj xM  
esdak% Qyfo; j Vduksyklth; k ynj  
xM e\$ cf' k{k. k gkf y dj usdscn  
cgrj dfj ; j cuk; k tkI drk g\$ bl e\$  
fMlykek dkd Z dscn cgrj ukfj ; k  
i kbZ tk I drh g\$ Qyfo; j  
es; QDpfj x, oQyfo; j fMtkbfuax  
, DI i VI Z dh ekd\$ e\$ cgrj ekx g\$  
fd l h Hkh LVhe es12ohai kl ; puk bu  
dkd Z e\$ os k i kI drsg

b\$hfj ; j fMtkbfuax%& ?kj gks ; k

n\$frj] gkw y ; k ' kks e] budks  
fofHkUu ypl nus dks dke b\$hfj ; j  
fMtkbj dks gkrh g\$ b\$hfj ; j  
fMtkbj LFkku dh I kt&l tk ds  
vykok txg dk Hkh lyku dj rk g\$ os  
xkg d dh #fp] ctV , o a  
vko'; drkvka dks; ku e\$ j [ krsg  
ijh : i j s[ k k r\$ kj dj rk g\$ bl e\$  
nhokj] Q' k] Nr dh I tkoV] Quhpj  
rFkk n\$ j h I kexz ka dh tekoV]  
ykbVax] foMks VNe\$ fotV , o a  
I kmM bQDVt vlfn ' kley gkrh g\$  
, d vPNk b\$hfj ; j fMtkbj cuusds  
fy, I kpusdh ' kfDr] dYi uk' khyrk  
, oaj pukRedrk cgn t: j h gkrh g\$  
b\$hfj ; j fMtkbfuax dkd Z ds fy,  
U; ure ; k\$; rk 12ohag\$ bl dkd Z  
fMtkbfuax e\$ rhu I ky dshkh dkd Zg\$  
yfdu dfj ; j cukus ds fy,  
vlfdlDpj e\$ 5 o"khz fMxh dkd Z  
vPNk gkrh g\$ I kbZ LVhe ds 12oha  
i kI LVMMt b\$hfj ; j fMtkbfuax ds  
fMxh i kB Øekaeos k ys1 drsg  
tcfd vklVl kbV dsNk= 1&2 o"kd  
fMlykek dkd Z dj I drsg T; knkrj  
' kgy kads i klyhVfDud , oao\$ds kuy  
V\$uax I LFkkukae; sdkd Z djk, tkrs  
g\$ ; g dkd Z dj us ds ckn fofoHkUu  
b\$hfj ; j fMtkbfuax I LFkkuk  
vlfdlDv Qe] dI YVh Qe] ; k  
fcYMj , oadkV Dv] ds I kf dke  
dj I drsg bl ds vykok cMgk\$ yk  
gk\$ i VYI ] ' kly x eky ; k fMtkbu  
LVIM; kso Quhpj LVks Ze,fMtkbu  
dI YVh dh t: j r gkrh g\$ [ k\$ dk  
dkj kckj Hkh ' kq dj I drsg

# घर का मुख्य दरवाजा पर लगाये घोड़े का नाल होगा लाभ

okLrq' kkL=easdbZ, s h phtk adk fooj . k fn; k x; kgft I I s?kj eal q[ k' kkfr vk; A okLrq' kkL=dsckj sea crk; k x; kgfd dkf uI hoLrq adgkaj [kuhpkfg, ] dgkaughaj [kuhpkfg, \ /; ku nsosokyhckr ; g gfd vxj okLrq' kkL=dsvud kj oLruvadksmi ; kx fd; k tk; srksdoy ; sdoy I e) ghughacfYd 0; fä dhijjsthousksnlyI drkg@ okLrq' kkL=eas, s hghdN vkl kuI srjhdsqftUgavki vktekdj ns[ k@

1- vxj ?kj ; k vklQI e>kMwdk bLreky ughgksj gkgs rksml sutj ksdks I keusl sgVkdj j [ k@

2- ?kj dk eq[ ; nj oktk mÙkj] mÙkj & i f' pe ; k i f' pe egsrksml ds Åi j ckgj dh vksj ?kkMsdlh uky yxk nsuk pkfg, A bl I s I j {kk vksj I dkj kRed ÅtkJeyrhg@

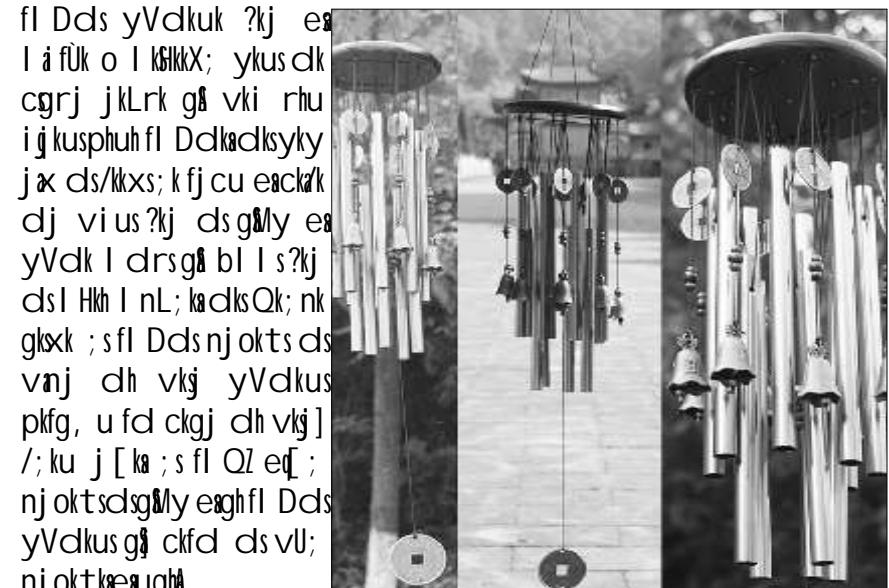
3- dejkaeaijsQ'kzij dkyhu vklfn fcNkus I s ykHknk; d Åtkzdk çokg#drkg@

4- ?kj eatks?kMhcn gksxbZg@ ml s ?kj ea uj [ ks; k rksml spkywdj nsuk pkfg, A D; ksd cn ?kfM+ kaudkj kRed Åtkzdk Jkr gkrhgs@

5- eNfy; ka ds tkM+ dks ?kj ea yVdkuk cgrj 'kjk vksj ykHknk; d ekuk x; k g@ budsvl j I s?kj ea/ku dk ykHk , oadk; Zks= eamUfr gkrhgs@ bUgaxq okj dks ?kj ea Vkkuk 'kjk gkrhgs@

6- ?kj dhlCBl eatgka?kj dsl Hkh I nL; vkerkj i j bdék gkrsg@ ogka ckd dk i kjk yxkuk pkfg, A i kjk dks cBd dsi vklzdkusexeayseayxk; A Qk' klpZ ds vud kj ydM+ I s cus I eku dks?kj o vklQI dsi vZfn' kke LFkkfir dj us I s; g fn' kk Åtkbku gkrhgs@

7- ?kj dsnj oktsdsgMy eaphuh



# c&i i s dksu ysgYdæsugha rksi M+ drk gSkj h%MkVxk/kh

vf; fer [kkui ku , oa HkkxnklM Hkj h ftnxh dschp rsth I smHkj j gh I eL; k i hB nnzdksvkerkj i j ykx xkjh rk I sugh yrs vkj ckn eamez c<us ds l kFk ; gh cmh i j s kkuh dk dkj . k cu tkrk gS; g dguk gsfl Vh gkVZ dsspS j esu MKW I at; xkjh dka I kFk gh MKW xkjh us, d l o[k. k dk gokyk nsckr; kfd n ke30 o"kdh mezl sÅi j dk gj 5ok0; fä fdI hu fdI hotg I si hB nnzdh I eL; k l s i hfMr gftl dsdbzdkj. k gksl drs g tS s l Md nqk ukvka dh c<rh vkofo k ds vykok ykx Mkbfox , oa dEI; Wj dsl keuscBdj dbz?k/ks rd dke dj usdhçofUk , oavU; A

MKW xkjh uscrk; kfd gky dsl kyka eai hB nnzI sxfl re ej ht fo' k'skdj ; pkoxzdrknkn eadkQhc<erj hgplz gfcf i u l si hfMr dbz ej ht , s sgks gftUgsI kykai gysdHkh dkbzpkV yxh Fkh vFkok mudh fu; fer fnup; k le ekv/j i kbfdy pykus dh i dfRr]

dEI; Wj i j nj rd dke dj usdk ck> ds vykok QkLVQM dk vf/kd I ou vlfn 'kfe y g

mUgkuscruk; k fd 'kgj kaeVQd dsc<rsck> dsdkj . k vk; sfnu gksu okyh nqk ukvkae [ kkl h c<kjkj h qh h gStcfld Li hM cndj kadh c<rhrknkn] yj Vki vFkok ekckby dks ?k/ks , d voLFkk eacBdj dke dj usvknr] tcd QM ds0; ki d bLneky I sc<rk ekvki k gfi ; kai j vfrfj ä ck> Mky j gsg bl ds vykok Ldlyh cPpkads dakkis j Hkkj hHkj de cS vkj ; pkvka ds yj Vki cS g i h dh I eL; k dks c<kok nsj gsg

MKWWxkjh uscrk; k fd g i h j kx ds 'kq vkrh y{k. k i rk pyrs gh bl s 0; k; ke ; k nokb; ka dh enn I s nj fd; k tk l drk g exj fpfdRI h; i j ke' k z ea yj yrhQh rFkk fo' k'sk y{k. kka i j 'kY; fpfdRI k vkf[ kj h fodYi I kfcr gkrh g j h<+dh g i h d'ks dk , omudschp fMLd I scuh



gftuadschp ea dks' kdk; a gkrh g es nM fnehx I sydij i hB dsfupys fgLI srd tkrh g i hB epgkuskoyk nnz vke rkj i j ekd i f' k; k j nf=dkj gfMM; k j tkMka ; k j h<+ dh vU; I j pukvkaeegl l fd; k tkrh g bl nnzdksvDl j xnzI nnz i hB dsÅi j h fgLI sdsnnz i hB dsfupysfgLI sdsnnz ; k Vycksu dsnnz j h<+dsvlf[ kj h Nkj dhg i h k ftraj I drsg

MKW xkjh uscrk; k fd c&i u dh I t j h ; pkj v/kM+vFkok cjtqkz ds fy; svyx&vyx gksl drh g buds fy; s , d l h fpfdRI h; i ) fr Qk; nén ugh gksxh el yu ; pkvkae vkerkj i j i hB nnz ds i hNs fMLd ckysl dkj d gkrh gStcfld 40 I s 60 o"kz ds mez ds yksks ea Li kMykbfVI ] dskj LVuksI I dh I eL; k i k; h tkrh gStcfld cjtqkz ds g i h eapius dh deh I svkerkj i j vlfLV; k j kfI I , oa i hB ds i hNs Tokba/ ea xfB; k ; kuh vlfLV; ks vlfkkbfVI dhchekj hgrh g



# ‘बाहुबली 2’ के लिए प्रभार से ज्यादा इस शख्स ने लिए करोड़ों रुपए

vflkurk clikl 28 vcfy dksfl uekbz i n<sup>2</sup>  
ij fjiyt gbfQYe ^ckgpyh 2\* dli tcnLr  
dke; kch dls ckn l kros ugha cfYd ulfs  
vkl ekaij igp x, gA clikl dslplj l kyk  
dli ri L; k dk Qy Qkbuhy mlgafey x; k  
vlj fu' pr nlj ij ; g fdI h Hkh, DVj dls  
fy, dfBu gfd og brus yesfnulafl QZ  
, d fQYe dsfy, l efi T gkdj fdI h vU;  
nlj h fQYekadksl kbu u djavlj u gh fdI h  
foKki u oxjg esfgLI k yA

bl dkr eadbz'kd ughaf dclikl dksbl  
, frglfl d fdjnjk dslpy, cM jde nh xbz  
tksmlgvrjV; uD'ksij j [krk gA fji kV/  
dserlfcd] clikl dksfQYe ^ckgpyh 2\* dsfy,  
25 djM#i , dk Hkhru fd; k x; k tcfcd  
jk. lk nXxckrh dks15 djM#i , feyA ysd  
vki dls; g tkudj gsku gskh fd bl fQYe l s  
tM , d 'k[1 , k gftl us clikl vlj  
nXxckrh l shk vflkd i s fy, A

VkbEl ukA fd fji kV/ dseerlfcd]  
fQYe funkd , l , l jktelsh dks  
^ckgpyh 2\* dsfy, 28 djM#i , feyA  
bruk gh ugha fQYe l s gksu ykhk ea Hkh  
fgLI k fn; k x; kA tksfd cgj t; knk gA



c,DI v,fQI ij 1000 djM+I s t; knk  
dh dekbz dj ^ckgpyh 2\* jk"Vh; vlj  
vrjlkV; Lrj ij dbzfjd,MZ rkM+s tk  
jgh gS, s sjteksh dh dekbz dk vklMk  
dghA i j tkus dh mEhn gA fQYe ds

vU; dydkdj dVlik , dls I R; jkt dks2  
djM#f'koxe dh fdjnjk fullkus okys  
ješ k —.ku dks 2-5 djM#i , feyA  
tcfd relluk HkhfV; k vlj vuqdk 'kēh dks  
5&5 djM#i , fn, x, A

## I xkr okLro eejh vRek gSi fj . khfr

jk"Vh; ijLdkj fotrk vflkush i fj . khfr  
pls M c,yhoyM ea cgrjhu Hkhedk, afeiyus  
vlj xkuk xkusdk ekalk Hkh feyusi j [kpk dks  
[kpkfdler ekurh gSD; kfd I xkr mudh  
vkrrel\* gA i fj . khfr us erpbz l s Oku ij  
vkbz , u, l dks crk; k "efis 'yMh ol &  
fj dh cgy' l s #vkr dh Fkh ft l dsfy,  
ep-sdbz i jLdkj feyA fQj efis b'd tks  
dlj bl fQYe dsfy, ep-sjk"Vh; ijLdkj  
feylj efis geskk , h Hkhedk, afutHkhbglj tks  
'kkunkj Fkh bzoj dli -ik l s ep-s geskk  
'kkunkj Hkhedk, afeiyA

vxkeh fQYe ^ejh l; kjh fcniq ea  
i fj . khfr us^ekuk fd ge; kj ugha xk; k gS  
ft l s yks [k c i l n dj jgsqA vflkush  
dk dguk gfd xk; u mudh ftinxh dk  
l cl segRoi wkgfLk gA mlgkusdgk tks

dkbzHkh 'k[1 epstkurk gSmI si rk gfd  
xkuk ejsthough dk l cl segRoi wkgfLk  
gA I xkr okLro eejh vRek gS bl fy,  
^ejh l; kjh fcniq ejsfy, [kI gSD; kfd es  
pkgrh Fkh ejk igyk xkuk vPNk cn'klu  
dja mlgkus dgk fd og pkgrh Fkh fd  
mudk xkuk fgV l kfcr gksvlgj; gh gvkA

i fj . khfr bl fQYe dsI kfkr yxHkx nks  
l ky ckn cm i n i j oki l h dj jgh gA  
mlgkus dgk fd mlga dkQh fQYeka ds  
cLRko Fey jgsFk ysdru 2015 eamlgkus  
dke l suSehuisdk cnd fy; k D; kfd og  
vi uk ?kj cuok jgh Fkh vlj 'kjhj dks  
Njgjk cukusrFkh fQVu ij /; ku nsjgh  
Fkh uksgehuisckn mlgkus; g fQYe l kbu  
dh vlj 'kVak 'kq dha 'kVak i jk gksu  
fQYe fjiyt gksu ea , d l ky vlj yx

tkrk gA fQYe ^ejh l; kjh fcniq ea dke  
djs dscjks ea i fj . khfr 1/28/ us dgk fd  
mlgai VdFk i l n vkbz vlj mlgayxk fd  
og bl h rjg dslfdjnjk fullkus pkgrh  
Fkh bl eadbz i jkuk xkusgj tks thou ds  
folllku v/; k; ka dls I kfkr tMgA fQYe ea  
vk; jeku [kjuk dls I kfkr vi uh tkMh ds  
ckjs ea vflkush us dgk fd nkska ea [k  
curh gA vflkush muds djhch nktrka ea  
l s , d gA muds I kfkr dke djuk l gt  
gA og l k/kj. k vlj bzkunkj 'k[1 gA

ogha i fj . khfr ^ejh l; kjh fcniq vlj  
vferkHkh cPpu vflkühr 1 jdkj & 3 eagkus  
okys fkhM+s dksyaj fpfrr ughagA nkska  
fQYea 'kQokj dks fjiyt gks jgh gA  
vflkush us dgk] vxj fQYe VPnh gS rks  
n'kd bl l stM+s gA

# हर क्षेत्र में वर्चर्स्व की लड़ाई : अदिति

vflkush vfnfr j ko gñj h dk ekuuk gñfd opLo dh yMkbzgj txg gñ yñdu nh?ñdky es; fn vki eñçfrHkk ughagSrks; g T; knk l e; rd ughapý i krkA vfnfr us; gka oñsu bdkññled Qkj e 2017 esdgk] ^gj m | kx es opLo dh yMkbzg gkyñfd] gj fdI hdksvi usy{; vkg fe' ku dskj se Li "V gkuk pkfg, vkg l h[ kus dh vuoj r bPNk gkuh pkfg, A vki dHkh Hkh vi uh dyk l s Åij ughag\* I Qy efgykvk dshcp [ kq dks i kdj mRI kfgr vfnfr usdgk] ^, s sep l kefigd mi yfC/k; kdkt t' ueukusdsfy, egRoi w kqg\* vflkush usdgk] ^thou eaejk l cd ; g gñfd geñvi uhfot' k"Vrk i j xoñdj uk pkfg, vkg vki dsi kl tksgñml ds[ kq k j gkuk pkfg, Age vyx gñ yñdu gekj h l cl scMrkdrvuk [ kkgkuseg\* og tYn gh l at; nñk dhck; kfi d 'Hkñfe\* esfn [ kkbZññha ; g l at; dh oki l h dh fQYe gkxñl oñsu bdkññled Qkj e 2017 I Eeyu esdbzpfpr ykx foHkUu fo"k; ka i j vi usopkj j [ kx]



i fj. kfr pki M



e&Vkb& foVus dh l nL; rk ysjgk@jgh gA



uke & Jh@Jherh@dekh  
irk  
Oksu 1/uoekl 1/ eckbly  
dij ; k Time Witness dsuke dk MhMh ; k psd ua  
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1 o"kl	12	180	50-00	130
2 o"kl	24	360	100	260
3 o"kl	36	540	190	350
4 o"kl	48	720	270	450

fu; e o 'krj

1- ; g ; ktuk doy Hkj r esgh ek; ga

2- if=dk l kkj .k Mkd }kj k Hkj tk, xh rFk Mkd xø gkstusij ftEenkjh l kfku dh ugla gkA  
I puk ikr gkusij ; fn og vd mi yC/k jgrk gSrksi w%fu' Mkd ifkr dj fn; k tk; skA

3- dij ; j jft- Mkd I seakokusdsfy, xtgd dk dij ; j jft- Mkd [kpZvfrfjDr ogu djuk gkA

4 LHH foooknkd k fu i Vkj ngjknwA mRrjk[k. M%u; k; ky; dsv/khu gkA

# जरा सोचिये?

tjk I kip; svki dhi bllotVe/ i j dghabruk ylk ughafey  
 I drkfruk vki lyk/ fuosk dj dsdekl drsga okslth  
 dsl vxj vki dsl }jkf fuoskr lyk/ dhi I ghi I lgn yksku gka  
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 vi uk dke ; k fctus ; k I ghi tks yksdjl vlfns dfy, vki & kl  
 vPNsfctus I LVJ vlg b.MFLV, y , f; k gka ft I s vki edku  
 cuk dj ; k FkMs I e; ckn cp dj I ghi ylk dek I d fglntkrk  
 f; y LVV-gh D; vki I kip jgsgksdh lyk/ vlfns rksvlg ylk H  
 djrsqy yksdu fglntkrk f; y LVV-vki dfy, p; u djrsq, d, sh  
 Htne tglnsud thou dhi I kjh I fo/k; agka; k cj I kr earty Hjko u gks  
 vlg H, d vge ckr i jh rjg I stksij [ks i j D; ksd ge vki dhi  
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 LVV-1 svlg vkt gh Book/ dft, , d i yk/ Plot/ vi usl i uksd

Sudhir Kapoor



# fgUnlkrku

रियल स्टेट

getjk I iuk I cdk ?j gksvi uka



idk'k ykd dkykuh ds I keus  
 eu f'keyk ckbzkl jkm] ngjknua  
 bly& sudhirkapoor08@gmail.com  
 gsys u& 9219687777

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Qh'kj A HkxUnj  
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## पाइल्स कंयर प्लाईंट

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 MBBS, BAMS  
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धनराधाम पाल  
 ग्राम प्रधान लाडपुर  
 अस्थका प्रधान संघर्ष  
 चायपुर विकासखण्ड

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# RAS BIHARI BOSE SUBHARTI UNIVERSITY

Approved by Uttarakhand Government by Act No. 35 of 2016

Where Education is a Passion.....

## Approved By Relevant Authorities:- (MOHFW, AICTE, PCI, INC & NCTE etc)

### MEDICAL MBBS PARAMEDICAL

- Diploma in Physiotherapy
- Bachelor in Physiotherapy
- Diploma in Optometry
- Bachelor in Optometry
- B.Sc in Medical Lab Techonology
- Bachelor in MRIT
- N.Sc in Medical Microbiology
- M.Sc in Medical Physiology
- M.Sc in Medical Anatomy
- M.Sc in Medical Biochemistry

### NURSING B.Sc Nursing & GNM

### ADMISSION NOTIFICATION- 2017-18 COURSES OFFERED

- ARTS**  
B.A (History/Hindi/English/Sociology/  
Political Science/Mathematics/  
Fine Arts/Fashion Designing)  
(Choose any two subjects)  
B.A. Economics (Honors)  
M.A (History/ Hindi/ English/Sociology/  
Political Science/ Public Administration)
- HOTEL MANAGEMENT**  
D.H.M. & B.H.M.
- BUSINESS ADMINISTRATION**  
B.B.A  
M.B.A (GENERAL)  
M.B.A (HOSPITAL ADMINISTRATION)  
M.B.A (FASHION DESIGNING)
- PHARMACY**  
D.PHARMA
- EDUCATION**  
B.Ed & M.A. Education
- FINE ARTS**  
D.F.A. & B.F.A.
- COMMERCE**  
B.Com,  
B.Com (Honors)  
M.Com
- LIBRARY SCIENCE**  
B.Lib & M.Lib
- COMPUTER SCIENCE**  
BCA, MCA, B.Sc Computer Science
- SCIENCE**  
B.Sc in PCM/CBZ  
B.Sc Home Science  
B.Sc (Honors)

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